

# Ride Schedule – APRIL 2020

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Wed 1 \* Leader's Choice \* 10:00 AM / 25 miles** \* Seattle, Seward Park picnic shelter \* Snack? \* Few hills \* Social \* Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. \*

**Thu 2 \* Foothills Trail to South Prairie \* 10:00 AM / 32 miles** \* Puyallup, East Puyallup/Meeker Trailhead \* **Bring lunch** \* River grade \* Social \* From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. \* **No Leader**

**Sat 4 \* Leader's Choice \* 10:00 AM / 35 miles** \* Maple Valley, Fred V Habenicht Rotary Park \* Snack stop \* Some hills \* Social \* SR 169 (I-405 exit 4) to Maple Valley. Cross the Cedar River, turn left on Witte Road, and immediate left into park at 22124 Witte Rd SE, Maple Valley, WA 98038. \*

**Sun 5 \* Bogey's \* 10:00 AM / 30 miles** \* Tukwila, Community Center \* Auburn Golf Course \* Mostly flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \*

**Mon 6 \* North \* 10:00 AM / 25 miles** \* Seattle, Gas Works Park \* Lunch or snack \* Few hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \*

**Tue 7 \* Bainbridge (Woods # 42) \* 9:20 AM / 39 miles** \* Seattle, Colman Ferry Terminal \* **Bring lunch** \* Fairly hilly \* Moderate \* Ferry terminal (Pier 52) is at 801 Alaskan Way in Seattle. Meet at loading point for the ferry. \* NOTE: Take 9:35 ferry to Bainbridge. CCW loop \*

**Wed 8 \* Sumner \* 10:00 AM / ~30 miles** \* Auburn, Brannan Park \* Café \* Flat \* Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \*

**Thu 9 \* Fall City to North Bend (via trail) \* 9:30 AM / 27 miles** \* Fall City, Park & Ride lot \* North Bend \* Railroad grade \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. \* **No Leader**

**Sat 11 \* Leader's Choice \* 10:00 AM / 25 miles** \* Fall City, Park & Ride lot \* Carnation \* Some hills \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sun 12 \* Group's Choice \* 10:00 AM / ~30 miles** \* Redmond, Marymoor Park (trailhead) \* Flat to hilly \* Plan lunch \* Social \* SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. \* **No Leader**

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* Leader & Phone (cell/home/work)

## Ride Schedule – APRIL 2020

-----  
**Mon 13 \* Leader's Choice \* 10:00 AM / 25-30 miles** \* West Seattle, Jack Block Public Access (Alki) \* Café \* Possibly a few hills \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \*

-----  
**Tue 14 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Renton, Cedar River Park \* Café \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

-----  
**Wed 15 \* Skagit Valley Tulips \* 10:00 AM / ~25- miles** \* Mount Vernon, Edgewater Park \* La Conner \* Mostly flat \* Social \* I-5 exit 226, SR-536 west through Mt Vernon, cross Skagit River bridge, then left on either Ball or Baker Streets to the park. \* NOTE: Plan to tour Roozengaarde first, bring money for that and lunch in La Conner. \*

-----  
**Thu 16 \* Brannan Park to Flaming Geyser SP \* 10:00 AM / 30 miles** \* Auburn, Brannan Park \* **Bring lunch** \* Slight grade \* Slow-Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \* **No Leader**

-----  
**Sat 18 \* Volunteer Park \* 10:00 / ~34 miles** \* Kent, Three Friends Fishing Hole \* Volunteer Park Café \* Some hills \* Social \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

-----  
**Sun 19 \* Cedar River Trail to Maple Valley Grange \* 10:00 AM or 9:45 AM / ~30 miles or 20 miles** \* Renton, Cedar River Park \* Pancake Brunch \* Some hills \* Moderate or Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \* NOTE: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace starts at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. \*

-----  
**Mon 20 \* Group's Choice \* 10:00 AM / ~25 miles** \* Seattle, Gas Works Park \* Snack? \* Few hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \* **No Leader**

-----  
**Tue 21 \* White River Junction \* 10:00 AM / ~35 miles** \* Kent, Three Friends Fishing Hole \* Le Donut? \* Mostly flat \* Moderate \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

-----  
**Wed 22 \* Leader's Choice \* 10:00 AM / 25 miles** \* Redmond, Marymoor Park (trailhead) \* Snack? \* Few hills \* Social \* SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. \*

-----  
**Thu 23 \* City Hall to Hollywood Tavern \* 10:00 AM / 34 miles** \* Issaquah, City Hall \* Hollywood Tavern (corner of Redmond-Woodinville Rd & NE 145th St) \* Flat \* Social \* I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. If parking is full, park elsewhere and bike to start. \* **No Leader**

-----  
**Sat-Mon 25-27 \* Portland Loops** \* See BEBC tour form at the end of schedule. \*

-----  
**Sat 25 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Renton, Cedar River Park \* Café \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

---

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above  
Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* **Leader & Phone** (cell/home/work)

## *Ride Schedule – APRIL 2020*

**Tue 28 \* Auburn \* 10:00 AM / 40 miles \***  
 Renton, Cedar River Park \* Café \* Some hills \*  
 Moderate \* I-405 northbound exit 4A  
 (southbound exit 4 then south on Sunset Blvd),  
 east on SR-169 for 0.2 mi, right into park,  
 proceed into parking area near Carco Theater &  
 Community Center. \*

-----  
**Wed 29 \* Carnation \* 10:00 AM / 25+ \* Fall**  
 City, Park & Ride lot \* Café \* Flat \* Social \* I-  
 90 exit 22, Preston-Fall City Road north to Fall  
 City, cross Snoqualmie River bridge, left on SR-  
 203, left into the parking lot. \* **No Leader**

-----  
**Thu 30 \* Alki \* 10:00 AM / 33 miles** Tukwila,  
 Bicentennial Park \* Cafe \* Flat \* Social \* I-405  
 exit 1, south on West Valley Hwy, right on  
 Strander Blvd, cross river, immediate right into

### *Notes*

**COVID-19:** May require changes to  
 the schedule (i.e. Bring lunch, or  
 modification of ride, etc.) Communicate  
 with the ride leader as needed.

**Victoria BC trip: (12-14 May):**  
**Remember to bring passport or enhanced**  
**driver's license. PACK LIGHTLY SINCE**  
**YOU ARE RESPONSIBLE FOR TOTING**  
**YOUR OWN LUGGAGE THROUGH**  
**CUSTOMS both ways.** (We plan a gear sag,  
 however, between the ferries and the  
 lodgings.) Leaders: Bill & Jody Lemke and  
 Buff & Diane Chace.

If you stay the night on Mon, May 11<sup>th</sup> in  
 Anacortes, the leaders will be staying at the  
 Marina Inn Hotel, 3300 Commercial Ave,  
 Anacortes, 98221, 360-293-1100  
<http://www.marinainnwa.com>. Calling  
 probably is the best way to get a senior or  
 AAA discount. Weather permitting, on  
 Monday, May 11<sup>th</sup>, Bill will lead a ride at  
 2:30 PM from the motel parking lot around  
 Anacortes and March Point.

the park. Meet in car parking, past shelter and  
 small traffic circle. \* **No Leader**



Dates	Tour Name	Leaders
12-14 May	Victoria BC	Lemke / Chace
16-17 June	Grant County 2- day	Buff & Diane Chace
25-28 July	Oregon Tour	John Neller
15-17 Sept	Trail of the Coeur d'Alenes	McLarens & Gordon Hesse

**Our ride on Tuesday to the ferry will  
 begin at the free public parking lot near  
 the marina. PLEASE BE THERE AT 6:30  
 AM. You always have the option of  
 paying for parking by the ferry and meet  
 us there.** There is only one ferry to Sidney,  
 BC, and it departs at 8:30 AM. We will take  
 the ferry on Tuesday, May 12<sup>th</sup>, and return  
 on Thurs, May 14<sup>th</sup>. The ride leaders are  
 staying in Victoria at Paul's Motor Inn.  
 Reservations can be made at  
<https://www.paulsmotorinn.com/> or (1-250-  
 382-9231), but **we strongly suggest you  
 call to make the reservation** to get your  
 senior or AAA discount. You have the option  
 of other lodgings, but the rides will start from  
 Paul's Motor Inn. You of course are  
 welcome to go to Victoria via the Port  
 Angeles or Tsawwassen, BC ferry and meet  
 us there. Just let us know ahead of time that  
 you plan to ride so that we expect you.

**Grant County Overnight:** This ride  
 was last run in June 2017. The daily ride distances  
 were 59 & 52 miles. It will probably be a carry  
 your own toothbrush ride unless a sag driver  
 volunteers. However, instead of being on a  
 weekend, this time will be on weekdays since  
 most riders are retired. This should avoid large  
 crowds of baseball players competing for lodging.

Most will drive over the afternoon of June  
 15, perhaps to Ellensburg. Then you will need a  
 reservation for June 16 in Moses Lake. We  
 usually try to stay in one of the motels on the

---

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* Leader & Phone (cell/home/work)

# Ride Schedule – APRIL 2020

west side of town (Motel 6, Quality Inn, Interstate Inn, Best Western, or Oasis). On the 17<sup>th</sup>, ride back to George and pick up the cars from the George P&R in front of Shree's Truck Stop.

**July Oregon Ride:** I am planning to lead a ride in Oregon this summer. I have done this ride by myself and also with a few members of the BEBC back in 2015. It will be done in conjunction with the Portland Bicycling Club (formerly the Port Wheelmen Club). There will be a 'co-leader' from the PBC so that their members can receive mileage credit from the PBC. This is a ride from Portland to Eugene over four days. The total distance is about 178 miles. I'm also looking for a sag driver (or drivers). The return trip to Portland is by the afternoon train, and I am negotiating with the manager of the Portland Union Station for permission to have more than the usual ten unboxed bikes. The tentative dates are July 25 – 28. Overnight stays are in Salem, Albany, and Eugene. I will be providing more details in the

future. Please feel free to contact if you have any questions.

**Willapa Trail:** See:

<https://www.eventbrite.com/e/ride-the-willapa-2020-registration-87564115627> It might also be a good day ride, independent of this event.

## Other Northwest Cycling Tours

<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
Jun 20-21	Ride The Willapa	Eventbrite org*
Jul 18-19	STP	Cascade
Aug 21-22	RSVP	Cascade

---

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* Leader & Phone (cell/home/work)

## *Ride Schedule – APRIL 2020*

<b>BECB TOUR FORM</b>			
Ride Name	Portland Loops		
Date	Saturday, April 25, 2020		
Return date for overnight rides	Monday, April 27, 2020		
Start time	10:00 AM		
Start location	Montavilla Motel, 320 SE 99th Ave, Portland		
Distance	Approximately 35 miles each day		
Lunch	Buy		
Terrain (check one)	<input type="checkbox"/>	Flat	High range gears
	<input type="checkbox"/>	Easy hills	mid to high range gears
	<input checked="" type="checkbox"/>	Moderate hills	Mid range gears
	<input type="checkbox"/>	Hilly	Low range gears
	<input type="checkbox"/>	Strenuous hills	Need granny gear or push bike
Pace (check one)	<input type="checkbox"/>	Slow	< 10 mph
	<input checked="" type="checkbox"/>	Social	10 mph < speed < 13 mph
	<input type="checkbox"/>	Moderate	13 mph < speed < 16 mph
	<input type="checkbox"/>	Fast	Speed > 16 mph
Elevation gain ?	unknown		
Address / Driving instructions	<p>By car: take I-205 to Exit 20 (SE Stark St and Washington St), turn east (left) at second light onto SE Washington St, cross over I-205, turn north (left) onto SE 99<sup>th</sup> Ave, cross SE Stark St; motel is on right.</p> <p>By train: take Amtrak to Portland Union Station, catch MAX Green Line train at Sixth St. Exit at SE Main St, ride north on SE 99<sup>th</sup> Ave. Cross Washington and Stark Streets; motel is on right. Reservations needed for Amtrak, including for bike. Ride leader will take the train Friday.</p>		
Ride description	Three loops around Portland trails and roads		
Other notes	Make motel reservations at Montavilla Motel at 320 SE 99 <sup>th</sup> Ave, Portland, phone 503-255-4664. You can keep bikes in the rooms. Please call ride leader two to three days in advance. Each loop runs near MAX train lines, so you can cut off some of the miles each day. Heavy rain or freezing temperature cancels.		
Tour leader(s)	John Neller		
Telephone(s)	206-356-5309		
E-mail(s)	bikenstein@q.com		

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* Leader & Phone (cell/home/work)