

# Ride Schedule – June 2021



WEATHER or OTHER SCHEDULE CHANGE: If you think you may ride a particular day, email the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, call the leader to see if the ride will happen.

**Tue 1 \* Lincoln Park to Gig Harbor (Woods #94) \* 8:55 AM / 39 miles \* West Seattle, Lincoln Park North Lot \* Bring Food \* Several hills \* Moderate \* I-5 exit 163/163A, west on West Seattle Freeway, continue Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* NOTE: Take 9:10 ferry to Southworth \***

**Wed 2 \* Foster Park \* 10:00 AM / ~25 miles \* Tukwila, Community Center \* Bring Food \* Flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \***

**Thu 3 \* IKEA area \* 10:00 AM / ~24 miles \* Tukwila, Community Center \* Plan lunch \* Flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \* No Leader**

**Sat 5 \* Sumner \* 10:00 AM / ~30 miles \* Kent, Hogan Park \* Lunch at River's Edge Café, next to cannery \* Flat \* Social \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \***

**LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.**

**Sun 6 \* Enumclaw \* 10:00 AM / 35 miles \* Ravensdale, Ravensdale Park \* Bring Food (Coffee stop option) \* Some hills \* Social \* I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent- Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. \***

**Mon 7 \* Lake Forest Park \* 10:00 AM / 25 miles \* Seattle, Gas Works Park \* Plan lunch stop \* Nearly flat \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \***

**Tue 8 \* Nolte S P \* 10:00 AM / 42 miles \* Auburn, Auburn Community and Event Center \* Bring food (Nolte State Park) \* Some hills (1700' cum elev gain) \* Moderate \* Eastbound on SR-18, exit to SR-164 (Auburn Way S) turning left at the exit stoplight. Follow SR-164 for about a half mile, turn left on 9th St SE and proceed to the end of the street. Park north of the center complex. \* NOTE:**

<https://ridewithgps.com/routes/35991768>

**Wed 9 \* Madison Park \* 10:00 AM / ~35 miles \* Tukwila, Bicentennial Park \* Bring Food \* A few hills \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. \***

**Thu 10 \* Flaming Geyser SP \* 10:00 AM / 25 miles \* Auburn, Brannan Park \* Bring Food for State Park \* River Grade \* Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \* No Leader**

**\* No Leader Tours - Someone must record names of the tour participants and submit the list for mileage credit.**

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point \* NOTES: (if any) \* Leader & Phone (cell/home/work)

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**Sat 12 \* Duvall \* 10:00 AM / 22 miles \***  
Carnation, Tolt-MacDonald Park \* Bring Food  
(lunch in park by trail) \* Flat \* Social \* I-90 exit  
22, Preston-Fall City Road north to Fall City,  
cross bridge, left on SR-203 to Carnation, cross  
Tolt River, drive 0.4 miles then left on NE 40th  
St to park. \*

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**Sun 13 \* Auburn \* 10:00 AM / ~35 miles \***  
Tukwila, Bicentennial Park \* Plan lunch \* Flat \*  
Social \* I-405 exit 1, south on West Valley Hwy,  
right on Strander Blvd, cross river, immediate  
right into the park. Meet in car parking, past  
shelter, and small traffic circle. \*

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**Mon 14 \* Alki \* 10:00 AM / ~25 miles \***  
Tukwila, Community Center \* **Bring Food** for  
picnic \* Fairly flat \* Social \* I-5 (Southbound)  
Exit 156, right on Interurban Ave (for 0.6 mile).  
[I-5 (Northbound), Exit 156 (keep right to stay  
on ramp to first exit), left on Interurban Ave.]  
Turn right on 42nd Ave S over Duwamish. Turn  
right on 124th and park in NE section of parking  
lot. \*

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**Tue 15 – Thu 17 (See last page of ride  
schedule) John Neller's three days of Portland  
Loop Rides**

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**Tue 15 \* Ballard \* 10:00 AM / ~45 miles \***  
Kent, Hogan Park \* Plan lunch \* Few hills \*  
Moderate \* I-5 exit 149/149A, SR-516 east, left  
on Meeker St, left on Russell Road, 1 block to  
the park. \*

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**Wed 16 \* Port Orchard \* 9:15 AM / ~30 miles**  
\* West Seattle, Lincoln Park North Lot \* Port  
Orchard \* Few hills \* Social \* I-5 exit  
163/163A, west on West Seattle Freeway, follow  
Fauntleroy Way SW as Freeway ends. Parking  
lot is in the 8200 block of Fauntleroy Way. \*  
NOTE: **Take 9:30 AM ferry to Southworth \***

**Thu 17 \* Lake Forest Park \* 10:00 AM / 26  
miles \*** Redmond, Marymoor Park (trailhead) \*  
Lake Forest Park \* Flat \* Social \* SR-520 Lake  
Sammamish Way exit, follow signs to the park.  
Park in first area on the left. Car parking fee is  
\$1. \* **No Leader**

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**Sat 19 \* Enumclaw \* 10:00 AM / 40 miles \***  
Ravensdale, Ravensdale Park \* **Bring Food** \*  
Some hills \* Social \* I-405 northbound exit 4A,  
(southbound exit 4 then south on Sunset Blvd),  
east on SR-169 (Maple Valley Rd), left on Kent-  
Kangley Rd, right on 272nd Ave SE. Meet by  
the rest rooms. \*

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**Sun 20 \* North Lake WA \* 10:00 AM / ~40  
miles \*** Mercer Island, Lid Park top lot \* **Bring  
Food** (Log Boom Park) \* Some hills \* Low end  
Moderate \* Eastbound: I-90 exit 6, left on  
Mercer Way, then right onto 72nd Av (by  
Roanoke Inn), turn right into parking lot before  
bridge. Westbound: I-90 exit 7, follow Mercer  
Way, left onto 72nd Av (by Roanoke Inn), turn  
right into parking lot before bridge. (If parking  
not available there park south of the trail on SE  
22nd St and meet at start point.) \*

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**Mon 21 \* Foothill Trail \* 10:00 AM / ~25  
miles \*** Puyallup, East Puyallup/Meeker  
Trailhead \* **Bring Food** / Coffee Break \* River  
grade \* Social \* From southbound SR-167, exit  
to SR-410 E, 2nd ramp to right for SR-162  
(south toward Orting) for 0.5 miles, After  
crossing Puyallup River and take next right on  
80th St E and drive west 0.6 miles to East  
Puyallup/Meeker Trailhead on left. \*

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**Tue 22 \* Renton to SR-520 Bridge \*  
10:00 AM / 33 miles \*** Renton, Cedar  
River Park \* **Bring Food** \* Some hills \*  
Low end of moderate \* I-405  
northbound exit 4A (southbound exit 4  
then south on Sunset Blvd), east on SR-  
169 for 0.2 mi, right into park, proceed  
into parking area near Carco Theater &  
Community Center. \*

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mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16  
mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point  
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**Wed 23 \* Landsburg \* 10:00 AM / ~32 miles \***  
 Renton, Cedar River Park \* **Bring food** for picnic \* River grade (partly unpaved trail) \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**Thu 24 \* Alki \* 10:00 AM / 33 miles \***  
 Tukwila, Bicentennial Park \* Alki \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. \* **No Leader**

**Sat 26 \* Hogan Park to Tacoma to Vashon \* 9:00 AM / 65 miles \*** Kent, Hogan Park (former Russell Road Park) \* **Bring lunch** to eat on Tahlequah ferry \* Flat with some hilly \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

**Sun 27 \* South Lake WA \* 10:00 AM / 25 miles \*** Renton, Memorial Stadium \* Local coffee shop on Mercer Island \* Some hills \* Social \* I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. \*

**Mon 28 \* Chehalis Western Trail \* 10:00 AM / ~30 miles \*** Lacey, Chambers Lake Trailhead of Chehalis Western Trail \* Plan to buy lunch at Tenino café \* Near flat \* Social \* Exit 108 from I-5, south on Sleater Kinney Rd, right on SE 14th Ave, go under trestle and turn left into parking lot \* NOTE: Ride is trail from Lacey to Tenino. Carpools encouraged. \*

**Tue 29 \* Leader's Choice \* 10:00 AM / ~35 miles \*** Renton, Cedar River Park \* Plan lunch \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**Wed 30 \* Redmond (via trail) \* 10:00 AM / ~25 miles \*** Issaquah, City Hall \* **Bring Food** for Marymoor or City Park \* Nearly flat \* Social \* I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. If parking is full, park elsewhere and bike to start. \*



Dates	Tour Name	Leaders
June 15-17	Portland Loops	John Neller
Sept 14-16	Tentative 20th Trail of the Coeur d'Alene	McLaren & Chace

### Notes

**20th Annual Trail of the Coeur D'Alenes:** Bruce McLaren negotiated a rate of \$78 (all rooms). Make your reservations prior to 15 August for September 13, 14, & 15<sup>th</sup>. FairBridge Inn & Suites, 601 Bunker Ave, Kellogg, ID 83837 • (208) 783-1234

The Kellogg ride descriptions: **Motel (Tue & Thur) & Medimont Trail head (Wed) \* Bring lunch for Tue, bring or buy Wed \* Railroad grade \* Social pace or your pace. \* The trail follows the Coeur d'Alene River and the shore of Coeur d'Alene Lake. 71.4 miles of flat paved trail except as noted.**

**Tues.** start at the motel at 8:30 (MP 53.1) and ride to Medimont trailhead (MP 25.8) and back, flat. 54.6 miles or less if you want

**Wed.** Drive to Medimont trailhead, allowing about 40 minutes (MP 25.8) start riding 9:10 on ride thru Harrison, along the lake, across the bridge and uphill (500ft) to Plummer (MP 0) and back. 51.4 miles or less if you want to just hang around Harrison.

**Thur.** Ride from motel, start at 8:00 (MP 53.1) along the river (and I-90) to Mullan (MP 71.4)

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## *Ride Schedule – June 2021*

and back, upriver grade, a 1000 ft climb. 36.6 miles round trip. Leave for home mid-day. Motel has 11:00AM checkout time so showers may require a specific arrangement.

Since each day is an out and back on the trail, if you want a shorter ride, any day, turn around sooner.

**Portland Loop Rides:** See following page.

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## *Ride Schedule – June 2021*

<b>BEBC TOUR FORM</b>			
Ride Name	Portland Loops		
Date	Tuesday, June 15, 2021		
Return date for overnight rides	Thursday, June 17, 2021		
Start time	10:00 AM		
Start location	Ramada Motel, 9707 SE Stark St, Portland		
Distance	Approximately 35 miles each day		
Lunch	Buy		
Terrain (check one)	<input type="checkbox"/>	Flat	High range gears
	<input type="checkbox"/>	Easy hills	mid to high range gears
	<input checked="" type="checkbox"/>	Moderate hills	mid range gears
	<input type="checkbox"/>	Hilly	Low range gears
	<input type="checkbox"/>	Strenuous hills	Need granny gear or push bike
Pace (check one)	<input type="checkbox"/>	Slow	< 10 mph
	<input checked="" type="checkbox"/>	Social	10 mph < speed < 13 mph
	<input type="checkbox"/>	Moderate	13 mph < speed < 16 mph
	<input type="checkbox"/>	Fast	Speed > 16 mph
Elevation gain ?	unknown		
Address / Driving instructions	By car: take I-205 to Exit 20 (SE Stark St and Washington St), turn east (left) at second light onto SE Washington St, cross over I-205, turn north (left) onto SE 99 <sup>th</sup> Ave, turn west (left) onto SE Stark St; go two blocks, motel is on right at 97 <sup>th</sup> Ave. By train: take Amtrak to Portland Union Station, catch MAX Green Line train at Sixth St. Exit at SE Main St, ride north on SE 99 <sup>th</sup> Ave. Cross Washington and Stark Streets, turn left onto Oak St; motel is on 97 <sup>th</sup> St. Reservations needed for Amtrak, including for bike. Ride leader will take the train Friday.		
Ride description	Three loops around Portland trails and roads		
Other notes	Make motel reservations at Ramada Motel at 9707 SE Stark St, Portland, phone 503-388-5793. You can keep bikes in the rooms. Please call ride leader two to three days in advance. Each loop runs near MAX train lines, so you can cut off some of the miles each day. Heavy rain or freezing temperature cancels. Ride leader will arrive previous night.		
Tour leader(s)	John Neller		
Telephone(s)			
E-mail(s)			

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