

# Ride Schedule – JULY 2018

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Sun 1 \* Alki \* 10:00 AM / 33 miles** \* Tukwila, Bicentennial Park \* Alki \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. \* **No Leader**

**Mon 2 \* Group's Choice \* 10:00 AM / ~25-30 miles** \* Seattle, Gas Works Park \* Plan lunch \* Options \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \* **No Leader**

**Tue 3 \* Lincoln Park to Bremerton Loop \* 9:15 AM / 36 miles** \* West Seattle, Lincoln Park north lot \* Bremerton \* Few hills \* Moderate \* I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* NOTE: Take 9:30 ferry to Southworth, 12:20 or 1:45 ferry from Bremerton. \*

**Thu 5 \* Centennial Trail \* 10:00 AM / 25 miles** \* Snohomish, Centennial Trailhead \* **Bring Lunch** for Lake Cassidy \* Railroad Grade \* Social \* US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. \* **No Leader**

**Sat 7 \* Tukwila Community Center to IKEA \* 10:00 AM / 24 miles** \* Tukwila, Community Center \* IKEA \* Pretty flat \* Slow-Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over

Duwamish. Turn right on 124th and park in NE section of parking lot. \* **No Leader**

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sun 8 \* South Lake WA \* 10:00 AM / 35 miles** \* Kent, Three Friends Fishing Hole \* Mercer Island (bagels) \* Some hills \* Social \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

**Mon 9 \* Queen Anne / Magnolia \* 10:00 AM / ~25 miles** \* Seattle, Gas Works Park \* Post ride brewery or snack stop \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \*

**Tue 10 \* Ravensdale to Mud Mountain \* 10:00 AM / 51 miles** \* Ravensdale, Ravensdale Park \* **Bring lunch** for Mud Mtn Park \* Some hills \* Moderate \* I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. \*

**Wed 11 \* Leader's Choice \* 10:00 AM / 25-35 miles** \* West Seattle, Jack Block Public Access (Alki) \* Café \* Some hills \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \*

**Thu 12 \* Foster Park to Sumner \* 10:00 AM / 30 miles** \* Kent, Foster Park Trail Access \* Sumner \* Flat \* Social \* I-5 exit 149/149A, SR-516 east (becomes Willis St. in Kent), right on 74th Ave S, left on 259th St, one block to the parking on the right. Trailside parking for Interurban & Green River trails. \* **No Leader**

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above  
Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point  
\* NOTES: (if any) \* Leader & Phone (cell/home/work)

## Ride Schedule – JULY 2018

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**Sat 14 \* Four Corners \* 10:00 AM / ~30 miles**  
\* Renton, Cedar River Park \* Café \* Few hills \*  
Social \* I-405 northbound exit 4A (southbound  
exit 4 then south on Sunset Blvd), east on SR-  
169 for 0.2 mi, right into park, proceed into  
parking area near Carco Theater & Community  
Center. \*

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**Sun 15 \* Cedar River Trail to Maple Valley  
Grange \* 10:00 AM or 9:45 AM / ~30 miles or  
20 miles** \* Renton, Cedar River Park \* Pancake  
Brunch \* Some hills \* Moderate or Social \* I-  
405 northbound exit 4A (southbound exit 4 then  
south on Sunset Blvd), east on SR-169 for 0.2  
mi, right into park, proceed into parking area  
near Carco Theater & Community Center. \*  
NOTES: Brunch \$6.00 includes ham, eggs,  
beverage and unlimited pancakes. Social pace  
starts at 9:45 and return on trail. Leader may take  
Moderate riders on a longer return route. \*

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**Mon 16 \* Leader's Choice \* 10:00 AM / 25  
miles** \* West Seattle, Jack Block Public Access  
(Alki) \* Café \* Some hills \* Social \* I-5 exit  
163/163A, west 2.3 miles on West Seattle  
Freeway, Harbor Ave Exit north, in about 0.9  
mile turn right through the Jack Block Access  
red-top arch and meet by the restroom. \*

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**Tue 17 \* Group's Choice \* 10:00 AM / ~40  
miles** \* Renton, Cedar River Park \* Café \* Some  
hills \* Moderate \* I-405 northbound exit 4A  
(southbound exit 4 then south on Sunset Blvd),  
east on SR-169 for 0.2 mi, right into park,  
proceed into parking area near Carco Theater &  
Community Center. \* **No Leader**

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**Wed 18 \* NOAA \* 10:00 AM / 30+ miles** \*  
Seattle, Seward Park picnic shelter \* Cafeteria  
(or alternative) \* Few hills \* Social \* Seward  
Park is at Lake Washington Blvd S and South  
Juneau Street in Seattle. The picnic shelter is  
southeast of the entrance. \*

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**Thu 19 \* City Hall to Hollywood Tavern \*  
10:00 AM / 34 miles** \* Issaquah, City Hall \*  
Hollywood Tavern (corner of Redmond-  
Woodinville Rd & NE 145<sup>th</sup> St) \* Flat \* Social \*  
I-90 exit 17, south on Front Street, left on  
Sunset, first right onto 1st Ave. S. Use public  
parking near the city hall / police station. \* **No  
Leader**

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**Sat 21 \* Leader's Choice \* 10:00 AM / ~40  
miles** \* Renton, Cedar River Park \* Café \* Some  
hills \* Moderate \* I-405 northbound exit 4A  
(southbound exit 4 then south on Sunset Blvd),  
east on SR-169 for 0.2 mi, right into park,  
proceed into parking area near Carco Theater &  
Community Center. \*

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**Sun 22 \* Bicentennial to Bogey's \* 10:00 AM /  
31 miles** \* Tukwila, Bicentennial Park \* Bogey's  
Public House, Auburn G C \* Flat \* Social \* I-  
405 exit 1, south on West Valley Hwy, right on  
Strander Blvd, cross river, immediate right into  
the park. For car parking go past shelter and  
small traffic circle. \*

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**Mon 23 \* Leader's Choice \* 10:00 AM / 25-35  
miles** \* West Seattle, Jack Block Public Access  
(Alki) \* Café \* Some hills \* Social \* I-5 exit  
163/163A, west 2.3 miles on West Seattle  
Freeway, Harbor Ave Exit north, in about 0.9  
mile turn right through the Jack Block Access  
red-top arch and meet by the restroom. \* NOTE:  
Probably West Seattle Ramble. \*

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**Tue 24 \* Ravensdale to Enumclaw \* 10:00  
AM / 40 miles** \* Ravensdale, Ravensdale Park \*  
Café \* Some hills \* Moderate \* I-405  
northbound exit 4A, (southbound exit 4 then  
south on Sunset Blvd), east on SR-169 (Maple  
Valley Rd), left on Kent-Kangley Rd, right on  
272nd Ave SE. Meet by the rest rooms. \*

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**Wed 25 \* Leader's Choice \* 10:00 AM / ~30  
miles** \* Redmond, Marymoor Park (trailhead) \*  
Plan lunch \* Possible hills \* Social \* SR-520  
Lake Sammamish Way exit, follow signs to the  
park. Park in first area on the left. Car parking  
fee is \$1. \*

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**Thu 26 \* Foothills Trail to South Prairie \*  
10:00 AM / 32 miles** \* Puyallup, East  
Puyallup/Meeker Trailhead \* **Bring lunch** \*  
River grade \* Social \* From southbound SR-  
167, exit to SR-410 E, 2nd ramp to right for SR-  
162 (south toward Orting) for 0.5 miles, after  
crossing Puyallup River and take next right on  
80th St E and drive west 0.6 miles to East  
Puyallup/Meeker Trailhead on left. \* **No Leader**

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# Ride Schedule – JULY 2018

**Fri 27 \* Bellingham to Lynden (Modified Woods #64, 4<sup>th</sup> NW Ed.) \* 10:00 AM / 35 miles** \* Bellingham, Shuksan Middle School \* Lynden \* Half hilly, half flat \* Social \* I-5 exit 257, SSW on Northwest Ave. School is ¼ mile on the right at the corner of Northwest and Alderwood (2717 Alderwood Av., Bellingham) \* NOTE: By staying in Bellingham you can easily combine this with the next 2 rides. \*

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**Sat 28 \* Birch Bay to White Rock \* 9:30 AM / 45 miles** \* Blaine, Birch Bay State Park \* White Rock \* Part hilly \* Social \* I-5 exit 266, west on Grandview Rd, right on Jackson Rd, left on Helwig Rd to the park. \* NOTES: **Bring Passport** or Enhanced WA Driver License for border. **Bring Discover Pass** for State Park. \*

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**Sun 29 \* Ferndale to Lummi Island \* 9:00 AM / 25-30 miles** \* Ferndale, Pioneer Park \* **Bring Snack** for Lummi Island \* Some hills \* Social \* I-5 exit 262, head west. Cross Nooksack River, then turn left at traffic light on First Ave. Pioneer Park is at the end of the street. Park in lot. \* NOTES: **Ferry fare \$7.** \*

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**Mon 30 \* Group's Choice \* 10:00 AM / 25-30 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Plan lunch \* Options \* Social \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \* **No Leader**

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**Tue 31 \* Sumner \* 10:00 AM / 45 miles** \* Kent, Three Friends Fishing Hole \* Cafe \* Flat \* Moderate \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*



Dates	Tour Name	Leaders
11-13 Sep	Trail of the Coeur D'Alenes	B & G McLaren B & D Chace

## Notes

**Ride Scheduling:** As our number of active riders drops, the number of Group's Choice or No Leader rides has increased. Some of these have drawn a good turnout when we just have more of a certain day in the month than we have ride leader volunteers available. Please continue to lead when you want to and if no one asks you to lead, call and volunteer.

**Trail of the Coeur d'Alenes (Ride Sep 11- 13):** Bruce negotiated a rate of \$69.00 for all rooms at the Fairbridge Inn & Suites (formerly Guest House Inn) in Kellogg for the upcoming ride in September (motel nights Sept. 10-12). Phone 208-783-1234. This is significantly cheaper than the posted rate. Reservations need to be made Aug 1st to get this rate. More info later. *Bruce McLaren*. If there is interest, we can schedule an added day for riding the Hiawatha Mountain Bike Trail, contact Buff if you want to lead. The last day's ride on the Trail of the Coeur d'Alenes is shorter to give time for the drive home. *Buff*

## Other Northwest Cycling Tours

Dates	Tour Name	Leaders
Jul 14-15	STP	Cascade Bicycle Club
Jul 21	Tour de Chambers Bay	Tacoma WA Bicycle Club
Aug 17-18	RSVP	CBC
Sep 23	Kitsap Color Classic	CBC fund raiser

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