

Ride Schedule – JULY 2020

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Wed 1 * Leader's Choice * 10:00 AM / ~30 miles * Renton, Ron Regis Sports Park * **Bring food** * Some hills * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Thu 2 * Centennial Trail * 10:00 AM / 25 miles * Snohomish, Centennial Trailhead * Picnic at Lake Cassidy, **Bring food** * Railroad Grade * Social * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * **No Leader**

Sat 4 * INDEPENDENCE DAY

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to **bring food**.

Sun 5 * Landsburg * 10:00 AM / ~30 miles * Renton, Ron Regis Sports Park * , **Bring food** Plan to stop * River Grade * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Mon 6 * South Valley Ride * 10:00 AM / ~30 miles * Auburn, Brannan Park * **Bring Food** (for option) * Flat * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. * NOTE: Ride to Sumner to see the Interurban Trail extension and the new roadway on West Valley Highway. *

Tue 7 * Alki * 10:00 AM / 44 miles * Kent, Hogan Park * **Bring food** * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Wed 8 * Leader's Choice * 10:00 AM / 25 miles * Fall City, Park & Ride lot * Café or picnic, **Bring food** * Almost flat * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. *

Thu 9 * Foster Park to Sumner * 10:00 AM / 28 miles * Kent, Foster Park Trail Access * **Bring food** * Flat * Social * I-5 exit 149/149A, SR-516 east (becomes Willis St. in Kent), right on 74th Ave S, left on 259th St, one block to the park on the right. Trail head parking for Interurban & Green River trails. * **No Leader**

Sat 11 * Centennial Trail * 10:00 AM / 44 miles * Snohomish, Centennial Trailhead * Lunch in Arlington, **Bring food** * Railroad Grade * Social * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * NOTE: Option to turn around at mile 15 and eat at Lake Cassidy for a shorter ride *

Sun 12 * Bogey's * 10:00 AM / 30 miles * Tukwila, Community Center * Auburn Golf Course (**Bring Food** as backup) * Mostly flat * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Mon 13 * Leader's Choice * 10:00 AM / ~30 miles * Tukwila, Community Center * **Bring Food** * Fairly flat * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * Leader & Phone (cell/home/work)

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Tue 14 * North Bend * 10:00 AM / 37 miles *
Carnation, Tolt-MacDonald Park * **Bring Food**
* Several hills * Moderate * I-90 exit 22,
Preston-Fall City Road north to Fall City, cross
bridge, left on SR-203 to Carnation, cross Tolt
River, drive 0.4 miles then left on NE 40th St to
park. *

Wed 15 * Sunfish * 10:00 AM / 25-30 miles *
Tukwila, Bicentennial Park * Sunfish, Alki?
Bring Food as back up for beach picnic * Flat *
Social * I-405 exit 1, south on West Valley Hwy,
right on Strander Blvd, cross river, immediate right
into the park. Meet in car parking, past shelter, and
small traffic circle. *

Thu 16 * City Hall to near Hollywood Tavern
*** 10:00 AM / 34 miles * Issaquah, City Hall *
Bring food * Flat * Social * I-90 exit 17, south**
on Front Street, left on Sunset, first right onto 1st
Ave. S. Use public parking near the city hall /
police station. If parking is full, park elsewhere
and bike to start. * **No Leader**

Sat 18 * Ravensdale to Enumclaw * 10:00 AM
**/ 41 miles * Ravensdale, Ravensdale Park *
Bring lunch** for park * Some hills * Moderate *
I-405 northbound exit 4A, (southbound exit 4
then south on Sunset Blvd), east on SR-169
(Maple Valley Rd), left on Kent-Kangley Rd,
right on 272nd Ave SE. Meet by the rest rooms.
*

Sun 19 * Cedar River Trail to Maple Valley
Grange * 10:00 AM or 9:45 AM / ~30 miles or
20 miles * Renton, Cedar River Park * Pancake
Brunch (Bring Food as backup) * Some hills *
Moderate or Social * I-405 northbound exit 4A
(southbound exit 4 then south on Sunset Blvd),
east on SR-169 for 0.2 mi, right into park,
proceed into parking area near Carco Theater &
Community Center. * NOTE: Brunch \$6.00
includes ham, eggs, beverage, and unlimited
pancakes. Social pace starts at 9:45 and return on
trail. Leader may take Moderate riders on a
longer return route. **If Grange is not available**
an alternate ride will be suggested. *

Mon 20 * Group's Choice * 10:00 AM / ~25
miles * Mercer Island, Lid Park top lot * Some
hills * Bring Food * Social * Eastbound: I-90
exit 6, left on Mercer Way, then right onto 72nd
Av (by Roanoke Inn), turn right into parking lot
before bridge. Westbound: I-90 exit 7, follow
Mercer Way, left onto 72nd Av (by Roanoke
Inn), turn right into parking lot before bridge. (If
parking not available there park south of the trail
on SE 22nd St and meet at start point.) * **No**
Leader

Tue 21 * Leader's Choice * 10:00 AM / 40
miles * Renton, Cedar River Park * Bring food
* Some hills * Moderate * I-405 northbound exit
4A (southbound exit 4 then south on Sunset
Blvd), east on SR-169 for 0.2 mi, right into park,
proceed into parking area near Carco Theater &
Community Center. *

Wed 22 * Centennial Trail * 10:00 AM / ~25-
**30 miles * Snohomish, Centennial Trailhead *
Bring food** for picnic * Railroad grade * Social
* US-2/SR-9 to Snohomish, east on 2nd Ave, left
on Maple, 4 blocks to trail. Park on Maple near
intersection with Pine. * NOTE: Hoping for
restroom to be open *

Thu 23 * Foothills Trail to South Prairie *
10:00 AM / 32 miles * Puyallup, East
Puyallup/Meeker Trailhead * **Bring food** * River
grade * Social * From southbound SR-167, exit
to SR-410 E, 2nd ramp to right for SR-162
(south toward Orting) for 0.5 miles, after
crossing Puyallup River and take next right on
80th St E and drive west 0.6 miles to East
Puyallup/Meeker Trailhead on left. * **No Leader**

Sat-Tue 25-28 * CANCELLED Oregon Ride

Sat 25 * Port Orchard * 9:40 AM / 29 miles *
West Seattle, Lincoln Park North Lot * Lunch in
Port Orchard **Bring Food** just in case. * Some
hills * Social * I-5 exit 163/163A, west on West
Seattle Freeway, continue Fauntleroy Way SW
as Freeway ends. Parking lot is in the 8200 block
of Fauntleroy Way. * NOTE: Take the 9:55 ferry
to Southworth. *

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Sun 26 * Madison Park * 10:00 AM / ~30 miles * Kent, Three Friends Fishing Hole * **Bring food** * Some hills * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Tue 28 * Leader's Choice * 10:00 AM / ~30 miles * Kent, Three Friends Fishing Hole * **Bring food** * Mostly flat * Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. * **Chace (c) 206-484-9372**

Wed 29 * Flaming Geyser * 10:00 AM / 30 miles * Auburn, Brannan Park * **Bring food** * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. *

Thu 30 * Ron Regis to Landsburg * 10:00 AM / 24 miles * Renton, Ron Regis Sports Park * **Bring lunch** for Landsburg park * River grade with some packed gravel * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. * **No Leader**



Dates	Tour Name	Leaders
15-17 Sept	Trail of the Coeur d'Alenes	McLarens & Chaces

Notes

Oregon Ride: John Neller cancelled this ride as of June 10 because the train that the ride was planned around is not available.

Bring Food: This is added to each ride as availability of food is unsure at the time these rides are scheduled. Carry enough to keep you fueled for the rest of the planned ride.

Restrooms: Might be open or not.

No August Picnic: The Chaces will take a virus check on the annual picnic-meeting this year.

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