

RIDE SCHEDULE - JUNE 2016

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Wed 1 * Issaquah City Hall to Redmond Pub * 10:00 AM / 30+? Miles * Issaquah, City Hall * Redmond Pub * Few hills * Social * I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. *

Thu 2 * Oxbow to IKEA * 10:00 AM / 24 miles * Seattle, Boeing Oxbow Lot * IKEA * Pretty flat * Social * I-5 exit 158, west on Boeing Access Rd, north on Marginal Way 0.3 mile, left at traffic signal on S 102nd St over the Oxbow bridge, turn left at end of bridge to park at south end of lot near Recreation Bldg. * **No Leader**

Sat 4 * Three Friends to Mioposto * 10:00 AM / ~30 miles * Kent, Three Friends Fishing Hole * Mioposto in Mt. Baker area * Some hills * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Sun 5 * Marymoor to Maltby * 10:00 AM / 27 miles * Redmond, Marymoor Park (trailhead) * Café in Woodinville * Some hills * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Mon 6 * Leader's Choice * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Plan lunch * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Tue 7 * Black Diamond * 10:00 AM / ~50 miles * Renton, Cedar River Park * Black Diamond Bakery * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 8 * Tukwila to Alki * 10:00 AM / ~30 miles * Tukwila, Bicentennial Park * Alki * Few hills * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. *

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Thu 9 * Brannan Park to Flaming Geyser SP * 10:00 AM / 30 miles * Auburn, Brannan Park * **Bring lunch** * Slight grade * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. * **No Leader**

Sat 11 * Ravensdale to Enumclaw * 10:00 AM / 41 miles * Ravensdale Park * **Bring lunch** for park in Enumclaw * Some hills * Moderate * I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. *

Sun 12 * Oxbow to Auburn * 10:00 AM / ~35 miles * Seattle, Boeing Oxbow Lot * Cafe * Possible hill * Social * I-5 exit 158, west on Boeing Access Rd, north on Marginal Way 0.3 mile, left at traffic signal on S 102nd St over the Oxbow bridge, turn left at end of bridge to park at south end of lot near Recreation Bldg. *

Mon 13 * Six Strawberries * 10:00 AM / 25 miles * West Seattle, Jack Block Public Access (Alki) * Plan lunch * Few hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. * NOTE: Six Strawberries at Equinox Studios and Seattle Design Center *

Tue 14 * Lincoln Park to Gig Harbor (Woods #94) * 9:15 AM / 39 miles * West Seattle, Lincoln Park North Lot * Café * Several hills * Moderate * I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. * NOTE: Take 9:30 ferry to Southworth *

Wed 15 * Lincoln Park to Port Orchard (Woods # 44) * 9:15 AM / 29 miles * West Seattle, Lincoln Park North Lot * Lunch in Port Orchard * Some hills * Social * I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. * NOTE: Take the 9:30 Ferry to Southworth. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * **Leader & Phone (cell/home/work)**

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Thu 16 * Marymoor to Lake Forest Park * 10:00 AM / 26 miles * Redmond, Marymoor Park (trailhead) * Third Place Books * Flat * Slow * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. * **No Leader**

Sat 18 * Hogan Park to Tacoma to Vashon * 9:00 AM / 65 miles * Kent, Hogan Park (former Russell Road Park) * **Bring lunch** to eat on Tahlequah ferry * Flat with some hilly * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Sun 19 * Cedar River Trail to Maple Valley Grange * 10:00 AM or 9:45 AM / ~30 miles or 20 miles * Renton, Cedar River Park * Pancake Brunch * Some hills * Moderate or Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTES: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace start at 9:45 and return on trail. Leader will take Moderate riders on a longer route. *

Mon 20 * Woodinville via portions of Cross Kirkland Corridor * 10:00 AM / ~30 miles * Kirkland, Houghton Park & Ride * Dine out * Moderate hills * Social * I-405 northbound: exit 17, use right lane, right on 116th, left into park and ride lot. I-405 southbound: exit 17, use right lane, right turn and then up and over I-405, right on 116th, 2 blocks south, then left into park and ride lot. *

Tue 21 * Fall City to Duvall * 10:00 AM / 40 miles * Fall City, Park & Ride lot * Duvall * Few hills * Moderate * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. *

Wed 22 * Leader's Choice * 10:00 AM / 35 miles * Tukwila, Community Center * Buy lunch * Mostly flat * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Thu 23 * Bicentennial Park to Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Flat * Slow * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

Sat 25 * Leader's Choice * 10:00 AM / ~30 miles * Redmond, Marymoor Park (trailhead) * Plan lunch * Some hills * Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. *

Sun 26 * Marymoor Free Lot to Log Boom * 10:00 AM / ~28 miles * Redmond, Marymoor Park (east lot) * Red Hook * Flat * Social-Slow * SR-520 Lake Sammamish Way exit, follow signs to the park. Meet in the free lot just west of the eastern park entrance. *

Mon 27 * Riding North * 10:00 AM / ~25 miles * Mountlake Terrace, Ballinger Lake Community Clubhouse and Playfields * Mall Food Court * Some short hills * Social * I-5 take exit 177 ("Hwy 104/Ballinger Way"); go west (as if to Edmonds); turn north on 76th at the light and then east on 228th which curves and the parking is on the right. Address: 23000 Lakeview Dr, Mountlake Terrace, WA 98043. Park in the north area of the large paved parking lot for the Community Clubhouse. * NOTE: If you are coming from the Eastside, you can come up Ballinger Way / Highway 104, or take 405 and get on I-5 going south. *

Tue 28 * Leaders Choice * 10:00 AM / ~35 miles * Kent, Hogan Park (former Russell Road Park) * Café * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Wed 29 * Leader's Choice * 10:00 AM / ~30 miles * Kenmore, Log Boom Park (Tracy Owen Station) * Café * Possible hill * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) *

Thu 30 * Snohomish to Lake Cassidy * 10:00 AM / 25 miles * Snohomish, Centennial Trail * **Bring lunch** for Lake Cassidy * Railroad grade * Slow * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * **No Leader**



Dates	Tour Name	Leaders
July ~9-10	Bellingham Rides	Lonna Kooyers & Chuck Hilsinger
Sep 13-15, 2016	Trail of the Coeur d'Alenes	Bruce & Gerry McLaren

Notes

Green River Levee: This year they are working on the section between the Neely-Soames Homestead and Meeker St. Thus this part of the Green River Trail is closed. You can bypass it on either the Frager side of the river or on the east side roads.

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Other Northwest Cycling Tours

Dates	Tour Name	Leaders
Jun 4	Flying Wheels Summer Century	Cascade (CBC)
Jun 11	Lake to Lake Ride	Bellevue WA Gov.
Jun 25	Tour de Pierce Bicycle Ride	Pierce County WA Gov.

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June 2016