

Ride Schedule – AUGUST 2021



WEATHER or OTHER SCHEDULE

CHANGE: If you think the weather is questionable, call the leader to see if the ride will happen.

Sun 1 * Alki * 9:30 AM / 33 miles * Tukwila, Bicentennial Park * Sunfish * Mostly flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. *

Mon 2 * Group's Choice * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Plan lunch * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. * No Leader

Tue 3 * Lincoln Park to Bremerton Loop * 9:15 AM / 36 miles * West Seattle, Lincoln Park north lot * Bremerton * Few hills * Moderate * I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. * NOTE: Take 9:30 ferry to Southworth, 12:20 or 1:30 ferry from Bremerton. There is a risk of the ferries not being on schedule. If information is available ahead of time, we can plan to ride on this side of the sound from the same start point. *

Wed 4 * Mercer Island * 10:00 AM / 25 miles * Renton, Cedar River Park * Rider's Choice * Some hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * No Leader

Thu 5 * North Bend & Truck Town * 10:00 AM / 20 miles * Snoqualmie, RR Station * Lunch option * Nearly flat * Social * I-90 exit 25, left onto Snoqualmie Parkway, at T turn right on Railroad Ave in Snoqualmie for ~2 blocks, turn right on Fir St, then right again into parking lot. * No Leader

Sat 7 * Ride before Picnic * 11:00 AM / ~10 miles * Chaces', 3763 S 194th St, SeaTac * Picnic (Bring food and see note below) * Some hills (~500' climbing) * Social * I-5 exit 152, go west on S 188th St for 0.7 mile, left on 37th Ave S, left on S 192nd, follow road around 2 right turns to 3763 S 194th St. *

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sun 8 * South Prairie * 9:00 AM / 32 miles * Puyallup, East Puyallup/Meeker Trailhead * One of stands or bring * River grade * Social * From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. *

Mon 9 * Group's Choice * 10:00 AM / ~25 miles * Mercer Island, Lid Park top lot * Plan lunch * Some hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) * No Leader

Tue 10 * Ravensdale to Mud Mountain * 10:00 AM / 51 miles * Ravensdale, Ravensdale Park * Bring Food for Mud Mtn Park * Some hills * Moderate * I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. *

*** No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * Leader & Phone (cell/home/work)

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Wed-Thurs 11-12 * Lonna's two rides * If you stay over, you could do both rides or do one or the other.

Wed 11 * Ferndale to Birch Bay * 10:00 AM / ~25+ miles * Ferndale, Pioneer Park * Bring lunch to eat at Birch Bay State Park * Some hills * Social * I-5 exit 262, head west. Cross Nooksack River, then turn left at traffic light on First Ave. Pioneer Park is at the end of the street. Park on the street across from the park. *

Thu 12 * Birch Bay Ramble * 10:00 AM / 15 miles or optionally more * Meet at Blaine, Birch Bay State Park picnic area (A discover pass is required to park. If you want to park without a pass, drive down to the beach and park on the street. Then bike to the start point on Helwig.) * Bring or buy lunch at Birch Bay. An option for a longer ride is to bike to Semiahmoo for lunch and back. * Few hills * Social * I-5 exit 266, west on Grandview Rd, right on Jackson Rd, left on Helwig Rd to the park. *

Thu 12 * Flaming Geyser * 9:00 AM / 30 miles * Auburn, Brannan Park * Stop at Green Valley Meats for snack * River grade * Relaxed moderate * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. *

Sat 14 * Landsburg * 10:00 AM / ~26 miles * Renton, Ron Regis Sports Park * **Bring food** for picnic * River grade (partly unpaved trail) * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. * -----

Sun 15 * Bogey's * 10:00 AM / 30 miles * Tukwila, Bicentennial Park * Bogey's * Nearly flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. * NOTE: The usual pattern is to stop at Bogey's for a lunch from the Happy Hour menu and eat on the back terrace. * **No Leader**

Mon 16 * Group's Choice * 10:00 AM / ~25 miles * Tukwila, Community Center * Plan lunch * Rider choice * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. * **No Leader**

Tue 17 * Two Bridges * 10:00 AM / 37 miles * Renton, Memorial Stadium * **Bring Food** * Some hills * Moderate * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Wed 18 * Port Orchard * 9:15 AM / ~30 miles * West Seattle, Lincoln Park North Lot * Port Orchard * Few hills * Social * I-5 exit 163/163A, west on West Seattle Freeway, follow Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. * NOTE: **Take 9:30 AM ferry to Southworth** * **No Leader**

Thu 19 * Lake Cassidy on Centennial Trail * 10:00 AM / 25 miles * Snohomish, Centennial Trailhead * **Bring Lunch** for Lake Cassidy * Railroad Grade * Social * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * **No Leader**

Sat 21 * Madison * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Starbucks * Some hills * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. * **No Leader**

Sun 22 * South Prairie * 9:00 AM / 32 miles * Puyallup, East Puyallup/Meeker Trailhead * One of stands or bring * River grade * Social * From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. *

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Mon 23 * Edmonds * 10:00 AM / 30 Miles *
 Seattle, Gas Works Park * **Bring Food** for lunch
 * Some hills * Social * I-5 exit 169, west on NE
 45th St from I-5 northbound, (west on NE 50th
 St from I-5 southbound), left on Meridian Ave,
 right on Northlake Way, left into the park. *
 NOTE: All parking spaces have a 4-hour time
 limit. If you need more time, park to the east on
 Northlake Wy. *

**Tue 24 * Mercer Lid to Seattle * 10:00 AM /
 34 miles *** Mercer Island, Lid Park top lot *
 Downtown Seattle * Hills (~2000' gain) *
 Moderate * Eastbound: I-90 exit 6, left on
 Mercer Way, then right onto 72nd Av (by
 Roanoke Inn), turn right into parking lot before
 bridge. Westbound: I-90 exit 7, follow Mercer
 Way, left onto 72nd Av (by Roanoke Inn), turn
 right into parking lot before bridge. (If parking
 not available there park south of the trail on SE
 22nd St and meet at start point.) * NOTE:
<https://www.strava.com/routes/2848065431870212238> *

**Wed 25 * Redmond (via trail) * 10:00 AM /
 ~25 miles *** Issaquah, City Hall * **Bring Food**
 for Marymoor Park * Nearly flat * Social * I-90
 exit 17, south on Front Street, left on Sunset, first
 right onto 1st Ave. S. Use public parking near
 the city hall / police station. If parking is full,
 park elsewhere and bike to start. * NOTE: Find
 some new detours. * **No Leader**

Thu 26 * Sumner * 10:00 AM / ~30 miles *
 Kent, Hogan Park * Lunch at River's Edge Café,
 next to cannery * Flat * Relaxed moderate * I-5
 exit 149/149A, SR-516 east, left on Meeker St,
 left on Russell Road, 1 block to the park. *

**Sat 28 * Black Diamond * 10:00 AM / ~35
 miles *** Kent, Hogan Park * Bakery * Some hills
 * Moderate * I-5 exit 149/149A, SR-516 east,
 left on Meeker St, left on Russell Road, 1 block
 to the park. *

Sun 29 * Lake Morton * 10:00 AM / ~30 miles
 * Ravensdale, Ravensdale Park (across from
 Post Office) * Snack option at Black Diamond
 Bakery and bring food for lunch at Lake Sawyer
 * Some hills * Social * I-405 northbound exit
 4A, (southbound exit 4 then south on Sunset
 Blvd), east on SR-169 (Maple Valley Rd), left on

Kent- Kangley Rd, right on 272nd Ave SE. Meet
 by the rest rooms. *

**Mon 30 * Group's Choice * 10:00 AM / ~25
 miles *** Mercer Island, Lid Park top lot * Plan
 lunch * Some hills * Social * Eastbound: I-90
 exit 6, left on Mercer Way, then right onto 72nd
 Av (by Roanoke Inn), turn right into parking lot
 before bridge. Westbound: I-90 exit 7, follow
 Mercer Way, left onto 72nd Av (by Roanoke
 Inn), turn right into parking lot before bridge. (If
 parking not available there park south of the trail
 on SE 22nd St and meet at start point.) * **No
 Leader**

Tue 31 * Carbonado * 10:00 AM / ~40 miles *
 Orting, Orting City Park * **Bring Food** * Some
 hills * Moderate * SR-410 Sumner, SR-162
 (Valley Ave) south to Orting, right on Calistoga,
 left on Van Scoyoc. Park at the SE end of the
 park. *



Dates	Tour Name	Leaders
Sept 14-16	20 th Trail of the Coeur D'Alenes	McLaren & Chace

Notes

**Saturday August 7th
 Picnic/Meeting:** This will be held at Chaces',
 3763 S 194th St., SeaTac., between noon and
 about 1 PM. Go on the scheduled 11 AM ride or
 follow the same directions below to picnic. This
 year as we recover from Covid the plan is bring
 your own lunch. Some individually packaged
 beverages will be available. Hosts have a paddle
 board so if you want to try this on Angle Lake you
 are welcome to do so. For questions, call or email
chacebuff@icloud.com. Directions--I-5 exit 152,
 go west on S 188th St for 0.7 mile, left on 37th Ave
 S, left on S 192nd, follow road around 2 right

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turns to 3763 S 194th St. * **Buff Chace (c) 206-484-9372.**

20th Annual Trail of the Coeur D'Alenes:

Bruce McLaren negotiated a rate of \$78 (all rooms). Make your reservations prior to 15 August for September 13, 14, & 15th. FairBridge Inn & Suites, 601 Bunker Ave, Kellogg, ID 83837 • (208) 783-1234

The Kellogg ride descriptions: **Motel (Tue & Thur) & Medimont Trail head (Wed) * Bring lunch for Tue, bring or buy Wed * Railroad grade * Social pace or your pace. * The trail follows the Coeur d'Alene River and the shore of Coeur d'Alene Lake. 71.4 miles of flat paved trail except as noted.**

Tues. start at the motel at 8:30 (MP 53.1) and ride to Medimont trailhead (MP 25.8) and back, flat. 54.6 miles or less if you want

Wed. Drive to Medimont trailhead, allowing about 40 minutes (MP 25.8) start riding 9:10 on ride thru Harrison, along the lake, across the bridge and uphill (500ft) to Plummer (MP 0) and back. 51.4 miles or less if you want to just hang around Harrison.

Thur. Ride from motel, start at 8:00 (MP 53.1) along the river (and I-90) to Mullan (MP 71.4) and back, upriver grade, a 1000 ft climb. 36.6 miles round trip. Leave for home mid-day. Motel has 11:00AM checkout time so showers may require a special arrangement.

Since each day is an out and back on the trail, if you want a shorter ride, any day, turn around sooner.

There has been some discussion of adding the Hiawatha Trail but no volunteer to lead this so it can be arranged between the riders at the event.

Rails to Trails: Top ten trails in our state can be found at:

<https://www.railstotrails.org/trailblog/2021/june/15/top-10-trails-in-washington-state/>

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