

# RIDE SCHEDULE - FEBRUARY 2010

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Mon 1 \* Group's Choice \* 10:00 AM / 20-40 miles \* Gas Works Park \* Plan lunch stop \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces now have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \***

**Tue 2 \* Leader's Choice \* 10:00 AM / 35-40 miles \* Kent, Russell Road Park \* Café \* Some hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park.**

**Wed 3 \* Ruby Chow to Kent Senior Center \* 10:00 AM / ~25 miles \* Seattle, Ruby Chow Park (north end Boeing Field) \* Senior Center \* Flat \* Social \* I-5 exit 161 (Southbound: Albro exit. Northbound: Swift Ave. north, left on Albro.) South on 13th Av S to Hardy. Park on the north side of Hardy.**

**Thu 4 \* Woodinville to Univ. Village \* 10:00 AM / 25 miles \* Woodinville, Wilmot Gateway Park \* U Village \* Flat \* Social \* I-405 exit 23, east on SR-522, exit south onto SR-202, continue straight onto 131st Ave NE (as SR-202 turns right) then turn right into parking lot. Additional parking available across NE 171st - however east end is a signed base ball hazard area. \* No Leader**

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sat 6 \* Bainbridge Island Ride \* 9:20 AM / 35 miles \* Seattle, Colman Ferry Terminal \* Indoor lunch stop \* Hilly \* Social \* Ferry terminal (Pier 52) is at 801 Alaskan Way in Seattle. Meet by fountain at entrance. NOTE: Take the 9:35 AM Winslow ferry.**

**Sun 7 \* Oxbow to IKEA \* 10:00 AM / ~25 miles \* Seattle, Boeing Oxbow Lot \* IKEA \* Flat \* Social \* I-5 exit 158, west on Boeing Access Rd, north on Marginal Way 0.3 mile, left at traffic signal on S 102nd St over the Oxbow bridge, turn left at end of bridge to park at south end of lot near Recreation Bldg. \***

**Mon 8 \* Description same as February 1<sup>st</sup>.**

**Tue 9 \* Brannan Park to Sumner \* 10:00 AM / 35 miles \* Auburn, Brannan Park \* Cafe \* Some hills \* Moderate \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park.**

**Wed 10 \* Ride to Ray's \* 10:00 AM / 27 miles \* West Seattle, Jack Block Public Access (Alki) \* Ray's Boathouse in Ballard \* Easy hills \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \* NOTE: Over the locks going and Univ. Bridge on return, possible stop at original Starbucks. \***

**Thu 11 \* Monroe to Snohomish \* 10:00 AM / 35 miles \* Monroe, Riverside Park \* Snohomish \* Hilly \* Social \* US-2 to Monroe, south on SR-203 (Lewis St), left into the park just before reaching the bridge. \* No Leader**

**Sat 13 \* South Lake WA \* 10:00 AM / 36 miles \* Tukwila, Bicentennial Park \* Tasty Thai (Factoria) \* Few hills \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. (Note posted time limit.) \***

**Sun 14 \* North End Ride \* 10:00 AM / 25-30 miles \* Kenmore, Logboom Park (Tracy Owen Station) \* Plan lunch Redmond or Kirkland \* Some hills \* Social \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61<sup>st</sup>, left on 175<sup>th</sup> St. Park on 175th St. east of park entrance. \***

**Mon 15 \* Organ Concert \* 10:00 AM / ~25 miles \* Gas Works Park \* Plan lunch stop \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces now have a 4-hour time limit. If you need more time, park to the east on Northlake Wy.**

**Tue 16 \* Leader's Choice \* 10:00 AM / 40 miles \* Bellevue, I-405 Exit 9 \* Cafe \* Some hills \* Moderate \* I-405 exit 9, park any cars in the park & ride east of I-405. Meet at Lake Washington Blvd on west side of freeway. \***

**Wed 17 \* Luther Burbank Park to Lake WA Votech \* 10:00 AM / 30 miles \* Mercer Island, Luther Burbank Park \* Lunch at college. \* Moderate hills \* Social \* I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. \***

\* No Leader Tours - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* Leader & Phone (cell/home/work)

February 2010

## **RIDE SCHEDULE - FEBRUARY 2010**

**Thu 18 \* Tukwila to SuperMall \* 10:00 AM / 24 miles \***  
 Tukwila, Bicentennial Park \* Auburn SuperMall \* Flat \* Social  
 \* I-405 exit 1, south on West Valley Hwy, right on Strander  
 Blvd, cross river, immediate right into the park. For car parking  
 go past shelter and small traffic circle. (Note posted time limit.)  
 \* **No Leader**

**Sat 20 \* Russell Road Park to Sumner \* 10:00 AM / 37 miles**  
 \* Kent, Russell Road Park \* Sumner \* Flat \* Moderate \* I-5  
 exit 149/149A, SR-516 east, left on Meeker St, left on Russell  
 Road, 1 block to the park. \*

**Sun 21 \* Cedar River Trail to Maple Valley Grange \* 10:00**  
**AM / 30 miles \*** Renton, Cedar River Park \* Pancake Brunch \*  
 Some hills \* Social \* I-405 northbound exit 4A (southbound  
 exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi,  
 right into park, proceed into parking area near Carco Theater &  
 Community Center. \* NOTES: Brunch \$5.00 includes ham,  
 eggs, beverage and unlimited pancakes. Planned return is via  
 May Valley. \*

**Mon 22 \* Description same as February 1<sup>st</sup>.**

**Tue 23 \* Lincoln Park to Vashon \* 9:10 AM / ~40 miles \***  
 West Seattle, Lincoln Park North Lot \* Café \* Hilly \* Moderate  
 \* I-5 exit 163/163A, west on West Seattle Freeway, continue on  
 Fautleroy Way SW as Freeway ends. Parking lot is in the 8200  
 block of Fautleroy Way. \* NOTES: Take 9:25 ferry to Vashon.

**Wed 24 \* Circumnavigate Lake Sam \* 10:00 AM / 28 miles**  
 \* Issaquah, Lake Sammamish State Park \* Lunch stop \* Few  
 hills \* Social \* I-90 exit 15, follow signs to the park. Use first  
 unpaved parking area on the **LEFT**. \* NOTE: Possible side trip.

**Thu 25 \* Foster Park to Sumner \* 10:00 AM / 28 miles \***  
 Kent, Foster Park Trail Access \* Sumner \* Flat \* Social \* I-5  
 exit 149/149A, SR-516 east (becomes Willis St. in Kent), right  
 on 74th Ave S, left on 259th St, one block to the park on the  
 right. Trail head parking for Interurban & Green River trails. \*  
**No Leader**

**Sat-Sun 27-28 \* Edmonds to Port Townsend \* 8:00 AM / 90**  
**miles \***

**Sat 27 \* Cedar River Park to Issaquah \* 10:00 AM / 34**  
**miles \*** Renton, Cedar River Park \* Gillman Village \* Some  
 hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4  
 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into  
 park, proceed into parking area near Carco Theater &  
 Community Center. \*

**Sun 28 \* Soup & A Roll \* 10:30 AM / 25 miles \*** Kenmore,  
 Logboom Park (Tracy Owen Station) \* Lunch stop inside  
 Metropolitan Market just off Burke Gilman Trail \* A few easy  
 hills, return on trail \* Social \* SR-522 (Bothell Way NE) to 61  
 Ave NE, south on 61st, right on 175th St. Park in the parking  
 lot. \*



<b>Dates</b>	<b>Tour Name</b>
February 27 & 28	Port Townsend
May 1-3	Victoria BC
Jun 26-27	Grant County
Sept 14-16	Trail of the Coeur d'Alenes
Oct 9-10	Wishkah-Wynoochee

### **Other Northwest Cycling Tours**

<b>Dates</b>	<b>Tour Name</b>	<b>Leaders</b>
Feb 28	Chilly Hilly	Cascade
Mar 13-14	Seattle Bike Expo	Cascade

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\* NOTES: (if any) \* **Leader & Phone (cell/home/work)**