

# Ride Schedule – FEBRUARY 2020

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Sat 1 \* International District \* 10:00 AM / 30 miles** \* Tukwila, Bicentennial Park \* Uwajimaya \* A hill \* Moderate \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter and small traffic circle. \*

**Sun 2 \* Groups' Choice \* 10:00 AM / ~25 miles** \* Mercer Island, Lid Park top lot \* Possible café \* Possible hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \* **No Leader**

**Mon 3 \* Group's Choice \* 10:00 AM / ~25 miles** \* Seattle, Gas Works Park \* Choice \* Choice \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \* **No leader**

**Tue 4 \* Leader's Choice \* 10:00 AM / ~35 miles** \* Bellevue, I-405 Exit 9 \* Café \* Some hills \* Moderate \* I-405 exit 9, park any cars in the Park & Ride east of I-405. Meet at Lake Washington Blvd on west side of freeway. \*

**Wed 5 \* Leader's Choice \* 10:00 AM / 25-30 miles** \* Redmond, Marymoor Park (trailhead) \* Café \* Possible hill \* Social \* SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. \*

**Thu 6 \* Brannan Park to Flaming Geyser SP \* 10:00 AM / 30 miles** \* Auburn, Brannan Park \* **Bring lunch** \* River grade \* Slow-Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \* **No Leader**

**Sat 8 \* Leader's Choice \* 10:00 AM / ~30 miles** \* Maple Valley, Fred V Habenicht Rotary Park \* Snack stop \* Some hills \* Social \* SR 169 (I-405 exit 4) to Maple Valley. Cross the Cedar River, turn left on Witte Road, and immediate left into park at 22124 Witte Rd SE, Maple Valley, WA 98038. \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to **bring lunch**.

**Sun 9 \* Madison Park \* 10:00 AM / 35 miles** \* Renton, Cedar River Park \* Starbucks \* Some hills \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**Mon 10 \* Bremerton \* 9:45 AM / 35 miles** \* Seattle, Colman Ferry Terminal \* Poulsbo lunch \* Some hills \* Social \* Ferry terminal (Pier 52) is at 801 Alaskan Way in Seattle. Meet at loading point for the ferry. \* NOTE: Take 10:00 AM ferry to Bremerton. When I was employed, I'd volunteer to do hearings in Bremerton so I could bike back through Poulsbo to Winslow. It's been awhile but I have biked it since retirement. It's a great route. \*

**Tue 11 \* Leader's Choice \* 10:00 AM / ~35 miles** \* Kent, Hogan Park (former Russell Road Park) \* Café \* Possible hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTE: (if any) \* **Leader & Phone** (cell/home/work)

## Ride Schedule – FEBRUARY 2020

**Wed 12 \* Auburn \* 10:00 / ~30 miles \***  
Tukwila, Community Center \* Café \* Flat \*  
Social \* I-5 (Southbound) Exit 156, right on  
Interurban Ave (for 0.6 mile). [I-5 (Northbound),  
Exit 156 (keep right to stay on ramp to first exit),  
left on Interurban Ave.] Turn right on 42nd Ave  
S over Duwamish. Turn right on 124th and park  
in NE section of parking lot. \*

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**Thu 13 \* Snoqualmie Railroad Park to North Bend \* 10:00 AM / 20 miles \*** Snoqualmie Railroad Park \* North Bend \* Mostly flat \*  
Social \* I-90 exit 25, left onto Snoqualmie Parkway, at T turn right on Railroad Ave in Snoqualmie for ~2 blocks, turn right on Fir St, then right again into parking lot. \* NOTE: Turnaround is at Ken's Truck Town (East end of North Bend Way). Eat back in town. \* **No Leader**

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**Sat 15 \* IKEA \* 10:00 AM / ~25 miles \***  
SeaTac, Angle Lake Park \* IKEA Cafeteria \*  
Several hills \* Social \* I-5 exit 151, west on S  
200th St, right on International Blvd for 0.3  
miles, right at stoplight into park. \*

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**Sun 16 \* Cedar River Trail to Maple Valley Grange \* 10:00 AM or 9:45 AM / ~30 miles or 20 miles \*** Renton, Cedar River Park \* Pancake Brunch \* Some hills \* Moderate or Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \* NOTE: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace starts at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. \*

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**Mon 17 \* Leader's Choice \* 10:00 AM / 25 miles \*** West Seattle, Jack Block Public Access (Alki) \* Buy lunch \* Some hills \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \*

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**Tue 18 \* Vashon Island \* 9:30 AM / ~30 miles \*** West Seattle, Lincoln Park North Lot \* **Bring Lunch** \* Hilly \* Moderate \* I-5 exit 163/163A, west on West Seattle Freeway, follow Fauntleroy Way SW as Freeway ends. Parking lot is in the

8200 block of Fauntleroy Way. \* NOTE: Take the 9:50 ferry. \*

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**Wed 19 \* Madison Park \* 10:00 AM / ~25 miles \*** Mercer Island, Lid Park top lot \*  
Madison Valley \* Few hills \* Social \*  
Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \*

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**Thu 20 \* Centennial Trail \* 10:00 AM / 25 miles \*** Snohomish, Centennial Trailhead \*  
**Bring Lunch** for Lake Cassidy \* Railroad Grade \* Social \* US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. \* **No Leader**

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**Sat 22 \* Alki \* 10:00 AM / 33 miles \*** Tukwila, Bicentennial Park \* Alki \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. \*

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**Sun 23 \* Leader's Choice \* 10:00 AM / ~25 miles \*** Mercer Island, Lid Park top lot \* Café \*  
Few hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \*

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**Mon 24 \* Ship Canal, Lake Union Loop \* 10:00 AM / 25 miles \*** Seattle, Gas Works Park \* Buy lunch \* Nearly flat \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. Bill Lemke comment: "John Davies does Friday Cascade Rides with me and always has great routes." \*

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## *Ride Schedule – FEBRUARY 2020*

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**Tue 25 \* Leader's Choice \* 10:00 AM / ~35 miles** \* Renton, Cedar River Park \* Café \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

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**Wed 26 \* Group's Choice \* 10:00 AM / ~25 miles** \* Renton, Cedar River Park \* Café \* Possible hills \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \* **No Leader**

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**Thu 27 \* IKEA \* 10:00 AM / 24 miles** \* Tukwila, Community Center \* IKEA, Renton \* Flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \* **No Leader**

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**Sat 29 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Kent, Hogan Park (former Russell Road Park) \* Café \* Possible hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*



<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
16-17 June	Grant County 2 day	Buff & Diane Chace

### *Note*

**Grant County Overnight:** This ride was last run in June 2017. A similar implementation is planned for this time. However, instead of being on a weekend, this time will be on weekdays since most riders are retired. This should avoid large crowds of baseball players seeking lodging.

**Multiday rides:** We could use some on the schedule.

### *Other Northwest Cycling Tours*

<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
Feb 23	Chilly Hilly	Cascade

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