

RIDE SCHEDULE - MAY 2016

WEATHER: If you think the weather is questionable, call the leader to see if the ride will happen.



Mon 2 * Roads & Trails * 10:00 AM / 20-30 miles * Kenmore, Log Boom Park (Tracy Owen Station) * Lunch inside * One easy hill * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) *

Tue 3 * Leader's Choice * 10:00 AM / ~40 miles * Orting, Orting City Park * Café * Some hills * Moderate * SR-410 Summer, SR-162 (Valley Ave) south to Orting, right on Calistoga, left on Van Scoyoc. Park at the southern end of the park. *

Wed 4 * Tukwila Community Center to Auburn * 10:00 AM / ~30 miles * Tukwila, Community Center * Plan lunch * Few hills * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Thu 5 * Bicentennial Park to Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Flat * Slow * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. For car parking go past shelter and small traffic circle. * **No Leader**

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sat 7 * Leader's Choice * 10:00 AM / ~35 miles * Fall City, Park & Ride lot * Café * Some hills * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. *

Mon 9 * Leader's Choice * 2:30 PM / 15-20 miles * Anacortes Inn * None * Fairly flat * Social * Located on the west side of Commercial 0.3 mile north of the SR-20 roundabout at 3006 Commercial Ave. If you are not staying at this motel park elsewhere and bike here. * NOTE: This serves as an optional ride for those who arrive the afternoon before the Victoria Rides. March Point is planned. *

Tue-Thurs 10-12 * Victoria BC Rides * 7:30 AM / 25-40 miles per day * Anacortes, Ferry Terminal * Cafes * Some hills * Social * I-5 exit 226 (Mt. Vernon), SR-536 west, SR-20 west to Anacortes, follow signs to the ferry. Car parking: go to ferry tollbooth & west to lot. * NOTES: There are parking charges so an option is to park in town and bike to the terminal. Day 1: Catch the daily 8:30 AM ferry to Sidney bike to Victoria. Day 2: Choices of ride to My Chosen departing 9:30 AM, possible Butchart Garden ride, or do your own thing. Day 3: Ride to Sidney for the 12:05 PM ferry to Anacortes. See additional notes at end of schedule for more details. *

Tue 10 * Group's Choice * 10:00 AM / ~35 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * **No Leader**

Wed 11 * Group's Choice * 10:00 AM / ~30 miles * Kenmore, Log Boom Park (Tracy Owen Station) * Plan lunch * Fairly flat * Social * SR-522 (Bothell Way NE) to 61 Ave NE, south on 61st, right into park lot. (Overflow is on street to east.) * **No Leader**

Thu 12 * Snohomish to Lake Cassidy * 10:00 AM / 25 miles * Snohomish, Centennial Trail * **Bring lunch** for Lake Cassidy * Railroad grade * Slow * US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. * **No Leader**

Sat 14 * Group's Choice * 10:00 AM / ~30 miles * Mercer Island, Luther Burbank Park * Café * Depends * Social * I-90 eastbound: exit 7A, left on 77th, right on Mercer Way, left on 26th St, left on 84th Ave to the park. I-90 westbound: exit 7, right on 26th St, left on 84th Ave to the park. * **No Leader**

Sun 15 * Cedar River Trail to Maple Valley Grange * 10:00 AM or 9:45 AM / ~30 miles or 20 miles * Renton, Cedar River Park * Pancake Brunch * Some hills * Moderate or Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. * NOTES: Brunch \$6.00 includes ham, eggs, beverage and unlimited pancakes. Social pace start at 9:45 and return on trail. Leader will take Moderate riders on a longer route. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

* NOTES: (if any) * **Leader & Phone (cell/home/work)**

RIDE SCHEDULE - MAY 2016

Mon 16 * Jack Block to Kent * 10:00 AM / ~40 miles * West Seattle, Jack Block Public Access (Alki) * Café * Flat * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 17 * Leader's Choice * 10:00 AM / ~40 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 18 * Queen Anne / Magnolia / Sculpture Park * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Post ride brewery stop * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Thu 19 * Marymoor to Lake Forest Park * 10:00 AM / 25 miles * Redmond, Marymoor Park (trailhead) * Third Place Books * Flat * Slow * SR-520 Lake Sammamish Way exit, follow signs to the park. Park in first area on the left. Car parking fee is \$1. * **No Leader**

Sat 21 * Cedar River Park to Issaquah * 10:00 AM / 34 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Mon 23 * Leader's Choice * 10:00 AM / 20-30 miles * West Seattle, Jack Block Public Access (Alki) * Café * Some hills * Social * I-5 exit 163/163A, west 2.3 miles on West Seattle Freeway, Harbor Ave Exit north, in about 0.9 mile turn right through the Jack Block Access red-top arch and meet by the restroom. *

Tue 24 * Lincoln Park to Bremerton Loop * 9:15 AM / 36 miles * West Seattle, Lincoln Park north lot * Bremerton * Few hills * Moderate * I-5 exit 163/163A, west on West Seattle Freeway, continue on Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. * NOTE: Take 9:30 ferry to Southworth, 12:20 or 1:45 ferry from Bremerton. *

Wed 25 * South Lake WA * 10:00 AM / 25 miles * Renton, Gene Coulon Park * Possible snack stop * Few hills * Social * I-405 exit 5, west on Park Ave, north on Lake WA Blvd, left into 1st park entrance. Meet in south lot area. Option to park cars on Houser St as park doesn't welcome park and bike. *

Thu 26 * Snoqualmie Railroad Park to North Bend * 10:00 AM / 25 miles * Snoqualmie Railroad Park * North Bend * Mostly flat * Social * I-90 exit 25, left onto Snoqualmie Parkway, at T turn right on Railroad Ave in Snoqualmie for ~2 blocks, turn right on Fir St, then right again into parking lot. * NOTE: Turn around is at Ken's Truck Town (East end of North Bend Way). Eat back in town. * **No Leader**

Sat 28 * Fremont * 10:00 AM / ~46 miles * Kent, Three Friends Fishing Hole * Cafe * Few hills * Moderate * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Sun 29 * Group's Choice * 10:00 AM / ~25 miles * Seattle, Seward Park picnic shelter * Snack stop * Few hills * Social * Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. * **No Leader**

Tue 31 * Leader's Choice * 10:00 AM / ~40 miles * Renton, Cedar River Park * Café * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *



Dates	Tour Name	Leaders
Sep 13-15, 2016	Trail of the Coeur d'Alenes	Bruce & Gerry McLaren

Notes

Sunday Rides: Several of our Sunday ride leaders are unavailable. If you want more Sunday rides volunteer to lead one and let Buff know you are interested in routinely keeping these on the schedule.

Other Northwest Cycling Tours

Dates	Tour Name	Leaders
May 7	Lewis County Historical Ride	Chehalis - Centralia Optimists

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* NOTES: (if any) * **Leader & Phone (cell/home/work)**