

# Ride Schedule – MAY 2021



**WEATHER or OTHER SCHEDULE CHANGE:** If you think you may ride a particular day, contact the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, contact the leader to see if the ride will happen.

**Sat 1 \* Two Bridges \* 10:00 AM / 20 miles \*** Mercer Island, Lid Park top lot \* Snack stop \* Few hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \*

**Sun 2 \* Leader's Choice \* 10:00 AM / 25-30 miles \*** Kent, Three Friends Fishing Hole \* **Bring food**, may stop for coffee/lunch \* Some hills \* Social \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

**Mon 3 \* Landsburg \* 10:00 AM / ~26 miles \*** Renton, Ron Regis Sports Park \* **Bring food** for picnic \* River grade (partly unpaved trail) \* Social \* I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. \*

**Tue 4 \* Flaming Geyser \* 10:00 AM / 40 miles \*** Auburn, Auburn Community and Event Center \* **Bring food** \* Possible hill \* Moderate \* Eastbound on SR-18, exit to SR-164 (Auburn Way S) turning left at the exit stoplight. Follow SR-164 for about a half mile, turn left on 9th St SE and proceed to the end of the street. Park north of the center complex. \*

**Wed 5 \* Port Orchard \* 8:45 AM / ~30 miles \*** West Seattle, Lincoln Park North Lot \* Port Orchard \* Few hills \* Social \* I-5 exit 163/163A, west on West Seattle Freeway, follow Fauntleroy Way SW as Freeway ends. Parking lot is in the 8200 block of Fauntleroy Way. \* NOTE: Take 9:10 AM ferry to Southworth \*

**Thu 6 \* Lake Cassidy on Centennial Trail \* 10:00 AM / 25 miles \*** Snohomish, Centennial Trailhead \* **Bring Lunch** for Lake Cassidy \* Railroad Grade \* Social \* US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. \* **No Leader**

**Sat 8 \* Foothill Trail \* 10:00 AM / ~25 miles \*** Puyallup, East Puyallup/Meeker Trailhead \* Bring Food \* River Grade \* Social \* From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, After crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sun 9 \* Group's Choice \* 10:00 AM / ~25 miles \*** Mercer Island, Lid Park top lot \* Snack stop \* Possible hills \* Social \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \* **No Leader**

**Mon 10 \* Alki \* 10:00 AM / ~25 miles \*** Tukwila, Community Center \* **Bring Food** for picnic \* Fairly flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \*

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTES: (if any) \* **Leader & Phone** (cell/home/work)

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**Tue 11 \* Buckley \* 10:00 AM / 40 miles \***  
Puyallup, East Puyallup/Meeker Trailhead \*  
Lunch Subway or park option \* Mostly flat \*  
Moderate \* From southbound SR-167, exit to  
SR-410 E, 2nd ramp to right for SR-162 (south  
toward Orting) for 0.5 miles, After crossing  
Puyallup River and take next right on 80th St E  
and drive west 0.6 miles to East Puyallup /  
Meeker Trailhead on left. \*

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**Wed 12 \* Carnation \* 10:00 AM / ~25 Miles \***  
Fall City, Park & Ride lot \* Bring lunch with  
option for coffee and cookie at the cute coffee  
stand in Carnation. \* Nearly flat \* Social \* I-90  
exit 22, Preston-Fall City Road north to Fall  
City, cross Snoqualmie River bridge, left on SR-  
203, left into the parking lot. \*

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**Thu 13 \* Marymoor Trailhead to Lake Forest  
Park \* 10:00 AM / 25 miles \* Redmond,**  
Marymoor Park (trailhead) \* **Bring food** \* Flat \*  
Social \* SR-520 Lake Sammamish Way exit,  
follow signs to the park. Park in first area on the  
left. Car parking fee is \$1. \* **No Leader**

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**Sat 15 \* Alki \* 10:00 AM / ~45 miles \* Kent,**  
Hogan Park \* Lunch at Alki \* Hilly \* Moderate  
\* I-5 exit 149/149A, SR-516 east, left on Meeker  
St, left on Russell Road, 1 block to the park. \*

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**Sun 16 \* Bogey's \* 10:00 AM / ~35 miles \***  
Tukwila, Bicentennial Park \* Bogey's \* Flat \*  
Social \* I-405 exit 1, south on West Valley Hwy,  
right on Strander Blvd, cross river, immediate  
right into the park. Meet in car parking, past  
shelter, and small traffic circle. \*

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**Mon 17 \* Queen Anne & Magnolia \* 10:00  
AM / ~25 miles \* Seattle, Gas Works Park \***  
**Bring Food** \* Some hills \* Social \* I-5 exit 169,  
west on NE 45th St from I-5 northbound, (west  
on NE 50th St from I-5 southbound), left on  
Meridian Ave, right on Northlake Way, left into  
the park. \* NOTE: All parking spaces have a 4-  
hour time limit. If you need more time, park to  
the east on Northlake Wy. \*

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**Tue 18 \* Leader's Choice \* 10:00 AM / ~35  
miles \* Renton, Cedar River Park \* Plan lunch \***  
Some hills \* Moderate \* I-405 northbound exit  
4A (southbound exit 4 then south on Sunset  
Blvd), east on SR-169 for 0.2 mi, right into park,  
proceed into parking area near Carco Theater &  
Community Center. \*

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**Wed 19 \* Leschi \* 10:00 AM / ~25 miles \***  
Tukwila, Bicentennial Park \* Possible Starbucks  
\* Some hills \* Social \* I-405 exit 1, south on  
West Valley Hwy, right on Strander Blvd, cross  
river, immediate right into the park. Meet in car  
parking, past shelter, and small traffic circle. \*

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**Thu 20 \* Snoqualmie Railroad Park to North  
Bend \* 10:00 AM / 25 miles \* Snoqualmie  
Railroad Park \* North Bend \* Slight hill \* Social**  
\* I-90 exit 25, left onto Snoqualmie Parkway, at  
T turn right on Railroad Ave in Snoqualmie for  
~2 blocks, turn right on Fir St, then right again  
into parking lot. \* NOTE: Turnaround is at  
Ken's Truck Town (East end of North Bend  
Way). Eat back in town. \* **No Leader**

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**Sat 22 \* Kent Valley Loop \* 10:00 AM / ~25  
miles \* Auburn, Brannan Park \* Lunch in Kent \***  
Flat \* Social \* SR-167 south to 15th St NW exit,  
east on 15th, left on Auburn Way, right on 28th  
St NE to the park. \* NOTE: Trails and backroads  
in Auburn and Kent. \*

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**Sun 23 \* South Lake WA \* 10:00 AM / 26  
miles \* Renton, Memorial Stadium \* Lunch or  
snack \* Few hills \* Social \* I-405 exit 2, north  
1.2 mi on Rainier Ave, right on Airport Way, left  
on Logan Ave, left into parking lot. \***

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**Mon 24 \* Group's Choice \* 10:00 AM / ~25  
miles \* Mercer Island, Lid Park top lot \* Snack  
stop \* Possible hills \* Social \* Eastbound: I-90  
exit 6, left on Mercer Way, then right onto 72nd  
Av (by Roanoke Inn), turn right into parking lot  
before bridge. Westbound: I-90 exit 7, follow  
Mercer Way, left onto 72nd Av (by Roanoke  
Inn), turn right into parking lot before bridge. (If  
parking not available there park south of the trail  
on SE 22nd St and meet at start point.) \* **No  
Leader****

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\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

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**Tue 25 \* Enumclaw \* 10:00 AM / 40 miles \***  
 Ravensdale, Ravensdale Park \* **Bring Food** \*  
 Some hills \* Moderate \* I-405 northbound exit  
 4A, (southbound exit 4 then south on Sunset  
 Blvd), east on SR-169 (Maple Valley Rd), left on  
 Kent- Kangley Rd, right on 272nd Ave SE. Meet  
 by the rest rooms. \*

	Trail of the Coeur d'Alene	

## Notes

**Bring Food:** This notice on almost every ride will be dropped unless it is provided by a leader or seems obvious. Most members carry a snack as a matter of personal responsibility in any case. How long has that trail bar been in your bike bag?

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**Wed 26 \* Sumner \* 10:00 AM / ~30 miles \***  
 Kent, Hogan Park \* Lunch at River's Edge Café,  
 next to cannery \* Flat \* Social \* I-5 exit  
 149/149A, SR-516 east, left on Meeker St, left  
 on Russell Road, 1 block to the park. \*

## Other Northwest Cycling Tours

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**Thu 27 \* IKEA \* 10:00 AM / 24 miles \***  
 Tukwila, Community Center \* IKEA, Renton \*  
 Flat \* Social \* I-5 (Southbound) Exit 156, right  
 on Interurban Ave (for 0.6 mile). [I-5  
 (Northbound), Exit 156 (keep right to stay on  
 ramp to first exit), left on Interurban Ave.] Turn  
 right on 42nd Ave S over Duwamish. Turn right  
 on 124th and park in NE section of parking lot. \*  
**No Leader**

<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
Aug 28-29	Ride with Courage*	<a href="http://www.ridewithcourage.com">www.ridewithcourage.com</a>

\* **Mary Bridge Children's Courage** is traditionally a weekend cycling adventure benefiting children served by Mary Bridge Children's Hospital & Health Network. It is a fund raiser for child abuse intervention. (BEBC has been asked to call members attention to it.)

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**Sat 29 \* Leader's Choice \* 10:00 AM / ~35 miles \***  
 Renton, Cedar River Park \* Plan lunch \*  
 Some hills \* Moderate \* I-405 northbound exit  
 4A (southbound exit 4 then south on Sunset  
 Blvd), east on SR-169 for 0.2 mi, right into park,  
 proceed into parking area near Carco Theater &  
 Community Center. \*

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**Sun 30 \* Group's Choice \* 10:00 AM / ~25 miles \***  
 Bothell, Landing access lot (unpaved) \*  
 Plan snack \* Nearly flat \* Social \* I-405 exit 23,  
 SR-522 west, stay in left lane, after you go under  
 the overpass (bridge) turn left into Bothell  
 Landing unpaved parking lot. It's across from  
 101st St. \* **No Leader**

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**Mon 31 \* Memorial Day**



<u>Dates</u>	<u>Tour Name</u>	<u>Leaders</u>
Sept 14-16	Tentative	McLaren & Chace

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