

# RIDE SCHEDULE - JULY 2009

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Wed 1 \* Seward Park to Golden Gardens \* 10:00 AM / 30 miles** \* Seattle, Seward Park picnic shelter \* Golden Gardens \* Some hills \* Social \* Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. \*

**Thu 2 \* Gas Works Park to Noon music \* 10:00 AM / 20 miles** \* Seattle, Gas Works Park \* City Hall \* Mostly flat \* Low social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTES: All parking spaces now have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. See the date at <http://www.seattle.gov/arts/events/calendar.asp> \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sun 5 \* Fall City to North Bend \* 10:00 AM / 27 miles** \* Fall City, Park & Ride lot \* North Bend \* Some hills \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross bridge, left on SR-203, left into the parking lot. \* NOTE: If leader missing, take charge and do the ride. \*

**Mon 6 \* Group's Choice \* 10:00 AM / 20-40 miles** \* Gas Works Park \* Plan lunch stop \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTES: All parking spaces now have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. It's summer and ride leader(s) may have unexpected events, call to confirm that a ride leader will be there. \*

**Tue 7 \* Kent East Hill \* 10:00 AM / 37 miles** \* Kent, Three Friends Fishing Hole \* Top Foods, Kent \* Fairly hilly \* Moderate \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking.

**Wed 8 \* Preston to Carnation \* 9:30 AM / 28 miles** \* Preston, Lake Alice Trailhead \* Carnation \* Some hills \* Social

\* I-90 exit 22, east on SE 82nd St, right on Preston Fall City Road for 1 mile, left on SE 87th Pl to the parking area on the right. \*

**Thu 9 \* Gas Works Park to Noon music \* 10:00 AM / 20 miles** \* See July 2<sup>nd</sup> above. \*

**Sat 11 \* Tukwila to Fremont \* 10:00 AM / 43 miles** \* Tukwila, Trailside parking \* Café \* Few hills \* Moderate \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, Immediate right through Bicentennial Park continuing on Christensen Ave. Park on the right. Meet at the north end of Christensen Ave. \*

**Sun 12 \* Carnation to Duvall \* 10:00 AM / 25 miles** \* Carnation, MacDonald Park \* Duvall \* Hilly \* Low-moderate \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross bridge, left on SR-203 to Carnation, cross Tolt River, left into park. \*

**Mon 13 \* Lincoln Park to Vashon \* 10:00 AM / ~30 miles** \* West Seattle, Lincoln Park North Lot \* Café \* Hilly \* Social \* I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* NOTE: Take 10:20 ferry to Vashon. \*

**Tue 14 \* Monroe to Snohomish \* 10:00 AM / 47 miles** \* Monroe, Riverside Park \* Snohomish \* Hilly \* Moderate \* US-2 to Monroe, south on SR-203 (Lewis St), left into the park just before reaching the bridge. \*

**Wed 15 \* Cedar River Park to Landsburg \* 10:00 AM / 33 miles** \* Renton, Cedar River Park \* Must bring lunch for Landsburg \* River grade \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.1 mi, right into park, proceed left clockwise into parking area near Carco Theater & Community Center. \* NOTE: 10 miles of hard packed dirt \*

**Thu 16 \* Gas Works Park to Noon music \* 10:00 AM / 20 miles** \* See July 2<sup>nd</sup> above. \*

**Sat 18 \* Ravensdale to Enumclaw \* 10:00 AM / 41 miles** \* Ravensdale Park \* Enumclaw \* Some hills \* Moderate \* I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. \*

**Sun 19 \* Renton - Lake Wilderness \* 9:30 AM / 25 miles** \* Renton, Maas' House \* Lake Wilderness \* Some hills \* Social \* I-405 (southbound) exit 4 (Sunset Blvd), left onto NE 3rd St.; I-405 (northbound) exit 4A, west on SR-169, right on Sunset Blvd, right on NE 3rd St; 3rd St (becomes NE 4th St & then SE

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* **Leader & Phone (cell/home/work)**

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128th St), right on 168th Ave SE, left on SE 134th, right on 182nd Ave SE, continue to T (SE 147th St), straight across T into driveway. \* NOTE: Dessert and socializing offered at the end of the ride. You may also come after the ride about 1:30 PM. \*

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**Mon 20 \* See July 6<sup>th</sup> \***  
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**Tue 21 \* Three Friends to Issaquah \* 10:00 AM / ~45 miles**  
 \* Kent, Three Friends Fishing Hole \* Café \* Few hills \*  
 Moderate \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

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**Wed 22 \* North Bend to Olallie S. P. via Rattlesnake Lake \* 10:00 AM / 30 miles**  
 \* North Bend, Si View Park \* Bring lunch to eat at Olallie State Park \* One hill (railroad grade, hard pack dirt) \* Social \* I-90 exit 31, NE on Bendigo (a.k.a North Bend Blvd), cross South Fork Snoqualmie River, right on Park St, right on Healy Ave to the park. \*

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**Thu 23 \* Mercer Island West to Noon Music \* 10:00 AM / 18 miles**  
 \* Mercer Island, Lid Park west parking lot \* Seattle City Hall \* Some hills \* Social \* Eastbound: I-90 exit 6, left on W Mercer Way, left into parking lot west of the tennis courts. Westbound: I-90 exit 7, follow N Mercer Way, winds to W Mercer Way, lot on right. \* NOTE: See the date at <http://www.seattle.gov/arts/events/calendar.asp> \*

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**Sat 25 \* Russell Road Park to Sumner \* 9:00 AM / 37 miles**  
 \* Kent, Russell Road Park \* Sumner \* Flat \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

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**Sun 26 \* South Whidbey Island (Woods 85 modified, NW 4th Ed) \* 9:30 AM / 40 miles**  
 \* Mukilteo, Ferry Terminal \* Late lunch in Freeland (~1 PM) \* Quite hilly \* Social \* I-5 exit 189, SR-526 west, follow signs to ferry. Park on side street east of ferry landing \* NOTE: Take 10:00 AM ferry from Mukilteo. \*

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**Mon 27 \* See July 6<sup>th</sup> \***  
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**Wed 29 \* Southworth to Port Orchard \* 9:00 AM / 30 miles**  
 \* West Seattle, Lincoln Park North Lot \* Port Orchard \* Some hills \* Social \* I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* NOTE: Take 9:25 AM ferry to Southworth

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**Thu 30 \* Gas Works Park to Noon music \* 10:00 AM / 20 miles**  
 \* See July 2<sup>nd</sup> above. \*



Dates	Tour Name	Leaders
Sep ~5-7	Yakima Valley	K. Evey & L. Kooyers
Sep 15-17	Trail of Coeur d'Alenes	P & H Maas
Sep ~19-20	Tokeland	Hal & Julie Redd
Oct 17-19	Champoeg Rides	Chace & Burlingame
TBD	Harrison Hot Springs?	Hal & Julie Redd?

## Notes

**Open Cycle Map:** OpenStreetMap has been described as an "open source project to collaboratively map the entire world. It could be considered a Wikipedia for maps, allowing anyone to contribute, edit, and use the map data free of charge." According to the project staff, "There are over 100,000 participants in OpenStreetMap worldwide, and we are working to increase participation here in the U.S. Cyclists have played a major role in the expansion of OpenStreetMap, and we have developed a unique map tool that highlights cycling features, such as bike shops, bike lanes, public restrooms, and much more." View the cycling map here: <http://www.opencyclemap.org> Buff — This is in the early stages, you can look at the Seattle area for example.

## Other Northwest Cycling Tours

Dates	Tour Name	Leaders
Jul 26	Tour de Kitsap	West Sound Cycling Club <a href="http://www.westsoundcycling.com">www.westsoundcycling.com</a>
Aug 9	Thurston County, WA Rally (various lengths)	Capitol Bicycle Club Olympia <a href="http://www.capitalbicycleclub.org">www.capitalbicycleclub.org</a>
Aug 22-23	RAPSody	<a href="http://rapsodybikeride.com">rapsodybikeride.com</a>

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