

RIDE SCHEDULE - DECEMBER 2009

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Tue 1 * Leader's Choice * 10:00 AM / ~40 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 2 * Pub Ride * 10:00 AM / 25+ miles * Renton, Ron Regis Sports Park * Mercer Island, Roanoke Tavern * Few hills * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Thu 3 * Oxbow to IKEA * 10:00 AM / 24 miles * Seattle, Boeing Oxbow Lot * IKEA * Flat * Social * I-5 exit 158, west on Boeing Access Rd., north on Marginal Way 0.4 mile, left at traffic signal over the Oxbow bridge, left to park at south end of lot near Recreation Bldg. * No Leader

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sat 5 * Three Friends to Sumner * 10:00 AM / 35 miles * Kent, Three Friends Fishing Hole * Café * Flat * Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Sun 6 * Ride to Ray's * 10:00 AM / 27 miles * West Seattle, Jack Block Public Access (Alki) * Ray's Boathouse in Ballard * Easy hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. * NOTE: Over the locks going and Univ. Bridge on return, possible stop at original Starbucks. *

Mon 7 * Explore Link Transit * 10:00 AM / ~30 miles * Gas Works Park * Plan lunch stop * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces now have a 4-hour time limit. If you need more time, park to the east on Northlake Wy.

Tue 8 * Leader's Choice * 10:00 AM / ~40 miles * Mercer Island, lid park top lot * Café * Some hills * Moderate * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. *

Wed 9 * Around Mercer Island and Medina * 10:00 AM / ~25 miles * Mercer Island, Luther Burbank Park * Bellevue * Some hills * Social * I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park.

Thu 10 * Lake Sam to Red Hook * 10:00 AM / 32 miles * Issaquah, Lake Sammamish State Park * Red Hook * Flat * Social * I-90 exit 15, follow signs to the park. Use first unpaved parking area on the LEFT. * No Leader

Sat 12 * Jack Block Park to Queen Anne * 10:00 AM / 24 miles * Annual Holiday luncheon with a brief club meeting and the election of BEBC officers *

Sun 13 * Logboom to Redmond & Kirkland * 10:00 AM / 35 miles * Kenmore, Logboom Park (Tracy Owen Station) * Cafe in Kirkland * Somewhat hilly * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, left on 175th St. Park on 175th St. east of park entrance. *

Mon 14 * Christmas Organ Concert * 10:00 AM / ~25 miles * Gas Works Park * Plan lunch stop at concert * Some hills * Social * We'll stop at Volunteer Park Conservatory and also see some downtown Christmas decorations as well as the concert. I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces now have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. * 3

Tue 15 * Angle Lake to Sumner * 10:00 AM / 45 miles * SeaTac, Angle Lake Park * Cafe * Few hills * Moderate * I-5 exit 151, west on S 200th St, right on International Blvd for 0.3 miles, right at stoplight into park. *

Wed 16 * Around Lake Sammamish * 10:00 AM / ~28 miles * Issaquah, Lake Sammamish State Park * Plan lunch * Few hills * Social * I-90 exit 15, follow signs to the park. Use first unpaved parking area on the LEFT. *

*** No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * Leader & Phone (cell/home/work)

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Thu 17 * Bicentennial Park to Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Flat * Slow * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. (Note posted time limit.) * **No Leader**

Sat 19 * Cedar River Park to Volunteer Park * 10:00 AM / 34 miles * Renton, Cedar River Park * Lunch in area of Volunteer Park * Some hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Sun 20 * Newcastle to Issaquah * 10:00 AM / 26 miles * Bellevue, Newcastle Beach Park * Issaquah * Somewhat hilly * Social * I-405 exit 9 turn west, right at T, follow signs to the park. *

Mon 21 * Group's Choice (with Pub Lunch) * 10:00 AM / 20-40 miles * Gas Works Park * Plan pub lunch stop(in fact route will rest on this decision) * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces now have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Tue 22 * Leader's Choice * 10:00 AM / ~40 miles * Auburn, Brannan Park * Café * Some hills * Moderate * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park.

Wed 23 * Cedar River Park to Volunteer Park * 10:00 AM / 34 miles * Renton, Cedar River Park * Lunch in area of Volunteer Park * Some hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Thu 24 * Bothell to Ballard Locks * 10:00 AM / 30 miles * Bothell, Sammamish River Trail access parking lot (unpaved) * Ballard * Flat * Social * I-405 exit 23, SR-522 west, right on Kaysner Way, left at stop onto Main St, left on 102nd St, cross bridge and right into gravel parking lot. * **No Leader**

Sat 26 * South Lake WA * 10:00 AM / 25 miles * Renton, Gene Coulon Park * Option for lunch after ride * A few hills * Moderate * I-405 exit 5, west on Park Ave, north on Lake WA Blvd, left into 1st park entrance. Park in south lot area. *

Sun 27 * Oxbow to IKEA * 10:00 AM / ~25 miles * Seattle, Boeing Oxbow Lot * IKEA * Flat * Social * I-5 exit 158, west on Boeing Access Rd, north on Marginal Way 0.3 mile, left at traffic signal on S 102nd St over the Oxbow bridge, turn left at

end of bridge to park at south end of lot near Recreation Bldg. *

Tue 29 * Leader's Choice * 10:00 AM / 35-40 miles * Kent, Russell Road Park * Café * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park.

Wed 30 * Jack Block to Tukwila * 10:00 AM / 28 miles * West Seattle, Jack Block Public Access (Alki) * Panera Bread * Flat * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Thu 31 * Luther Burbank to Madison Park * 10:00 AM / 25 * Mercer Island, Luther Burbank Park * Madison Park * Few hills * Social * I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. *



Dates	Tour Name	Leaders
Late Feb 2010	Port Townsend	Mack Van Wyk

Time to plan for next year! Send preliminary plans to Buff.

Notes

Traditional New Year's Day: The annual BEBC ride will appear in the January Ride Schedule. Gordon and Holly Hesse plan to host the social & cookie swap after the ride like they did last year. Plan to participate in either the ride or the social or both.

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

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* NOTES: (if any) * **Leader & Phone (cell/home/work)**