

Ride Schedule – JULY 2021



WEATHER or OTHER SCHEDULE CHANGE: If you think you may ride a particular day, contact the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, contact the leader to see if the ride will happen.

Thu 1 * Lake Cassidy on Centennial Trail * 10:00 AM / 25 miles * Snohomish, Centennial Trailhead * **Bring Lunch** for Lake Cassidy * Railroad Grade * Social * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * **No Leader**

Sat 3 * Flaming Geyser * 10:00 AM / 30 miles * Auburn, Brannan Park * Stop at Green Valley Meats for snack * River grade * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. *

Sun 4 * Independence Day at Bogey's * 10:00 AM / 30 miles * Tukwila, Bicentennial Park * Bogey's * Nearly flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. * **NOTE:** Hope to eat outside at Bogey's. Bring a snack in case this doesn't work. *

Mon 5 * Queen Anne & Magnolia * 10:00 AM / 25 miles * Seattle, Gas Works Park * Bring snacks for breaks * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * **NOTE:** All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Tue 6 * Mercer Lid to Marymoor * 10:00 AM / 38 miles * Mercer Island, Lid Park top lot * Marymoor Park * Hills * Moderate * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) *

Wed 7 * Alki * 10:00 AM / ~25 miles * Tukwila, Community Center * Sunfish or bring to eat on beach * Fairly flat * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Thu 8 * Foster Park to Sumner * 10:00 AM / 28 miles * Kent, Foster Park Trail Access * Sumner * Flat * Social * I-5 exit 149/149A, SR-516 east (becomes Willis St. in Kent), right on 74th Ave S, left on 259th St, one block to the park on the right. Trail head parking for Interurban & Green River trails. * **No Leader**

Sat 10 * Ravensdale to Enumclaw * 10:00 AM / 41 miles * Ravensdale, Ravensdale Park * **Bring lunch** for park * Some hills * Moderate * I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kanglely Rd, right on 272nd Ave SE. Meet by the rest rooms. *

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sun 11 * South Lake WA * 10:00 AM / 26 miles * Renton, Memorial Stadium * Lunch or snack * Few hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

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Mon 12 * Iron Horse Trail through Hyak Tunnel * 10:00 AM / ~35 miles * I-90 Exit 38, Iron Horse Trail * **Bring lunch** for one of those stump lake picnic sites* Railroad grade * Social * Eastbound I-90 exit 38, turn right and go 0.1 mile. Where paved road bends left (east) turn right up gravel road to State fee parking lot. Or park along the road and bike-hike to start. * NOTE: Bring lights for tunnel. *

Tue 13 * Mud Mountain Dam Park * 9:00 AM / 53 miles * Auburn, Auburn Community and Event Center * **Bring lunch** * Part hilly (1800' gain) * Moderate * Eastbound on SR-18, exit to SR-164 (Auburn Way S) turning right at the exit stoplight; turn right on fourth St; Turn right on F St; left on 8th St, cross H and turn right into the parking lot beyond. Park north of the center complex. * NOTE
<https://ridewithgps.com/routes/36352170>

Wed 14 * Lake Forest Park * 10:00 AM / 26 miles * Redmond, Marymoor Park (trailhead) * **Bring Food** & buy coffee at Starbucks * Flat * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Thu 15 * Hollywood Tavern * 10:00 AM / 36 miles * Issaquah, City Hall * Tavern, if open, otherwise nearby * Few hills * Social * I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. If parking is full, park elsewhere and bike to start. * **No Leader**

Sat 17 * Café Europa * 10:00 AM / ~40 miles * Kent, Hogan Park * Café * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. * **Hal Redd (c) 206-406-8518 / (h) 204-406-8518**

Sun 18 * Sumner * 10:00 AM / ~30 miles * Kent, Hogan Park * Lunch at River's Edge Café, next to cannery * Flat * Social * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Mon 19 * Flaming Geyser * 10:00 AM / 30 miles * Auburn, Brannan Park * Stop at Green Valley Meats for snack * River grade * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. *

Tue 20 * Leader's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * **Bring lunch** * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 21 * Carnation * 10:00 AM / ~25 Miles * Fall City, Park & Ride lot * **Bring lunch** with option for coffee. * Nearly flat * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. *

Thu 22 * South Prairie * 10:00 AM / 32 miles * Puyallup, East Puyallup/Meeker Trailhead * River grade * One of stands or bring * Social * From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, After crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. * **No Leader**

Sat 24 * Loop Lake Sammamish * 10:00 AM / ~25 miles * Issaquah, near Gerks * Starbucks in Redmond * Some hills * Social * Lot between Starbucks and Lowe's near Gerks Bike Shop, 1485 11th Ave NW. From the intersection of SR-900 and NW Sammamish Rd go east on 12th Ave NW. After curves and zigs it turns south and becomes 11th Ave NW. *

Sun 25 * Renton To Lake Wilderness * 10:00 AM / 25 miles * Renton, Ron Regis Sports Park * **Bring light lunch or snack** for Lake Wilderness * Few hills * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. * NOTES: Dessert and socializing offered at the end of the ride at Maas House. We will bike the trail to Lake Wilderness, come back on the trail, get our cars and go up the hill for

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dessert. You may also come after the ride about 1:30 PM. If longer hillier ride is desired, option to start at Maas House. *



Mon 26 * South Lake WA * 10:00 AM / 25 miles * Mercer Island, Lid Park top lot *
 Optional * Some hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) * **No Leader**

Tue 27 * Chinook Pass * 9:30 AM / 35 miles * Enumclaw, Crystal Mountain Resort B parking lot * **Bring Food** for Chinook Pass * Uplifting climb * Moderate * SR-410 SE to intersection with Crystal Mountain Blvd (NF-7166), turn left toward Crystal Mountain, drive ~6 miles to B Lot on right. *

Wed 28 * CCW South Lake WA * 10:00 AM / ~27 miles * Renton, Cedar River Park * **Bring Food** * Some hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTE: Ride north to Mercer Island, Seward Park, South on Rainier Ave. * **No Leader**

Thu 29 * Landsburg * 10:00 AM / ~26 miles * Renton, Ron Regis Sports Park * **Bring food** for picnic * River grade (partly unpaved trail) * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. * **No Leader**

Sat 31 * SR-520 Bridge * 10:00 AM / ~35 miles * Renton, Memorial Stadium * Plan lunch * Some hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Dates	Tour Name	Leaders
Sept 14-16	20 th Trail of the Coeur d'Alenes	McLaren & Chace

Notes

20th Annual Trail of the Coeur D'Alenes:
 Bruce McLaren negotiated a rate of \$78 (all rooms). Make your reservations prior to 15 August for September 13, 14, & 15th. FairBridge Inn & Suites, 601 Bunker Ave, Kellogg, ID 83837 • (208) 783-1234

The Kellogg ride descriptions: **Motel (Tue & Thur) & Medimont Trail head (Wed) * Bring lunch** for Tue, **bring or buy** Wed * Railroad grade * Social pace or your pace. * The trail follows the Coeur d'Alene River and the shore of Coeur d'Alene Lake. 71.4 miles of flat paved trail except as noted.

Tues. start at the motel at 8:30 (MP 53.1) and ride to Medimont trailhead (MP 25.8) and back, flat. 54.6 miles or less if you want

Wed. Drive to Medimont trailhead, allowing about 40 minutes (MP 25.8) start riding 9:10 on ride thru Harrison, along the lake, across the bridge and uphill (500ft) to Plummer (MP 0) and back. 51.4 miles or less if you want to just hang around Harrison.

Thur. Ride from motel, start at 8:00 (MP 53.1) along the river (and I-90) to Mullan (MP 71.4) and back, upriver grade, a 1000 ft climb. 36.6 miles round trip. Leave for home mid-day. Motel has 11:00AM checkout time so showers may require a specific arrangement.

Since each day is an out and back on the trail, if you want a shorter ride, any day, turn around sooner.

Reminder: After missing last year, the annual club picnic will be back at Chace's on Saturday Aug 7th in modified form. It will be bring your own lunch. Some individual serving beverages will be available.

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