

Ride Schedule – JANUARY 2019

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Sat 5 * South Lake WA * 10:00 AM / 30 miles
* Tukwila, Bicentennial Park * Snack Mercer Island * Some hills * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter and small traffic circle. *

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Tue 1 * Annual Round the Lake * 9:00 AM / 52 miles * Renton, Cedar River Park * Café * Few hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTE: If weather dictates, riders may join the South Lake starting at 10:30. After ride or about 2PM, drive to home of Gordon & Holly for traditional cookie swap & visit. See notes at the end of schedule. *

Tue 1 * Annual South Lake Washington * 10:30 AM / 25 miles * Renton, Cedar River Park * Café * Few hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTE: After ride or about 2PM, drive to home of Gordon & Holly for traditional cookie swap & visit. See note at the end of schedule. *

Wed 2 * Group's Choice * 10:00 AM / ~25 miles * Mercer Island, Lid Park top lot * Lunch/Snack stop * Few hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) * **No Leader**

Thu 3 * Monroe to Snohomish * 10:00 AM / 32 * Monroe, Riverside Park * Snohomish * Some hills * Social * US-2 to Monroe, south on SR-203 (Lewis St), left into the park just before reaching the bridge. * **No Leader**

Sun 6 * Bicentennial to Bogey's * 10:00 AM / 31 miles * Tukwila, Bicentennial Park * Bogey's Public House, Auburn G C * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. *

Mon 7 * Leader's Choice * 10:00 AM / 25 miles * West Seattle, Jack Block Public Access (Alki) * Buy lunch * Some hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 8 * Leader's Choice * 10:00 AM / ~40 miles * Bellevue, I-405 Exit 9 * Café * Some hills * Moderate * I-405 exit 9, park any cars in the Park & Ride east of I-405. Meet at Lake Washington Blvd on west side of freeway. *

Wed 9 * Redmond * 10:00 AM / 25 miles * Issaquah, City Hall * Well liked café * Some hills * Social * I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. *

Thu 10 * Auburn Super Mall * 10:00 AM / 24 miles * Tukwila, Bicentennial Park * Food Court * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above
Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point
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Sat 12 * Ron Regis to Four Corners * 10:00 AM / 27 miles * Renton, Ron Regis Sports Park * Four Corners * A few hills * Social+ * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Sun 13 * Leader's Choice * 10:00 AM / 25 miles * Redmond, Marymoor Park (trailhead) * Café * Some hills * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Mon 14 * Univ of WA area * 10:00 AM / ~20 miles * Seattle, Stan Sayres Memorial Park * Café * Few hills * Social * On west shore of Lake WA at intersection of Lake Washington Blvd S and 46th Ave S. *

Tue 15 * Leader's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 16 * Renton * 10:00 AM / 22 miles * Mercer Island, Luther Burbank Park * Café Landing area * Few hills * Social * I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. If signs prohibit parking suitable for this ride, try the overflow lot to the south or the P&R lot to the west. * NOTE: Intend partial loop Mercer Island and Renton Landing. *

Thu 17 * Foster Park to Sumner * 10:00 AM / 28 miles * Kent, Foster Park Trail Access * Sumner * Flat * Social * I-5 exit 149/149A, SR-516 east (becomes Willis St. in Kent), right on 74th Ave S, left on 259th St, one block to the park on the right. Trail head parking for Interurban & Green River trails. * **No Leader**

Sat 19 * Ride to the Banquet * 10:00 AM / ~20 miles * Tukwila, Community Center * Elliot Bay Brewing Company, Burien * Some hills * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Sun 20 * Cedar River Trail to Maple Valley Grange * 10:00 AM or 9:45 AM / ~30 miles or 20 miles * Renton, Cedar River Park * Pancake Brunch * Some hills * Moderate or Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTES: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace starts at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. *

Mon 21 * Carkeek Park * 10:00 AM / 22 miles * Seattle, Gas Works Park * Café * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Tue 22 * Leader's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 23 * Leader's Choice * 10:00 AM / 25 miles * Redmond, Marymoor Park (trailhead) * Café * Some hills * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

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Thu 24 * City Hall to Hollywood Tavern * 10:00 AM / 34 miles * Issaquah, City Hall * Hollywood Tavern (corner of Redmond-Woodinville Rd & NE 145th St) * Flat * Social * I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. * **No Leader**

Sat 26 * Leader's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park (former Russell Road Park) * Café * Possible hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Sun 27 * Loop Part of Lake WA * 10:00 AM / ~35 miles * Mercer Island, Lid Park top lot * Café * Some hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) *

Mon 28 * Group's Choice * 10:00 AM / ~25 miles * Kenmore, Log Boom Park (Tracy Owen Station) * Café * Choice * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) * **No Leader**

Tue 29 * Leader's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park (former Russell Road Park) * Café * Possible hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Wed 30 * Group's Choice * 10:00 AM / ~25 miles * Kenmore, Log Boom Park (Tracy Owen Station) * Café * Choice * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) * **No Leader**

Thu 31 * Snoqualmie Railroad Park to North Bend * 10:00 AM / 20 miles * Snoqualmie Railroad Park * North Bend * Mostly flat * Social * I-90 exit 25, left onto Snoqualmie Parkway, at T turn right on Railroad Ave in

Snoqualmie for ~2 blocks, turn right on Fir St, then right again into parking lot. * NOTE: Turnaround is at Ken's Truck Town (East end of North Bend Way). Eat back in town. * **No Leader**



Dates	Tour Name	Leaders
March 5-6	Port Townsend Overnight	D & B Chace 206-824-3369
Pending	Kellogg ID rides	McLaren/Chace

Notes

New Year's Day Social: Starting at 2:00 PM Gordon and Holly Hesse will host a cookie swap at their home. Bring your cookies, cake, pastry, or similar item to share. This will be after the scheduled ride, but you need not ride to attend. (Weather may make this the sensible choice.) Hosts plan to have a beverage to wash down the treats. Driving directions: From intersection with Garden Av, proceed east on NE Park Drive (SR-900), which becomes NE Sunset Blvd for about 3.3 miles. Turn right onto 148th Ave SE for 0.2 miles. Turn left onto SE 112th St, then immediately turn left onto 148th Pl. As it bends east arrive at 14827 SE 111th Pl. Phone: 425-271-4424. (Green house at end of street)

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