

Ride Schedule – JUNE 2018

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Sat 2 * Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

Sun 3 * North Lake WA Clockwise * 10:00 AM / ~33 miles * Seattle, Matthews Beach Park * Kirkland, Metropolitan Market * Couple of hills * Social * I-5 exit 169, east on NE 45th St, left on Sand Point Way, right on 93rd St to the park. * NOTE: This ride uses the SR-520 Bridge and is 95% on trails. * **Ron & Kathleen Witte**

Mon 4 * Two Bridges * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Café * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. * **Bill Lemke**

Tue 5 * Leader's Choice * 10:00 AM / ~40 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * **Bruce Weeks**

Wed 6 * Uwajimaya International District * 10:00 AM / 30 miles * Renton, Cedar River Park * Food Court * Few hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * **Marge Zieske**

Thu 7 * Tukwila Community Center to IKEA * 10:00 AM / 24 miles * Tukwila, Community Center * IKEA * Pretty flat * Slow-Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. * **No Leader**

Sat 9 * Leader's Choice * 10:00 AM / 25 miles * West Seattle, Jack Block Public Access (Alki) * Café * Some hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. * **Chuck Hilsinger**

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sun 10 * Bicentennial to Bogey's * 10:00 AM / 31 miles * Tukwila, Bicentennial Park * Bogey's Public House, Auburn G C * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **Kay Evey**

Mon 11 * Leader's Choice * 10:00 AM / ~30 miles * West Seattle, Jack Block Public Access (Alki) * Café * Possible hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. * **Kay Evey**

Tue 12 * Leader's Choice * 10:00 AM / ~40 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above
Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point
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Wed 13 * Snoqualmie Valley Trail * 10:00 AM / 25+ miles * Fall City, Park & Ride lot * North Bend * Few hills & RR grade * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. * **Pete & Hannelore Maas**

Thu 14 * Brannan Park to Flaming Geyser SP * 10:00 AM / 30 miles * Auburn, Brannan Park * **Bring lunch** * Slight grade * Slow-Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. * **No Leader**

Sat 16 * Ravensdale to Enumclaw * 10:00 AM / 41 miles * Ravensdale, Ravensdale Park * **Bring lunch** for park * Some hills * Moderate * I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. * **Bruce Weeks**

Sun 17 * Cedar River Trail to Maple Valley Grange * 10:00 AM or 9:45 AM / ~30 miles or 20 miles * Renton, Cedar River Park * Pancake Brunch * Some hills * Moderate or Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTES: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace starts at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. * **Gordon Hesse**

Mon 18 * Sounder Ride * 12:00 Noon / 35 miles * Tukwila, Bicentennial Park * Coffee stop Puyallup * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * NOTE: Ride south and return on train. (Fare is \$2 for seniors and \$4 for others.) Tandems and recumbent bikes not allowed on train. * **John Neller**

Tue 19 * Ballard * 10:00 AM / 47 miles * Kent, Three Friends Fishing Hole * Café * Few hills * Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings

left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. * **Buff Chace**

Wed 20 * Golden Gardens / Ballard Locks * 10:00 AM / 30 miles * West Seattle, Jack Block Public Access (Alki) * **Bring Picnic Lunch** * Few hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. * **Kay Evey**

Thu 21 * Marymoor to Lake Forest Park * 10:00 AM / 26 miles * Redmond, Marymoor Park (trailhead) * Third Place Books * Flat * Slow-Social * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. * **No Leader**

Sat 23 * Lincoln Park to Port Orchard (Woods # 44) * 9:30 AM / 29 miles * West Seattle, Lincoln Park North Lot * Lunch in Port Orchard * Some hills * Social * I-5 exit 163/163A, west on West Seattle Freeway, continue on Fautleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fautleroy Way. * NOTE: Take the 9:45 ferry to Southworth. * **Lonna Kooyers**

Sun 24 * Madison Park * 10:00 AM / ~35 miles * Kent, Three Friends Fishing Hole * Probably Starbucks * Several hills * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. * **Buff Chace**

Mon 25 * Leaders Choice * 10:00 AM / 25 miles * West Seattle, Jack Block Public Access (Alki) * Buy lunch * Some hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. * **Chuck Hilsinger**

Tue 26 * Hogan Park to Tacoma to Vashon * 9:00 AM / 65 miles * Kent, Hogan Park (former Russell Road Park) * **Bring lunch** to eat on Tahlequah ferry * Flat with some hilly *

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Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. * **Hal Redd**

Wed 27 * Centennial Trail * 10:00 AM / 25 miles * Snohomish, Centennial Trailhead * **Bring Lunch** for Lake Cassidy * Railroad Grade * Social * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * **Lonna Kooyers**

Thu 28 * Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Flat * Slow-Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

Sat 30 * Iron Horse Trail through Hyak Tunnel * 10:00 AM / ~35 miles * I-90 Exit 38, Iron Horse Trail * **Bring lunch** for one of those stump lake picnic sites* Railroad grade * Social * Eastbound I-90 exit 38, turn right and go 0.1 mile. Where paved road bends left (east) turn right up gravel road to State fee parking lot. Or park along the road and bike-hike to start. * NOTE: Iron Horse Trail up and group choice of back on trail or back roads past Denny Creek & I-90 return. Bring lights for tunnel. * **Gordon Hesse**



Dates	Tour Name	Leaders
27-29 Jul	Bellingham Lummi Island	Lonna Kooyers Chuck Hilsinger
11-13 Sep	Trail of the Coeur D'Alenes	B & G McLaren B & D Chace

Notes

Bellingham & Lummi Island: Plans are to ride to Lynden (July 27th), White Rock B.C. (July 28th, need document to get across border), and Lummi (July 29th, plan to carry some lunch). NOTE THIS IS A

CHANGE FROM THE DATES IN THE MAY SCHEDULE.

Trail of the Coeur d'Alenes (Ride Sep 11- 13): Bruce negotiated a rate of \$69.00 for all rooms at the Fairbridge Inn & Suites (formerly Guest House Inn) in Kellogg for the upcoming ride in September (motel nights Sept. 10-12). Phone 208-783-1234. This is significantly cheaper than the posted rate. Reservations need to be made Aug 1st to get this rate. More info later. *Bruce McLaren*. If there is interest, we can schedule an added day for riding the Hiawatha Mountain Bike Trail, contact Buff if you want to lead. The last day's ride on the Trail of the Coeur d'Alenes is shorter to give time for the drive home. *Buff*

Slow-Social: Bruce McLaren defines this as 10-12 mph on the level, for the Thursday rides. Buff didn't add it to the schedule footer.

August BEBC Meeting and Picnic: Saturday, August 25 at Chaces'.

Interurban Trail Closure in Kent: Signs are in place (S 228th St to S 212th St) indicating that the trail will be closed May 9 thru June 16th. A detour is planned. John Neller relayed an email from Mel Roberts saying it was due to installing utilities under the trail.

Bicycle Sundays Seattle: June 3, 17, and 24, 2018, Lake Washington Boulevard closed to vehicular traffic from 10 a.m. to 6 p.m. between Mount Baker Beach and Seward Park. See [2018 Bicycle Sundays](#)

Other Northwest Cycling Tours

Dates	Tour Name	Leaders
June 2	Flying Wheels Summer Century—Snoqualmie Valley	Cascade Bicycle Club
June 10	Peninsula Metric Century	Tacoma Wheelmen
June 12	Woodinville Wine Ride	CBC
July 14	Seattle To Portland	CBC

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