

Ride Schedule – APRIL 2018

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Mon 1 * Marymoor to Bothell * 10:00 AM / ~25 miles * Redmond, Marymoor Park (trailhead) * Dining opportunity * Near flat * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Tue 2 * Leader's Choice * 10:00 AM / ~35 miles * Tukwila, Bicentennial Park * Café * Some hills * Moderate * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter and small traffic circle. *

Wed 3 * Leader's Choice * 10:00 AM / 25 miles * Redmond, Marymoor Park (trailhead) * Café * Some hills * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Thu 4 * Foothills Trail to South Prairie * 10:00 AM / 32 miles * Puyallup, East Puyallup/Meeker Trailhead * **Bring lunch** * River grade * Social * From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. * **No Leader**

Sat 6 * Leader's Choice * 10:00 AM / ~25 miles * Fall City, Park & Ride lot * Plan lunch * Possible hills * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. *

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to **bring lunch**.

Sun 7 * Leader's Choice * 10:00 AM / ~40 miles * Renton, Ron Regis Sports Park * Café * Some hills * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Mon 8 * IKEA * 10:00 AM / 30 miles * West Seattle, Jack Block Public Access (Alki) * Café * Flat * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 9 * Leader's Choice * 10:00 AM / ~40 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 10 * Tukwila to Alki * 10:00 AM / 25 miles * West Seattle, Jack Block Public Access (Alki) * Sunfish * Some hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Thu 11 * Fall City to North Bend (via trail) * 9:30 AM / 27 miles * Fall City, Park & Ride lot * North Bend * Railroad grade * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. * **No Leader**

Sat 13 * Three Friends to Sumner * 10:00 AM / 45 miles * Kent, Three Friends Fishing Hole * Café * Flat * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above
Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

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Sun 14 * Bicentennial to Bogey's * 10:00 AM / 31 miles * Tukwila, Bicentennial Park * Bogey's Public House, Auburn G C * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. *

Mon 15 * Gas Works to Kubota * 10:00 AM / ~25 miles * Seattle, Gas Works Park * **Bring Lunch** for Kubota Gardens * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTES: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. May use Light Rail for part of trip. *

Tue 16 * International District * 10:00 AM / 25-30 miles * Kent, Three Friends Fishing Hole* Uwajimaya or other * Some hills * Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Wed 17 * Skagit Valley Tulips * 10:00 AM / ~32 miles * Mount Vernon, Edgewater Park * La Conner * Mostly flat * Slow * I-5 exit 226, SR-536 west through Mt Vernon, cross Skagit River bridge, then left on either Ball or Baker Streets to the park. * NOTE: Plan to tour Roozengaarde first, bring money for that and lunch in La Conner. *

Thu 18 * Brannan Park to Flaming Geyser SP * 10:00 AM / 30 miles * Auburn, Brannan Park * **Bring lunch** * Slight grade * Slow-Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. * **No Leader**

Sat 20 * Issaquah * 10:00 AM / 34 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Sun 21 * Cedar River Trail to Maple Valley Grange * 10:00 AM or 9:45 AM / ~30 miles or 20 miles * Renton, Cedar River Park * Pancake Brunch * Some hills * Moderate or Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTES: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace starts at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. *

Mon 22 * Log Boom to Woodinville * 11:00 AM / 18 miles * Kenmore, Log Boom Park (Tracy Owen Station) * In door lunch * Near flat * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) * NOTE: See Woodinville Gardens *

Tue 23 * Carnation to North Bend * 10:00 AM / ~40 miles * Carnation, Tolt-MacDonald Park * Café * One serious hill * Moderate * I-90 exit 22, Preston-Fall City Road north to Fall City, cross bridge, left on SR-203 to Carnation, cross Tolt River, drive 0.4 miles then left on NE 40th St to park. *

Wed 24 * Third Place Books * 10:00 AM / ~25 miles * Redmond, Marymoor Park (trailhead) * Food Court * Flat * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Thu 25 * City Hall to Hollywood Tavern * 10:00 AM / 34 miles * Issaquah, City Hall * Hollywood Tavern (corner of Redmond-Woodinville Rd & NE 145th St) * Flat * Social * I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. * **No Leader**

Fri-Sun 26-28 * Portland Loops * 10:00 AM / ~35 miles/day * Montavilla Motel, 320 SE 99th Av, Portland * Buy * Moderate hills * Social * **By car:** take I-205 to Exit 20 (SE Stark St and Washington St), turn east (left) at second light onto SE Washington St, cross over I-205, turn

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north (left) onto SE 99th Ave, cross SE Stark St; motel is on right.

By train: take Amtrak to Portland Union Station, catch MAX Green Line train at Sixth St. Exit at SE Main St, ride north on SE 99th Ave. Cross Washington and Stark Streets; motel is on right. Reservations needed for Amtrak, including for bike. Ride leader will take the train. *

NOTES: Make motel reservations at Montavilla Motel at 320 SE 99th Ave, Portland, phone **503-255-4664**. You can keep bikes in the rooms. Please call ride leader two to three days in advance. Heavy rain or freezing temperature cancels.

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Sat 27 * Leader's Choice * 10:00 AM / ~40 miles * Kent, Hogan Park (former Russell Road Park) * Café * Possible hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Sun 28 * Group's Choice * 10:00 AM / ~25 miles * Mercer Island, Lid Park top lot * Lunch or snack * A few hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) * **No Leader**

Mon 29 * SR-520 Bridge, Arboretum, & Japanese Garden * 10:00 AM / 20 miles * Seattle, Gas Works Park * Café * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Tue 30 * Leader's Choice * 10:00 AM / ~40 miles * Orting, Orting City Park * Café * Some hills * Moderate * SR-410 Sumner, SR-162 (Valley Ave) south to Orting, right on Calistoga, left on Van Scoyoc. Park at the southern end of the park. *



Dates	Tour Name	Leaders
Apr 26-28	Portland Loops	John Neller
Sept 10-12	Kellogg ID rides	McLaren/Chace

Notes

Trail of the Coeur D'Alenes: Bruce negotiated us a rate of \$84 (all rooms) since our ride dates fall in the shoulder season this year (due to earlier Labor day). Make your reservations prior to the first week in August for September 9, 10, & 11th. FairBridge Inn & Suites, 601 Bunker Ave, Kellogg, ID 3837• (208) 783-1234

Daffodil Classic: After 43 years this ride is changing to a Tacoma Wheelmen's Bicycle Club members only ride. Change is due to lack of volunteers to run the ride.

Other Northwest Cycling Tours

Dates	Tour Name	Leaders
April 20	Major Taylor	Cascade B. C.
April 28	McClinchy Mile	B. I. K. E. S of Everett

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