

RIDE SCHEDULE - DECEMBER 2016

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Thu 1 * Molbak's * 10:00 AM / 20+ miles * Redmond, Marymoor Park (trailhead) * Red Hook * Flat * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. * NOTE: In the event of rain or snow or if you just don't want to ride, meet at Molbak's at 11:00, enjoy the Christmas décor and free Kringle, and then move to Red Hook for lunch. *

Sat 3 * Kent East Hill * 10:00 AM / ~38 miles * Kent, Three Friends Fishing Hole * Café * Some hills * Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Sun 4 * Extended South Lake WA * 10:00 AM / 35 miles * Renton, Ron Regis Sports Park * Café * Few hills * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Mon 5 * Downtown and Center Holiday Decorations * 10:00 AM / ~20 miles * Seattle, Gas Works Park * Café * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Tue 6 * Leader's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 7 * Condo Ride * 10:00 AM / 25 miles * Auburn, Brannan Park * Red Robin by Supermall * Flat * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. *

Thu 8 * Bicentennial Park to Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Flat * Slow * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter

and small traffic circle. * **No Leader**

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sat 10 * Queen Anne & Seattle Center * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Light pre-Christmas lunch provided at Lemkes' * One significant hill * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTES: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. Lunch includes a brief club meeting and the annual election of BEBC officers. See additional notes at end of schedule. *

Sun 11 * Bicentennial to Auburn * 10:00 AM / 31 miles * Tukwila, Bicentennial Park * Café * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. *

Mon 12 * Roads and Trails * 11:00 AM / 25 miles * Kenmore, Log Boom Park (Tracy Owen Station) * Lunch inside * Some hills * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) *

Tue 13 * Leader's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 14 * Leader's Choice * 10:00 AM / ~25 miles * Tukwila, Community Center * Plan lunch * Fairly flat * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Thu 15 * Auburn Supermall * 10:00 AM / 24 miles * Tukwila, Bicentennial Park * Supermall * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

Sat 17 * South Lake WA * 10:00 AM / 25 miles * Renton, Cedar River Park * None * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * **Leader & Phone (cell/home/work)**

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Sun 18 * Cedar River Trail to Maple Valley Grange * 10:00 AM or 9:45 AM / ~30 miles or 20 miles * Renton, Cedar River Park * Pancake Brunch * Some hills * Moderate or Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTES: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace start at 9:45 and return on trail. Leader will take Moderate riders on a longer route. *

Mon 19 * Leader's Choice * 10:00 AM / 25 miles * West Seattle, Jack Block Public Access (Alki) * Caf  * Perhaps a hill * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 20 * Leader's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * Caf  * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 21 * Leader's Choice * 10:00 / ~25 miles * Redmond, Marymoor Park (trailhead) * Caf  * Possible hills * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Thu 22 * Oxbow to IKEA * 10:00 AM / 24 miles * Seattle, Boeing Oxbow Lot * IKEA * Pretty flat * Social * I-5 exit 158, west on Boeing Access Rd, north on Marginal Way 0.3 mile, left at traffic signal on S 102nd St over the Oxbow bridge, turn left at end of bridge to park at south end of lot near Recreation Bldg. * **No Leader**

Sat 24 * Madison Park * 10:00 AM / ~35 miles * Kent, Three Friends Fishing Hole * Probably Starbucks * Several hills * Social to Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Sun 25 * No Ride

Mon 26 * Boxing Day * 10:00 AM / ~35 miles * West Seattle, Jack Block Public Access (Alki) * IKEA * Flat * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 27 * Leader's Choice * 10:00 AM / ~40 miles * Kent, Hogan Park (former Russell Road Park) * Caf  * Possible hills

* Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Wed 28 * Madison Park * 10:00 AM / ~25 miles * Seattle, Seward Park picnic shelter * Thai Restaurant * Few hills * Social * Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. *

Thu 29 * Madison Park via Seward Park * 10:00 AM / 25 miles * Mercer Island, Lid Park top lot * Madison Park area * Some hills * Slow * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. * **No Leader**

Sat 31 * Bicentennial Park to Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Flat * Slow * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. *



Dates	Tour Name	Leaders
10-11 Jun 2017	Grant County Ride	Diane & Buff Chace
21-22 Aug 2017	Total Solar Eclipse & Covered Bridges Albany	Kay Evey 206-763-0435 Chaces 206-824-3369

Notes

Dec 10th Meeting, election, & lunch social: If you are not biking to Lemke's you are still welcome. The address is 2572 10th Ave. W, Seattle. Plan to arrive after 11:45 AM, as hostess is busy getting ready.

New Year's Day: Holly and Gordon Hesse plan to host a BEBC social at their house in the afternoon. This will follow the New Year's Day Ride(s). See next month's ride schedule for details.

Total Solar Eclipse and Covered Bridges: The following link is an article commenting on how the reservations are filling in most locations for this event -- <http://www.space.com/34545-book-reservations-for-great-american-eclipse.html>. It should provide motivation if you are not among the ten BEBC members who are known to have reserved a room. The solar eclipse will be total in Albany Oregon with the partial phase starting at 9:05 AM and the 2 minutes of total eclipse (map follows) starting at 10:17 AM on

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21 August 2017. Kay has gotten a room rate at the Rodeway Inn, 1212 SE Price Rd, Albany. The rooms have microwave and refrigerator; lobby will have Continental breakfast (nothing hot but a nice assortment of fruit, coffee, juice, pastry, instant oatmeal). Rooms are to be blocked out until two weeks prior to our ride. Call 541-926-0170 and mention Boeing Employees' Bike Club. The rates are \$70 + tax for queen, \$80 + tax for double double. (Last time, in 2009, BEBC did three days of rides and stayed at this same motel, which was an Econo Lodge.) There has been quite a bit of press coverage with the implication that the lodging in the area may book up early, so if you intend to go **early reservations are recommended**. If your plans change, a timely cancellation should not be a problem. Most will drive down on Sunday for the rides on Monday and Tuesday. The drive home might be either Tuesday evening or an easier Wednesday.

Overnight Rides: Time to think about overnight rides for 2017. Nice to get a placeholder on the schedule even if the details are to be determined.

Port Townsend: Chaces do not plan to lead the usual early March ride this year.

Burke Gilman Repairs: Seattle Parks will be making repairs to several sections of the trail. Detours are planned where needed. See -- 2016/11/03/seattle-parks-recreation-begins-repairs-burke-gilman-trail/

Ice: Many of us have needed recovery time after falling on ice. It is a better choice not to ride when the coefficient of friction is small between your tires and the pavement due to water in the solid state. (Been there, done that – Buff)

Thanks to the ride leaders and especially the coordinators for Monday, Wednesday and Thursday. Our rides are better due to your efforts.

Other Northwest Cycling Tours

Dates	Tour Name	Leaders
July 22-29, 2017	Oregon Bicycle Ride	Bicycle Rides NW
August 5-12, 2017	Idaho Bicycle Ride	Bicycle Rides NW

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December 2016