

# RIDE SCHEDULE - JUNE 2017

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Thu 1 \* Tukwila Community Center to New IKEA \* 10:00 AM / 24 miles** \* Tukwila, Community Center \* IKEA \* Pretty flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \* **No Leader**

**Fri 2 \* Flat Friday \* 10:00 AM / 26 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Panera Bread in Redmond \* Flat \* Slow & Easy \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \*

**Sat 3 \* Hogan Park to Tacoma to Vashon \* 9:00 AM / 65 miles** \* Kent, Hogan Park (former Russell Road Park) \* **Bring lunch** to eat on Tahlequah ferry \* Flat with some hilly \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

**Sun 4 \* Bicentennial to Auburn \* 10:00 AM / 31 miles** \* Tukwila, Bicentennial Park \* Bogey's Public House \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. \*

**Mon 5 \* Jack Block to IKEA \* 10:00 AM / 33 miles** \* West Seattle, Jack Block Public Access (Alki) \* IKEA \* Nearly flat \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \*

**Tue 6 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Orting, Orting City Park \* Café \* Some hills \* Moderate \* SR-410 Sumner, SR-162 (Valley Ave) south to Orting, right on Calistoga, left on Van Scoyoc. Park at the southern end of the park. \*

**Wed 7 \* Snohomish North \* 10:00 AM / 30 miles** \* Snohomish, Centennial Trailhead \* **Bring lunch** \* Railroad grade \* Slow \* US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. \*

**Thu 8 \* Brannan Park to Flaming Geyser SP \* 10:00 AM / 30 miles** \* Auburn, Brannan Park \* **Bring lunch** \* Slight grade \* Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \* **No Leader**

**Fri 9 \* Flat Friday \* 10:00 AM / 26 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Panera Bread in Redmond \* Flat \* Slow & Easy \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sat-Sun 10-11 \* Grant County Overnight \* 8:30 AM / 54 miles daily** \* Saturday start George WA, Park & Pool lot in front of Union 76 station / Sunday start **7:30 AM** in front of Moses Lake Perkins Café \* Pot Holes picnic (food available near the park) / Quincy Park picnic (food available in Quincy) \* Mostly flat \* Ride at your own pace (route sheet provided) \* I-90 exit 149, right to lot on north side of BP service station. \* NOTES: Moses Lake (Oasis Motel @ 800-456-0708; Quality Inn @ 509-765-8886; Motel 6 @ 800-466-8356). The ride is led at a social to moderate pace, you may ride faster or slower. Sunday, we plan an all paved route. Jody plans to sag overnight stuff. \*

**Sat 10 \* Leader's Choice \* 10:00 AM / ~25 miles** \* Fall City, Park & Ride lot \* Stop for a snack or lunch \* Some hills \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. \* NOTE: Destination might be North Bend \*

**Sun 11 \* Group's Choice \* 10:00 AM / ~25 miles** \* Mercer Island, Luther Burbank Park \* Plan lunch \* Few hills \* Social \* I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. \* **No Leader**

**Mon 12 \* Sculpture Park & more \* 10:00 AM / 20 miles** \* Seattle, Gas Works Park \* Café \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \*

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* **Leader & Phone (cell/home/work)**

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**Tue 13 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Renton, Cedar River Park \* Café \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

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**Wed 14 \* Cedar River Park to Landsburg \* 10:00 AM / ~28 miles** \* Renton, Cedar River Park \* Four Corners \* Few hills \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

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**Thu 15 \* Marymoor to Lake Forest Park \* 10:00 AM / 25 miles** \* Redmond, Marymoor Park (trailhead) \* Third Place Books \* Flat \* Slow \* SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. \* **No Leader**

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**Fri 16 \* Flat Friday \* 10:00 AM / 26 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Panera Bread in Redmond \* Flat \* Slow & Easy \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \*

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**Sat 17 \* Ravensdale to Enumclaw \* 10:00 AM / 41 miles** \* Ravensdale, Ravensdale Park \* **Bring lunch** for park \* Some hills \* Moderate \* I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. \*

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**Sun 18 \* Cedar River Trail to Maple Valley Grange \* 10:00 AM or 9:45 AM / ~30 miles or 20 miles** \* Renton, Cedar River Park \* Pancake Brunch \* Some hills \* Moderate or Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \* NOTES: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace start at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. \*

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**Mon 19 \* Duvall Tavern \* 10:00 / 33 miles** \* Fall City, Park & Ride lot \* Tavern \* Mostly flat \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. \*

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**Tue 20 \* Carnation to North Bend \* 10:00 AM / ~40 miles** \* Carnation, Tolt-MacDonald Park \* Café \* One serious hill \* Moderate \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross bridge, left on SR-203 to Carnation, cross Tolt River, drive 0.4 miles then left on NE 40th St to park. \*

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**Wed 21 \* Ravensdale to Enumclaw \* 10:00 AM / 35 - 41 miles** \* Ravensdale, Ravensdale Park \* **Bring lunch** for park or buy \* Some hills \* Moderate \* I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. \*

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**Thu 22 \* Bicentennial Park to Alki \* 10:00 AM / 33 miles** \* Tukwila, Bicentennial Park \* Alki \* Flat \* Slow \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. \* **No Leader**

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**Fri 23 \* Flat Friday \* 10:00 AM / 26 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Panera Bread in Redmond \* Flat \* Slow & Easy \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \*

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**Sat 24 \* Lewis County Ride \* 8:30 AM / ~40 miles** \* Chehalis, Stan Hedwall Park \* **Bring Lunch** \* Some hills \* Social \* I-5 exit 76, west on Rice Rd 0.3 miles to Park on right. Try to park near the picnic shelter. \*

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**Sun 25 \* Redmond \* 10:00 AM / 25-30 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Café \* One hill \* Social \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \*

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**Mon 26 \* Leader's Choice \* 10:00 AM / 30 miles** \* West Seattle, Jack Block Public Access (Alki) \* Café \* Some hills \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \*

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**Tue 27 \* Lincoln Park to Bremerton Loop \* 9:15 AM / 36 miles** \* West Seattle, Lincoln Park north lot \* Bremerton \* Few hills \* Moderate \* I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* NOTE: Take 9:30 ferry to Southworth, 12:20 or 1:45 ferry from Bremerton. \*

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**Wed 28 \* Si View to Olallie SP \* 10:00 AM / 25 miles** \* North Bend, Si View Community Center / Park \* **Bring lunch** \* Mostly gentle \* Social \* I-90 exit 31, NE on Bendigo (a.k.a North Bend Blvd), cross South Fork Snoqualmie River, right on Park St, right on Healy Ave to 400 Southeast Orchard Drive, North Bend, WA 98045. \*

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**Thu 29 \* Snohomish to Lake Cassidy \* 10:00 AM / 25 miles** \* Snohomish, Centennial Trailhead \* **Bring lunch** for Lake Cassidy \* Railroad grade \* Slow \* US-2/SR-9 to Snohomish,

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June 2017

# RIDE SCHEDULE - JUNE 2017

east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. \* **No Leader**

**Fri 30 \* Flat Friday \* 10:00 AM / 26 miles \* Kenmore, Log Boom Park (Tracy Owen Station) \* Panera Bread in Redmond \* Flat \* Slow & Easy \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.)**  
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for BEBC. Reservations need to be made no later than 21 days ahead of 28 Aug to get this rate. The ride dates are 29, 30 & 31 = Tue. - Thur. More info later. Bruce McLaren. The last day's ride is shorter to give time for the drive home. Buff

**SR-520 for Bikes:** The west end connections are due to open in the fall of this year. A fact sheet is available: [BikePed factsheet.pdf](#)

**Ride a Bike for Less Cancer:** Read & enjoy -- <http://www.bbc.com/news/health-39641122>

**Cycling in the America's Cup:** How to up the game of the grinders--[Cyclists on NZ Boat](#)

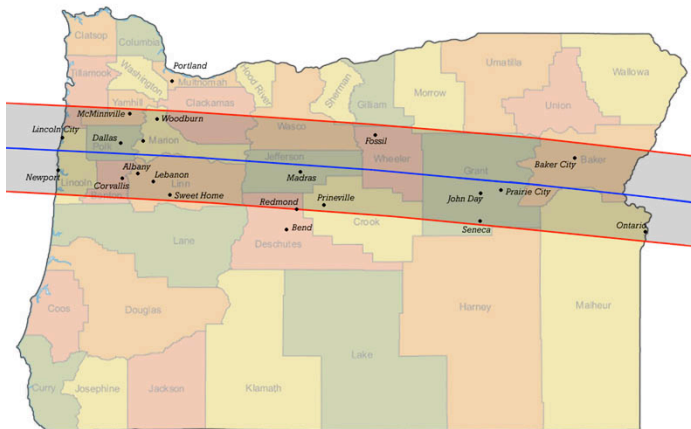
## Other Northwest Cycling Tours

Dates	Tour Name	Leaders
21-22 Aug	Total Solar Eclipse & Covered Bridges Albany	Kay Evey 206-763-0435 Chaces 206-824-3369
29-31 Aug	Trail of the Coeur d'Alenes	McLaren 425-746-1275 & Chace 206-824-3369

Dates	Tour Name	Leaders
May 19	F5 Bike Everywhere Day!	Cascade
May 28	Emerald Bike Ride (SR-520 & I-90with freeway lane closures)	Kaiser w/ Cascade
Jun 15-16	STP	Cascade
Jun 17	Tour de Blast	Longview Rotary fund raiser

## Notes

**Total Solar Eclipse and Covered Bridges:** The solar eclipse will be total in Albany Oregon with the partial phase starting at 9:05 AM and the 2 minutes of total eclipse (map follows) starting at 10:17 AM on 21 August 2017. Most will drive down on Sunday for the rides on Monday and Tuesday. The drive home might be either Tuesday evening or an easier Wednesday morning. (This ride was listed starting in October 2016. Getting reservations now might be difficult.)



Path of Total Solar Eclipse

### Trail of the Coeur d'Alenes (Ride Aug 29-31):

Bruce negotiated a rate of \$89.00 for a single or double room (King or 2Q) at the Fairbridge Inn & Suites (formerly Guest House Inn) in Kellogg for the upcoming ride in August (motel nights 28, 29, & 30). Phone 208-783-1234. This is significantly cheaper than the posted rate. A block of 10 rooms is set-aside

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