

RIDE SCHEDULE - FEBRUARY 2016

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Mon 1 * Leader's Choice * 10:00 AM / 25 miles * West Seattle, Jack Block Public Access (Alki) * Buy lunch * Few hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 2 * Leaders Choice * 10:00 AM / ~35 miles * Kent, Hogan Park (former Russell Road Park) * Café * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Wed 3 * Tukwila Community Center to Auburn * 10:00 AM / ~30 miles * Tukwila, Community Center * Plan lunch * Few hills * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Thu 4 * Snoqualmie Railroad Park to North Bend * 10:00 AM / 25 miles * Snoqualmie Railroad Park * North Bend * Slight uphill * Social * I-90 exit 25, left onto Snoqualmie Parkway, at T turn right on Railroad Ave in Snoqualmie for ~2 blocks, turn right on Fir St, then right again into parking lot. * NOTE: Turn around is at Ken's Truck Town (East end of North Bend Way). Eat back in town. * No Leader

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sat 6 * Ron Regis to Leschi * 10:00 AM / ~30 miles * Renton, Ron Regis Sports Park * Starbucks * Few hills * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Sun 7 * Angle Lake Park to Madison * 10:00 AM / ~30 miles * SeaTac, Angle Lake Park * Likely Starbucks * Some significant hills * Social * I-5 exit 151, west on S 200th St, right on International Blvd for 0.3 miles, right at stoplight into park. *

Mon 8 * Roads & Trails * 10:00 AM / 25 miles * Kenmore, Log Boom Park (Tracy Owen Station) * Lunch inside * Maybe one easy hill up and down * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, left on 175th St. Park on 175th St. east of park entrance. *

Tue 9 * Leader's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 10 * Ron Regis to Kent * 10:00 AM / ~30 miles * Renton, Ron Regis Sports Park * Café * Nearly flat * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Thu 11 * Brannan Park to Flaming Geyser SP * 10:00 AM / 30 miles * Auburn, Brannan Park * Bring lunch * Slight grade * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. * No Leader

Sat 13 * Fall City to Duvall * 10:00 AM / 35 miles * Fall City, Park & Ride lot * Duvall * Few hills * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. *

Sun 14 * Leader's Choice * 10:00 AM / ~30 miles * Renton, Cedar River Park * Lunch stop * Limited hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Mon 15 * Kent Station * 10:00 AM / ~40 miles * West Seattle, Jack Block Public Access (Alki) * Kent Station area * Nearly flat * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 16 * Leader's Choice * 10:00 AM / ~35 miles * Bellevue, I-405 Exit 9 * Café * Some hills * Moderate * I-405 exit 9, park any cars in the Park & Ride east of I-405. Meet at Lake Washington Blvd on west side of freeway. *

Wed 17 * Issaquah to Redmond * 10:00 AM / ~30 miles * Issaquah, City Hall * Palmers East * Few hills * Social * I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * Leader & Phone (cell/home/work)

February 2016

RIDE SCHEDULE - FEBRUARY 2016

Thu 18 * Bothell to Ballard (Or choice) * 10:00 AM / 30 miles * Bothell, Sammamish River Trail access parking lot (unpaved) * Plan lunch * Flat * Social * I-405 exit 23, SR-522 west, right on Kaysner Way, left at stop onto Main St, left on 102nd St, cross bridge and right into gravel parking lot. * **No Leader**

Sat 20 * Kent to Sumner * 10:00 AM / ~36 miles * Kent, Hogan Park (former Russell Road Park) * Café * Flat * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Sun 21 * Bicentennial to Alki * 10:00 AM / ~33 miles * Tukwila, Bicentennial Park * Probably Sunfish * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. *

Mon 22 * Two Loops * 10:00 AM / ~33 miles * Mercer Island, Luther Burbank Park * Public House * Some hills * Social * I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. *

Tue 23 * Leader's Choice * 10:00 AM / 40 miles * Renton, Cedar River Park * Cafe * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 24 * Woodinville via Cross Kirkland Corridor & Norway Hill * 10:00 AM / ~30 miles * Kirkland, Houghton Park & Ride * Dine out * Moderate hills * Social * I-405 northbound: exit 17, use right lane, right on 116th, left into park and ride lot. I-405 southbound: exit 17, use right lane, right turn and then up and over I-405, right on 116th, 2 blocks south, then left into park and ride lot. *

Thu 25 * Snohomish to Lake Cassidy * 10:00 AM / 25 miles * Snohomish, Centennial Trail * **Bring lunch** for Lake Cassidy * Railroad grade * Slow * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * **No Leader**

Sat 27 * Madison * 10:00 AM / ~30 miles * Renton, Cedar River Park * Starbucks * Few hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Sun 28 * Everett Mall * 10:00 AM / 28 miles * Mountlake Terrace, Ballinger Lake Community Clubhouse and Playfields * Mall Food Court * Some short hills * Social * I-5 take exit 177 ("Hwy 104/Ballinger Way"); go west (as if to Edmonds); turn north on 76th at the light and then east on 228th which curves and the parking is on the right. Address: 23000 Lakeview Dr, Mountlake Terrace, WA 98043. Park in the north area of the large paved parking lot for the Community Clubhouse. * **NOTE:** If you are coming from the Eastside, you can come up Ballinger Way / Highway 104, or take 405 and get on I-5 going south. *

Mon 29 * Jefferson Park * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Mioposto * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * **NOTE:** All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *



Dates	Tour Name	Leaders
Mar 5-6, 2016	Port Townsend Overnight	Diane & Buff Chace
Sep 13-15, 2016	Trail of the Coeur d'Alenes	Bruce & Gerry McLaren

Notes

Port Townsend Overnight (5-6 March): Leader recommends Aladdin Motor Inn, <http://aladdinmotorinnpt.com/> (360-385-3747). Calling is probably the better choice as they do have AAA or AARP rates. There are plenty of other options.

Other Northwest Cycling Tours

Dates	Tour Name	Leaders
Feb 28, 2016	Chilly Hilly	Cascade Bicycle Club (CBC)
Apr 3, 2016	Emerald City Bike Ride	CBC

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