

Ride Schedule – MARCH 2024



WEATHER or OTHER SCHEDULE

CHANGE: If you think you may ride a particular day, email the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, call the leader to see if the ride will happen.

Most ride leaders cancel for freezing weather or serious rain.

Sat 2 * Black Diamond * 10:00 AM / ~40 miles
* Kent, Hogan Park * Buy Lunch * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Sun 3 * Group's Choice * 10:00 AM / ~30 miles
* Renton Community Center * Possible coffee stop * River grade * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * **No Leader**

Mon 4 * Foothills Trail * 10:00 AM / ~25 miles
* Puyallup, East Puyallup/Meeker Trailhead * Coffee/snack break at South Prairie * Gentle grade * Social * From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River, take next right on 80Th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. * NOTE: Start point is expected to be open after construction. Leader to email if start point move needed. Possible backup parking just northwest at Van Lierop Park next to Farm 12. *

Tue 5 * Husky Deli * 10:00 AM / 45 miles
* Kent, Hogan Park * Deli * Fairly hilly * Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Wed 6 * Redmond * 10:00 AM / ~25 miles
* Issaquah, Lake Sammamish State Park * Blazing Bagels or Palmers * Flat * Social * I-90 exit 15, follow signs to the park. Use first unpaved parking area on the LEFT. (If you don't have a state park pass, you might want to park elsewhere and bike to the meet point.) *

Thu 7 * South Lake WA * 10:00 AM / ~30 miles
* Tukwila, Bicentennial Park * Snack stop * Couple of hills * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

Sat 9 * Uwajimaya International District * 10:00 AM / ~36 miles
* Kent, Three Friends Fishing Hole * Uwajimaya * Couple of hills * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sun 10 * Group's Choice * 10:00 AM / ~25 miles
* Mercer Island, Lid Park top lot * Snack stop * Some hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) * **No Leader**

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * **Leader & Phone (cell/home/work)**

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Mon 11 * South Lake WA * 10:00 AM / ~30 miles * Tukwila, Bicentennial Park * Snack stop * Couple of hills * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

Tue 12 * Vashon Island * 10:10 / ~25 miles * West Seattle, Lincoln Park North Lot * Bring snack * Hilly * Relaxed moderate * I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. * NOTE: Take 10:25 ferry to Vashon. *

Wed 13* Alki*10:00AM/~25miles* Tukwila, Community Center * Sunfish * Nearly flat * Social * TEMPORARY ENTRY DURING 42nd AV BRIDGE PARTIAL OUTAGE: From S Boeing Access Rd go south on E Marginal Way S; turn left on S115th St before Green River. Follow the shore of the Duwamish River as road bends south to become 42nd Av; turn left on S 124th St and the parking lot is on the right. *

Thu 14 * Group's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park * Lunch stop * Nearly flat * Social * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. * **No Leader**

Sat 16 * Soos Creek Trail * 10:00 AM / ~30 miles * Meet at P&R Black Diamond * Bring lunch * A few hills * Social * Masonic Lodge Park & Ride at Parking lot-32532 3rd Ave (corner of Baker and SR-169). (Two-hour parking 0500-1900 on weekdays). For car parking on weekend try Elementary school next door or street parking on Railroad Ave near Black Diamond Bakery. *

Sun 17 * Enumclaw * 10:00 AM / ~30 miles * Ravensdale, Ravensdale Park * Starbucks, Enumclaw * Several hills * Social * I-405

northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent- Kangley Rd, right on 272nd Ave SE. Meet by the rest rooms. *

Mon 18 * Leader's Choice * 10:00 AM / ~25 miles * Kent, Three Friends Fishing Hole * Probable stop at Macrina Bakery & Café for a snack * Flat * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Tue 19 * Enumclaw * 10:00 AM / 44 miles * Auburn Community and Event Center * Snack stop at mile 25 * Elevation gain 1229' * Moderate * Eastbound on SR-18, exit to SR-164 (Auburn Way S) turn left at the exit stoplight. Follow SR-164 toward Enumclaw for 0.5 miles. Turn left at sign for F St but then, immediate right on 9th St SE to the Auburn Community and Event Center. Park NE of entrance. * NOTE: <https://ridewithgps.com/routes/45521086> *

Wed 20 * Madison Valley * 10:00 AM / ~33 miles * Renton, Memorial Stadium * Possible Starbucks * Few hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Thu 21 * Flaming Geysers * 10:00 AM / ~21 miles * Auburn Community and Event Center * Bring lunch * River grade * Social * Eastbound on SR-18, exit to SR-164 (Auburn Way S) turn left at the exit stoplight. Follow SR-164 toward Enumclaw for 0.5 miles. Turn left at sign for F St but then, immediate right on 9th St SE to the Auburn Community and Event Center. Park NE of entrance. * **No Leader**

Sat 23 * Group's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park * Lunch stop * Nearly flat * Social * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. * **No Leader**

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Sun 24 * Bogeys * 10:00 AM / ~25 miles * Kent, Three Friends Fishing Hole * Bogeys * Mostly flat * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Mon 25 * Cedar River Trail * 10:00 AM / ~25 miles * Renton Community Center * Starbucks at Maple Valley * River grade * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater *

Tue 26 * Group's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park * Plan stop * Maybe hills * Relaxed Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. * No Leader

Wed 27 * Landsburg * 10:00 AM / 24 miles * Renton, Ron Regis Sports Park * Bring food * River grade * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. * NOTE: Partly on packed gravel trail * No Leader

Thu 28 * Olympia Ride * 9:30 AM / 45 miles * Olympia, Chehalis-Western Trailhead * Restaurant in Olympia * Easy hills * Social * I-5 south to Exit 109 in Lacey, right (west) on Martin Way SE for 0.1 mile, then left onto College St SE, (becomes Rainier Rd SE) for 4.2 miles, at roundabout turn right onto 67th Ave SE for 0.3 miles to trailhead at end of road. * NOTES: Bicycle along the Chehalis-Western, Yelm-Tenino, and Olympia-Woodland Trails and backroads of Thurston County. Leader may travel by train to Olympia Amtrak Station and ride 2 miles to start point; feel free to join him. He might be delayed by train arrival. *

Sat 30 * Fall City * 10:00 AM / 28 miles * Issaquah, City Hall * Aroma Coffee Co, Fall City * A couple of serious climbs and some unpaved trail (road bikes OK). * Social * I-90 exit 17, south on Front Street, left on Sunset, first right

onto 1st Ave. S. Use public parking near the city hall / police station. * **No Leader**

Sun 31 * Factoria * 10:00 AM / ~35 miles * Kent, Three Friends Fishing Hole * Plan to buy lunch * A few hills * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Notes

Interesting: Another book about how transportation choices have changed how this country is built. "Paved Paradise; How parking explains the world" This book is about design of neighborhoods and not specifically about the role of bikes in it. Poorly based rules for car parking limit housing density.

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