

## Ride Schedule – MARCH 2022



### WEATHER or OTHER SCHEDULE

CHANGE: If you think you may ride a particular day, send an email the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, call the leader to see if the ride will happen.

**Tue 1 \* Mercer Island Loop \* 10:00 AM / ~36 miles** \* Renton, Memorial Stadium \* **Bring snack** \* Few hills \* Social \* I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. \* NOTE: The intention is to ride the loop south on Mercer Island too. \*

**Wed 2 \* Landsburg \* 10:00 AM / 30 miles** \* Renton, Cedar River Park \* **Bring snack** \* River grade (part gravel and part paved trail) \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**Thu 3 \* IKEA area \* 10:00 AM / 25 miles** \* Tukwila, Community Center \* **Bring snack** \* Flat \* Social \* TEMPORARY DURING 42nd Av BRIDGE OUTAGE: From S Boeing Access Rd go south on E Marginal Way S; turn left on S115th St before Green River. Follow the shore of the Duwamish River as road bends south to become 42nd Av; turn left on S 124th St and the parking lot is on the right. \* **No Leader**

**Sat 5 \* Flaming Geyser SP \* 10:00 AM / ~40 miles** \* Auburn, Brannan Park \* Park \* Some hills \* Low-end Moderate \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sun 6 \* Sumner \* 10:00 AM / ~40 miles** \* Kent, Three Friends Fishing Hole \* Lunch in Sumner \* Flat \* Social \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

**Mon 7 \* Group's Choice \* 10:00 AM / ~20 miles** \* Mercer Island, Lid Park top lot \* Plan stop \* Some hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \* **No Leader**

**Tue 8 \* Alki \* 10:00 AM / 45 miles** \* Hogan Park (former Russell Road Park) \* **Bring Snack** \* Half hilly half flat \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

**Wed 9 \* Madison \* 10:00 AM / 25 miles** \* Seattle, Seward Park picnic shelter \* Snack at Madison possibly with Starbucks \* Small hill \* Social \* Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. \*

**Thu 10 \* Alki \* 10:00 AM / 25 miles** \* Tukwila, Bicentennial Park \* Plan lunch \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. \* **No Leader**

**Fri 11 \* Kent Valley New Connections \* 10:00 AM / ~28 miles** \* Auburn, Brannan Park \* Kent \* Flat \* Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \* NOTE: Bicycle along trails and back roads in Auburn and Kent. \*

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* Leader & Phone (cell/home/work)

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**Sat 12 \* CW South Lake WA \* 10:00 AM / ~25 miles** \* Mercer Island, Lid Park top lot \* **Bring snack** \* Some hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \*

**Sun 13 \* IKEA area \* 10:00 AM / 25 miles** \* Tukwila, Community Center \* **Bring snack** \* Flat \* Social \* TEMPORARY DURING 42nd Av BRIDGE OUTAGE: From S Boeing Access Rd go south on E Marginal Way S; turn left on S115th St before Green River. Follow the shore of the Duwamish River as road bends south to become 42nd Av; turn left on S 124th St and the parking lot is on the right. \*

**Mon 14 \* Foothills Trail \* 10:00 AM / 25 miles** \* Puyallup, East Puyallup/Meeker Trailhead \* Plan stop \* Gentle grade \* Social \* From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River, take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. \*

**Tue 15 \* Cedar River & Pipeline Trails \* 10:00 AM / 36 miles** \* Renton, Ron Regis Sports Park \* Coffee / snack stop Panera Bread (mile 24) \* 1400' elev gain; 20 miles paved trail and 16 miles gravel trail. \* Moderate \* I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. \* NOTE: Road bikes with 25 mm or wider tires should be OK. <https://ridewithgps.com/routes/38522684> \*

**Wed 16 \* Three Friends Fishing Hole \* 10:00 AM / 25 miles** \* Auburn, SuperMall \* **Bring snack** \* Flat \* Social \* I-405 exit 2, go south on SR-167 (about 13 miles), to the SuperMall & exit from SR-167. Turn left onto 15th St. SW. Pass over SR-167 then turn left onto SuperMall Dr. SuperMall is on your right, park & meet near Red Robin. \*

**Thu 17 \* Foster Park to Sumner \* 10:00 AM / 28 miles** \* Kent, Foster Park Trail Access \* Sumner \* Flat \* Social \* I-5 exit 149/149A, SR-516 east (becomes Willis St. in Kent), right on 74th Ave S, left on 259th St, one block to the park on the right. Trail head parking for Interurban & Green River trails. \* **No Leader**

**Sat 19 \* Group's Choice \* 10:00 AM / ~25 miles** \* West Seattle, Lincoln Park North Lot \* Plan snack stop \* Some hills \* Social \* I-5 exit 163/163A, west on West Seattle Freeway, follow Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* **No Leader**

**Sun 20 \* Leader's Choice \* 10:00 AM / ~30 miles** \* Renton, Ron Regis Sports Park \* **Bring snack** \* Possible hills \* Social \* I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. \*

**Mon 21 \* Northgate Pedestrian Bridge \* 10:00 AM / 20 miles** \* Seattle, Gas Works Park \* Plan snack stop \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \*

**Tue 22 \* SR-520 Bridge Loop \* 10:00 AM / 31 miles** \* Renton, Memorial Stadium \* Bring snack \* Some hills \* Moderate \* I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. \* **No Leader**

**Wed 23 \* Carnation \* 10:00 AM / 30 miles** \* Fall City, Park & Ride lot \* Bring snack or buy something at coffee stand \* Flat (with extra little loops in valley) \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie \*

**Thu 24 \* Madison Park via Seward Park \* 10:00 AM / 25 miles** \* Mercer Island, Lid Park top lot \* **Bring snack** \* Couple of hills \* Social

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

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## *Ride Schedule – MARCH 2022*

\* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \* **No Leader**

unpaved trail) \* Social \* I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. \* **No Leader**

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**Sat 26 \* Leader's Choice \* 10:00 AM / ~35 miles** \* Kent, Hogan Park \* **Bring Snack** \* Some hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*



<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
September 2022	Trail of the CDA (Kellogg, ID)	B & G McLaren B & D Chace

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**Sun 27 \* Ballard \* 10:00 AM / ~40 miles** \* Tukwila, Bicentennial Park \* **Bring snack** \* Some hills \* Low end moderate \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. \*

### *Notes*

Next month Bruce McLaren plans to see what can be done with motel rates in Kellogg. The motel's staff has already been in touch to see if we were planning to come. Now, if we can avoid a new wave of COVID (putting medical care out of reach) and big forest fires in September....

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**Mon 28 \* Willows Lodge Gardens \* 11:00 AM / ~15 miles** \* Bothell, Blyth Park \* **Bring snack** \* Flat \* Social \* I-405 exit 23, SR-522 west, right on Kaysner Way, left at stop onto Main St, left on 102nd St, cross bridge and right onto W Riverside Dr. Then about a half mile to Blyth Park, 16950 W Riverside Dr. \* NOTE: The goal of this ride is to see tulips and other spring flowers, at Willows Lodge Gardens. \*

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**Tue 29 \* Dash Point SP \* 10:00 AM / ~40 miles** \* Kent, Hogan Park (former Russell Road Park) \* **Bring Snack** \* Half flat, half hilly \* Low-end moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

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**Wed 30 \* Redmond \* 10:00 AM / 30 miles** \* Issaquah, City Hall \* Lunch at Palmers (Bring Vaccination ID) \* Few hills \* Social \* I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. If parking is full, park elsewhere and bike to start. \*

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**Thu 31 \* Ron Regis to Landsburg \* 10:00 AM / ~26 miles** \* Renton, Ron Regis Sports Park \* **Bring food** for picnic \* River grade (partly

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