

Ride Schedule – JANUARY 2024



WEATHER or OTHER SCHEDULE

CHANGE: If you think you may ride a particular day, email the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, call the leader to see if the ride will happen.

Most ride leaders cancel for freezing weather or serious rain.

Mon 1 * Annual New Year's Ride, Part of Lake * 10:00 AM / 31 miles * Renton, Memorial Stadium * Bring snack * Some hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Tue 2 * Group's Choice * 10:00 AM / ~35 Miles * Tukwila, Bicentennial Park * Carry a snack * Some hills * Relaxed moderate * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

Wed 3 * Maple Valley * 10:00 AM / ~20 miles * Renton, Ron Regis Sports Park * Possible pizza * Some climb * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Thu 4 * Group's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park * Lunch stop * Nearly flat * Social * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. * **No Leader**

Sat 6 * Mt Baker Tunnel * 10:00 AM / ~30 miles * Renton, Memorial Stadium * Bring food * Some hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Sun 7 * Group's Choice * 10:00 AM / ~25 miles * Renton, Ron Regis Sports Park * Snack or coffee * Some hills * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. * **No Leader**

Mon 8 * Leader's Choice * 10:00 AM / ~25 miles * Kent, Three Friends Fishing Hole * Probable stop at Macrina Bakery & Café for a snack * Flat * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Tue 9 * Tiger Mountain * 10:00 AM / 37 miles * Renton Community Center * Tiger Mtn Store * 2,598 feet of climb * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTE: <https://ridewithgps.com/routes/41102157> *

Wed 10 * Flaming Geyser * 10:00 AM / 25 miles * Auburn, Auburn Community and Event Center * Bring snack * River grade * Social * Eastbound on SR-18, exit to SR-164 (Auburn Way S) turn left at the exit stoplight. Follow SR-164 toward Enumclaw for 0.5 miles. Turn left at sign for F St but then, immediate right on 9th St SE to the Auburn Community and Event Center. Park NE of entrance. *

Thu 11 * Group's Choice * 10:00 AM / ~30 miles * Renton Community Center * Possible coffee stop * River grade * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * **No Leader**

Sat 13 * Sumner * 10:00 AM / 30 miles * Kent, Hogan Park * Buy lunch * Nearly flat * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. * **No Leader**

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * **Leader & Phone** (cell/home/work)

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LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sun 14 * Madison Valley * 10:00 AM / ~33 miles * Renton, Memorial Stadium * Possible Starbucks * Few hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Mon 15 * Kent Valley * 10:30 AM / ~25 miles * Tukwila, Community Center * Lunch Kent Senior Center \$8 * Flat * Social * TEMPORARY ENTRY DURING 42nd AV BRIDGE PARTIAL OUTAGE: From S Boeing Access Rd go south on E Marginal Way S; turn left on S115th St before Green River. Follow the shore of the Duwamish River as road bends south to become 42nd Av; turn left on S 124th St and the parking lot is on the right. *

Tue 16 * Alki * 10:00 AM / 45 miles * Kent, Hogan Park * Buy lunch * Half hilly, half flat * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Wed 17 * Banyan Tree, Kent * 10:00 AM / 25 miles * Tukwila, Community Center * Traditional Thai food * Flat * Social * TEMPORARY ENTRY DURING 42nd AV BRIDGE PARTIAL OUTAGE: From S Boeing Access Rd go south on E Marginal Way S; turn left on S115th St before Green River. Follow the shore of the Duwamish River as road bends south to become 42nd Av; turn left on S 124th St and the parking lot is on the right. *

Thu 18 * Maple Valley (or more) * 10:00 AM / ~30 miles * Renton, Community Center * Snack stop * Possible hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * **No Leader**

Sat 20 * Coulon Park * 10:00 AM / ~30 miles * Maple Valley, Habenicht Rotary Park * Ivar's * Some hills * Social * SR 169 (I-405 exit 4) to Maple Valley. Cross Cedar River, turn left on Witte Road, and left into park. *

Sun 21 * Bogeys * 10:00 AM / ~25 miles * Kent, Three Friends Fishing Hole * Bogeys * Mostly flat * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Mon 22 * Cedar River Trail * 10:00 AM / ~25 miles * Renton Community Center * Starbucks at Maple Valley * River grade * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater *

Tue 23 * Group's Choice * 10:00 AM / ~35 miles * Renton, Memorial Stadium * Carry a snack * Some hills * Relaxed moderate * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. * **No Leader**

Wed 24 * Redmond (lunch) * 10:00 AM / ~25 miles * Issaquah, City Hall * Vote at start between Blazing Bagels or Palmers for lunch. * Flat on fully paved trail * Social * I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. * **No Leader**

Thu 25 * South Lake WA * 10:00 AM / ~30 miles * Tukwila, Bicentennial Park * Snack stop * Couple of hills * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

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Sat 27 * Ride to the Banquet * 10:00 AM / ~20 miles * Tukwila, Bicentennial Park * Elliot Bay Brewing Company, Burien * Some hills * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. * NOTE: Banquet is planned at noon so there might be some social time if we arrive early. *Hal Redd (c) 206-406-8518

Sun 28 * Auburn Short Loop * 10:00 AM / ~25 miles * Auburn, Brannan Park * Auburn Red Robin * Flat * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. * John Neller (c) 206-356-5309

Mon 29 * Alki*10:00AM/~25miles* Tukwila, Community Center * Alki * Nearly flat * Social * TEMPORARY ENTRY DURING 42nd AV BRIDGE PARTIAL OUTAGE: From S Boeing Access Rd go south on E Marginal Way S; turn left on S115th St before Green River. Follow the shore of the Duwamish River as road bends south to become 42nd Av; turn left on S 124th St and the parking lot is on the right. * No Leader

Tue 30 * Issaquah * 10:00 AM / 34 miles * Renton, Community Center * Buy in Issaquah * Some hills * Relaxed Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * Buff Chace (c) 206-484-9372

Wed 31 * Madison Park * 10:00 AM / ~18 miles * Seattle, Seward Park Picnic Shelter * Bring snack * Couple of hills * Social * Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. * Pete Maas (c) 206-465-1459 / (h) 425-255-4192

Notes

Selected Cascade Rides and dates:

Seattle Bike Swap & E-Bike Demo Feb 3, 2024

Chilly Hilly Feb 25, 2024

Walla Walla Tour May 17-19, 2024

Bike Everywhere Day May 17, 2024

Winthrop Gravel Tour Jun 14-16, 2024

Seattle to Portland July 13-14, 2024

Port Townsend Tour Aug 16-18, 2024

Ride from Seattle to Vancouver & Party (RSVP) Aug 24-25, 2024

Kitsap Color Classic Oct 6, 2024

NOTE: If you have some ideas for No Leader rides you like to do send them in. I'll put them in so maybe they will work for you some nice day when you want to go for a ride.

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