

Ride Schedule – NOVEMBER 2021



WEATHER or OTHER SCHEDULE

CHANGE: If you think you may ride a particular day, email the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, call the leader to see if the ride will happen.

Where destinations are suggested, Groups Choice is a good alternative. Contact other riders if you want company on a ride.

Mon 1 * Group's Choice * 10:00 AM / ~25 miles * Mercer Island, Lid Park top lot * Plan snack * Some hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) * **No Leader**

Tue 2 * Leader's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park * **Bring Food** * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Wed 3 * Madison * 10:00 AM / ~35 miles * Renton, Memorial Stadium * Plan Starbucks * Some hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Thu 4 * University Village * 10:00 AM / 33 miles * Woodinville, Wilmot Gateway Park * U. Village * Few hills * Social * I-405 exit 23, east on SR-522, exit south onto SR-202, continue straight onto 131st Ave NE (as SR-202 turns right) then turn right into parking lot. Additional

parking available across NE 171st - however east end is a signed baseball hazard area. * **No Leader**

Fri 5 * Sounder Ride * 1:00 PM / 24 miles * Kent, Kent/James St P&R * Coffee stop Starbucks Puyallup * Flat * Social * Park and Ride lot is south of W James St and just West of the Interurban Trail. * NOTE: Ride through the valley from Auburn to Sumner; see the Interurban Trail extension and the new roadway on West Valley Highway. Return on Sounder train to Kent. Fare ~\$4 (\$2 for seniors). Tandems & recumbents not allowed on Sounder. *

Sat 6 * Leader's Choice * 10:00 AM / ~30 miles * Ravensdale, Ravensdale Park * **Bring Food** * Some hills * Social * I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent- Kangley Rd, right on 272nd Ave SE. Meet across from the Post Office near the rest rooms. *

LUNCH: Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

Sun 7 * Mercer Island * 10:00 AM / ~40 miles * Renton, Memorial Stadium * **Bring Food** * Some hills * Social * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Mon 8 * Group's Choice * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Choice * Few hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. * **No Leader**

Tue 9 * Middle Fork Snoqualmie River * 10:00 AM / 38 miles * Snoqualmie, Off-street parking lot * Bring Food for Middle Fork Campground * Climb 4,500' * Moderate * I-90

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point

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exit 25 (SR-18). Turn left (north) on SE Snoqualmie Parkway for 4.1 miles to light. Turn right on Railroad Ave and go 0.5 miles. Turn right on Fir St (1 block short of Rail Station), park in off street lot on right. * NOTE: <https://www.strava.com/routes/2880332545271071156> *

Wed 10 * Mercer Island & Madison * 10:00 AM / 25-30 miles * Mercer Island, Lid Park top lot * Bring snack for Madison Park * Some hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) *

Thu 11 * Ballard (or choice) * 10:00 AM / 30 miles * Bothell, Sammamish River Park (unpaved trail access parking lot) * Ballard * Nearly flat * Social * I-405 exit 23, SR-522 west, right on Kaysner Way, left at stop onto Main St, left on 102nd St, cross bridge and right into gravel parking lot. * **No Leader**

Sat 13 * Leader's Choice * 10:00 AM / ~35 miles * Kent, Hogan Park * **Bring Food** * Some hills * Moderate * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Sun 14 * Enumclaw * 10:00 AM / ~35 miles * Ravensdale, Ravensdale Park * Starbucks * Some hills * Social * I-405 northbound exit 4A, (southbound exit 4 then south on Sunset Blvd), east on SR-169 (Maple Valley Rd), left on Kent-Kangley Rd, right on 272nd Ave SE. Meet across from the Post Office near the rest rooms. *

Mon 15 * Ron Regis to Landsburg * 10:00 AM / ~26 miles * Renton, Ron Regis Sports Park * **Bring food** for picnic * River grade (partly unpaved trail) * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Tue 16 * Leader's Choice * 10:00 AM / ~35 miles * Auburn, Auburn Community and Event Center * **Bring Food** * Some hills * Moderate * Eastbound on SR-18, exit to SR-164 (Auburn Way S) turning left at the exit stoplight. Follow SR-164 for about a half mile, turn left on 9th St SE and proceed to the end of the street. Park north of the center complex. *

Wed 17 * Alki * 10:00 AM / ~25 miles * Tukwila, Community Center * Bring or buy at Alki * Flat * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. *

Thu 18 * Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Alki * Nearly flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. * **No Leader**

Sat 20 * Leader's Choice * 10:00 AM / 25-30 miles * Seattle, Seward Park picnic shelter * Bring snack * Few hills * Social * Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. *

Sun 21 * South Valley Ride * 10:00 AM / ~25 miles * Auburn, Brannan Park * Indefinite * Flat * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. *

Mon 22 * Northgate * 10:00 AM / 15+ miles * Seattle, Gas Works Park * Bring a snack * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. Plan return from Northgate via Roosevelt with a loop around Lake Union *

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Tue 23 * Mercer Island * 10:00 AM / ~40 miles * Renton, Memorial Stadium * **Bring Food** * Some hills * Moderate * I-405 exit 2, north 1.2 mi on Rainier Ave, right on Airport Way, left on Logan Ave, left into parking lot. *

Wed 24 * Foster Park * 10:00 AM / ~25 miles * Tukwila, Bicentennial Park * **Bring Food** * Flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. *
Chuck Hilsinger (c) 206-351-7603

Sat 27 * Four Corners * 10:00 AM / ~25 miles * Renton, Cedar River Park * Possible coffee stop * Some hills * Social * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Sun 28 * Sumner * 10:00 AM / ~30 miles * Kent, Hogan Park * Lunch at River's Edge Café, next to cannery * Flat * Social * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Mon 29 * Alki * 10:00 AM / ~25 miles * Tukwila, Community Center * Bring snack or buy something at Alki * Flat * Social * I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. * **Chuck Hilsinger (c) 206-351-7603**

Tue 30 * Alki * 10:00 AM / ~35 miles * SeaTac, Angle Lake Park * Salty's or bring * Half hilly, half flat * Relaxed moderate * I-5 exit 151, west on S 200th St, right on International Blvd for 0.3 miles, right at stoplight into park. *

Notes

Reminder: As we get into the cooler and wetter part of the year, some rides will be

cancelled by the leader. If you have doubts due to weather, contact the leader.

Mack sighting: Mack spotted Diane and Buff approaching on their tandem and stepped out to say hello. He is making a good recovery from major heart repairs (about a year ago) and is now walking 2.5 miles most days. He has not been on a bike for 2-3 years but thinks about resuming it.

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