

# Ride Schedule – MARCH 2020

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Sun 1 \* Leader's Choice \* 10:00 AM / ~25 miles** \* Bothell, Landing access lot (unpaved) \* Cafe \* Nearly flat \* Social \* I-405 exit 23, SR-522 west, stay in left lane, after you go under the overpass (bridge) turn left into Bothell Landing unpaved parking lot. It's across from 101st St. \*

**Mon 2 \* Group's Choice \* 10:00 AM / ~25 miles** \* Seattle, Gas Works Park \* Snack? \* Probably nearly flat \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \* **No Leader**

**Tue 3 \* Alki \* 10:00 AM / ~35 miles** \* Kent, Hogan Park (former Russell Road Park) \* Café \* Several hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

**Wed 4 \* Leader's Choice \* 10:00 AM / 25 miles** \* Redmond, Marymoor Park (trailhead) \* Possible snack \* Possible hills \* Social \* SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. \*

**Thu 5 \* Alki \* 10:00 AM / 33 miles** Tukwila, Bicentennial Park \* Cafe \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter and small traffic circle. \* **No Leader**

**Sat 7 \* Ballard \* 10:00 AM / ~40 miles** \* Kent, Hogan Park (former Russell Road Park) \* Café \* Few hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sun 8 \* Bicentennial to Bogey's \* 10:00 AM / 31 miles** \* Tukwila, Bicentennial Park \* Bogey's Public House, Auburn G C \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. \*

**Mon 9 \* Queen Anne & Magnolia \* 10:00 AM / 23 miles** \* Seattle, Gas Works Park \* Café \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \*

**Tue 10 \* Leader's Choice \* 10:00 AM / ~35 miles** \* Bellevue, I-405 Exit 9 \* Café \* Some hills \* Moderate \* I-405 exit 9, park any cars in the Park & Ride east of I-405. Meet at Lake Washington Blvd on west side of freeway. \*

**Wed 11 \* Leader's Choice \* 10:00 AM / 25 miles** \* Mercer Island, Lid Park top lot \* Café \* Some hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \*

**Thu 12 \* Foster Park to Sumner \* 10:00 AM / 28 miles** \* Kent, Foster Park Trail Access \* Sumner \* Flat \* Social \* I-5 exit 149/149A, SR-516 east (becomes Willis St. in Kent), right on 74th Ave S, left on 259th St, one block to the park on the right. Trail head parking for Interurban & Green River trails. \* **No Leader**

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTE: (if any) \* **Leader & Phone** (cell/home/work)

## Ride Schedule – MARCH 2020

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**Sat 14 \* Lincoln Park to Gig Harbor (Woods #94) \* 9:40 AM / 39 miles** \* West Seattle, Lincoln Park North Lot \* Café \* Several hills \* Moderate \* I-5 exit 163/163A, west on West Seattle Freeway, continue Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* NOTE: **Take 9:55 ferry to Southworth** \*  
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**Sun 15 \* Cedar River Trail to Maple Valley Grange \* 10:00 AM or 9:45 AM / ~30 miles or 20 miles** \* Renton, Cedar River Park \* Pancake Brunch \* Some hills \* Moderate or Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \* NOTE: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace starts at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. \*  
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**Mon 16 \* Leader's Choice \* 10:00 AM / ~25 miles** \* West Seattle, Jack Block Public Access (Alki) \* Café \* Possibly a few hills \* Social \* I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. \*  
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**Tue 17 \* North Lake WA \* 10:00 AM / ~45 miles** \* Mercer Island, Lid Park top lot \* Café \* Few hills \* Moderate \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \*  
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**Wed 18 \* Alki \* 10:00 AM / ~25 miles** \* Tukwila, Bicentennial Park \* Probably Sunfish \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter and small traffic circle. \*  
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**Thu 19 \* Madison Park via Seward Park \* 10:00 AM / 25 miles** \* Mercer Island, Lid Park top lot \* Madison Park area \* Some hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If no parking available there, park to south of trail off SE 22nd St and go to start.) \* **No Leader**  
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**Sat 21 \* North Bend \* 10:00 AM / 37 miles** \* Carnation, Tolt-MacDonald Park \* Café \* Significant hill \* Moderate \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross bridge, left on SR-203 to Carnation, cross Tolt River, drive 0.4 miles then left on NE 40th St to park. \*  
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**Sun 22 \* Madison Park \* 10:00 AM / 35 miles** \* Renton, Cedar River Park \* Starbucks \* Some hills \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*  
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**Mon 23 \* Kent Valley Ride \* 10:00 AM / ~30 miles** \* Auburn, Brannan Park \* Tukwila \* Flat \* Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \* NOTE: Bicycle along trails and back roads in Auburn, Kent, Tukwila, and Renton, including Lake-to-Sound Trail. \*  
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**Tue 24 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Renton, Cedar River Park \* Café \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*  
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**Wed 25 \* Group's Choice \* 10:00 AM / ~25 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Snack stop \* Possible hills \* Social \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \* **No Leader**  
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## *Ride Schedule – MARCH 2020*

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**Thu 26 \* Ron Regis to Landsburg \* 10:00 AM / 24 miles** \* Renton, Ron Regis Sports Park \* **Bring lunch** for Landsburg park \* River grade with some packed gravel \* Social \* I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. \* **No Leader**

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**Sat 28 \* North Lake WA Clockwise \* 10:00 AM / ~33 miles** \* Seattle, Matthews Beach Park \* Kirkland, Metropolitan Market \* Couple of hills \* Social \* I-5 exit 169, east on NE 45th St, left on Sand Point Way, right on 93rd St to the park. \* NOTE: This ride uses the SR-520 Bridge and is 95% on trails. \*

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**Sun 29 \* Sumner \* 10:00 AM / ~40 miles** \* Kent, Three Friends Fishing Hole \* Café \* Flat \* Social-Moderate \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

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**Mon 30 \* Woodinville Tulips \* 11:00 AM / 18 miles** \* Kenmore, Log Boom Park (Tracy Owen Station) \* Indoor lunch \* Near flat \* Social \* SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) \* NOTE: See Woodinville Gardens \*

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**Tue 31 \* Leader's Choice \* 10:00 AM / 40 miles** \* Renton, Cedar River Park \* Café \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

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## *Ride Schedule – MARCH 2020*



<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
5-7 May	Victoria BC	Lemke / Chace
16-17 June	Grant County 2-day	Buff & Diane Chace
15-17 Sept	Trail of the Coeur d'Alenes	McLarens & Gordon Hesse

### *Note*

**Victoria BC trip: (12-14 May):** Remember to bring passport or enhanced driver's license. **PACK LIGHTLY SINCE YOU ARE RESPONSIBLE FOR TOTING YOUR OWN LUGGAGE THROUGH CUSTOMS both ways.** (We plan a gear sag, however, between the ferries and the lodgings.) Leaders: Bill & Jody Lemke (h) 206-284-2843 and Buff & Diane Chace (Buff cell) 206-484-9372.

If you stay the night on Mon, May 11<sup>th</sup> in Anacortes, the leaders will be staying at the Marina Inn Hotel, 3300 Commercial Ave, Anacortes, 98221, 360-293-1100 (<http://www.marinainnwa.com>). Calling probably is the best way to get a senior or AAA discount. Weather permitting, on Monday, May 11<sup>th</sup>, Bill will lead a ride at 2:30 PM from the motel parking lot around Anacortes and March Point.

**Our ride on Tuesday to the ferry will begin at the free public parking lot near the marina. PLEASE BE THERE AT 6:30 AM. You always have the option of paying for parking by the ferry and meet us there.** There is only one ferry to Sidney, BC, and it departs at 8:30 AM. We will take the ferry on Tuesday, May 12<sup>th</sup>, and return on Thurs, May 14<sup>th</sup>. The ride leaders are staying in Victoria at Paul's Motor Inn. Reservations can be made at (<https://www.paulsmotorinn.com/>) or (1-250-382-9231), but **we strongly suggest you call to make the reservation** to get your senior or AAA discount. You have the option of other lodgings, but the rides will start from Paul's Motor Inn. You of course are

welcome to go to Victoria via the Port Angeles or Tsawwassen, BC ferry and meet us there. Just let us know ahead of time that you plan to ride so that we expect you.

**Grant County Overnight:** This ride was last run in June 2017. The daily ride distances were 59 & 52 miles. It will probably be a carry your own toothbrush ride unless a sag driver volunteers. However, instead of being on a weekend, this time will be on weekdays since most riders are retired. This should avoid large crowds of baseball players competing for lodging.

Most will drive over the afternoon of June 15, perhaps to Ellensburg. Then you will need a reservation for June 16 in Moses Lake. We usually try to stay in one of the motels on the west side of town (Motel 6, Quality Inn, Interstate Inn, Best Western, or Oasis). On the 17<sup>th</sup>, ride back to George and pick up the cars from the George P&R in front of Shree's Truck Stop.

### *Other Northwest Cycling Tours*

<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
Feb 23	Chilly Hilly	Cascade
Mar 7-8	Seattle Bike Show	Cascadia Events
Mar 21	Dandy Daffodil Tweed Ride – La Conner (retro)	Skagit area foods sponsors. Costume Organization ?

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