

# RIDE SCHEDULE - DECEMBER 2011

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Thu 1 \* Oxbow to IKEA \* 10:00 AM / 24 miles \* Seattle, Boeing Oxbow Lot \* IKEA \* Flat \* Social \* I-5 exit 158, west on Boeing Access Rd, north on Marginal Way 0.3 mile, left at traffic signal on S 102nd St over the Oxbow bridge, turn left at end of bridge to park at south end of lot near Recreation Bldg. \* No Leader**

**Sat 3 \* By Flaming Geyser to Black Diamond (Woods #7) \* 10:00 AM / 34 miles \* Green River Valley, By Flaming Geyser SP (Model Airplane lot) \* Bakery \* Hilly \* Moderate \* R-18 exit to SE Auburn Black Diamond Rd, right from ramp then right on SE Green Valley Rd for 8 miles, park on right 1/2 mile after crossing 218th Av SE. \* NOTE: If you have a park pass, you can park in the park. If no park pass, parking is available on the south side of the road west of the park entrance. \***

**Sun 4 \* Jack Block to IKEA \* 10:00 AM / 30 miles \* West Seattle, Jack Block Public Access (Alki) \* IKEA \* Flat \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \***

**Mon 5 \* Group's Choice \* 10:00 AM / ~30 miles \* Mercer Island, Luther Burbank Park \* Plan lunch \* Some hills \* Social \* I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. \***

**Tue 6 \* Leader's Choice \* 10:00 AM / ~40 miles \* Bellevue, I-405 Exit 9 \* Café \* Fairly hilly \* Moderate \* I-405 exit 9, park any cars in the Park & Ride east of I-405. Meet at Lake Washington Blvd on west side of freeway. \***

**Wed 7 \* Swanson's Reindeer & Golden Gardens \* 10:00 AM / ~20-25 miles \* Seattle, Gas Works Park \* Plan lunch \* Few hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \***

**Thu 8 \* Red Hook \* 10:00 AM / 32 miles \* Issaquah, City Hall \* Red Hood Brewery \* Nearly flat \* Social \* I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. \* No Leader**

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sat 10 \* Queen Anne & Magnolia \* 10:00 AM / ~25 miles \* Seattle, Elliott Bay Park \* Light pre-Christmas lunch provided at Lemkes' \* One or two significant hills \* Social \* From downtown Seattle, north on Western Ave (becomes Elliott Ave). Take right on W. Galer Street (Magnolia Bridge Exit) and STAY LEFT to circle left over Elliott Avenue and train tracks (do not go over Magnolia bridge). Turn right at stop sign and follow signs to free parking lot at north end of Myrtle Edwards Park. \* NOTE: Lunch includes a brief club meeting and the annual election of BEBC officers. See Notes at end of schedule. \***

**Sun 11 \* Eastside Ramble \* 10:00 AM / 30 miles \* Redmond, Marymoor Park (trailhead) \* Café \* Some hills \* Social \* SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. \* Dick Shahinian (h) 425-485-8024**

**Mon 12 \* Organ Concert (Sounds of the Season) \* 10:00 AM / 20-25 miles \* Seattle, Gas Works Park \* Sandwich Stand \* Few hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \***

**Tue 13 \* Kent East Hill \* 10:00 AM / 35 miles \* Kent, Three Friends Fishing Hole \* Top Foods \* Hilly \* Social \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \***

**Wed 14 \* Ruby Chow to IKEA \* 10:00 AM / 25 miles \* Seattle, Ruby Chow Park (north end of Boeing Field) \* IKEA \* Flat \* Social \* I-5 exit 161 (Southbound: Albro exit. Northbound: Swift Ave. north, left on Albro.) South on 13th Av S to Hardy. Park on the north side of Hardy. \***

**\* No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* Leader & Phone (cell/home/work)

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**Thu 15 \* Tukwila to Alki \* 10:00 AM / 33 miles** \* Tukwila, Trailside parking \* Alki \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, Immediate right through Bicentennial Park continuing on Christensen Ave. Park on the right south of the 6 hour limit area if needed. Meet at the north end of Christensen Ave. \* **No Leader**

**Sat 17 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Kent, Russell Road Park \* Plan lunch stop \* Possible hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

**Sun 18 \* Cedar River Trail to Maple Valley Grange \* 10:00 AM / ~30 miles** \* Renton, Cedar River Park \* Pancake Brunch \* Some hills \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \* NOTES: Brunch \$5.50 includes ham, eggs, beverage and unlimited pancakes. \*

**Mon 19 \* Bothell \* 10:00 AM / ~30 miles** \* Kirkland, Houghton Park & Ride \* Plan lunch \* Moderate hills \* Social \* I-405 northbound: exit 17, use right lane, right on 116th, left into park and ride lot. I-405 southbound: exit 17, use right lane, right turn and then up and over I-405, right on 116th, 2 blocks south, then left into park and ride lot. \*

**Tue 20 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Renton, Cedar River Park \* Café \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**Wed 21 \* Cedar River Park to Volunteer Park \* 10:00 AM / 34 miles** \* Renton, Cedar River Park \* Lunch in area of Volunteer Park \* Some hills \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**Thu 22 \* Bothell to Ballard (or?) \* 10:00 AM / 30 miles** \* Bothell, Sammamish River Trail access parking lot (unpaved) \* Ballard (or closer) \* Flat \* Social \* I-405 exit 23, SR-522 west, right on Kaysner Way, left at stop onto Main St, left on 102nd St, cross bridge and right into gravel parking lot. \* **No Leader**

**Sat 24 \* Des Moines Creek \* 10:00 AM / ~30 miles** \* SeaTac, Angle Lake Park \* Café \* Some hills \* Social \* I-5 exit 151, west on S 200th St, right on International Blvd for 0.3 miles, right at stoplight into park. \*

**Tue 27 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Kent, Russell Road Park \* Plan lunch stop \* Possible hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

**Wed 28 \* Ron Regis to Issaquah \* 10:00 AM / 34 miles** \* Renton, Ron Regis Sports Park \* Coffee stop in Issaquah \* Some hills \* Moderate \* I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. \*

**Thu 29 \* Burbank to Madison Park (via choice of route) \* 10:00 AM / ~25 miles** \* Mercer Island, Luther Burbank Park \* Near or in Madison Park \* Some hills \* Social \* I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. \* **No Leader**

**Sat 31 \* Coulon to Issaquah \* 10:00 AM / 34 miles** \* Renton, Gene Coulon Park \* Factoria \* Few hills \* Moderate \* I-405 exit 5, west on Park Ave, north on Lake WA Blvd, left into 1st park entrance. Park in south lot area. \*



| Dates       | Tour Name   | Leaders             |
|-------------|-------------|---------------------|
| Spring 2012 | Victoria BC | Bill and Jody Lemke |

## Notes

**December 10:** If you are not biking to Lemke's you are still welcome. The address is 2572 10<sup>th</sup> Ave. W, Seattle. Plan to arrive after 11:30 AM, as hostess is busy getting ready.

**New Year's Day:** Gordon and Holly Hesse plan to host a BEBC social at their house in the afternoon. See next month's ride schedule for details.

**Trek Recall:** About 27,000 Trek 2012 FX and District bicycles are being voluntarily recalled for defective saddle bolts. See: [http://www.justicenevflash.com/2011/10/31/cpsc-trek-bicycles-recall-for-fall-hazards\\_201110318935.html](http://www.justicenevflash.com/2011/10/31/cpsc-trek-bicycles-recall-for-fall-hazards_201110318935.html)

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