

# Ride Schedule – OCTOBER 2020

**WEATHER:** If you think the weather is questionable, call the leader to see if the ride will happen.



**Thu 1 \* Centennial Trail \* 10:00 AM / 25 miles** \* Snohomish, Centennial Trailhead \* Picnic at Lake Cassidy, **Bring food** \* Railroad Grade \* Social \* US-2/SR-9 to Snohomish, east on 2nd Ave, left on Maple, 4 blocks to trail. Park on Maple near intersection with Pine. \* **No Leader**

**Sat 3 \* Leader's Choice \* 10:00 AM / 40 miles** \* Renton, Cedar River Park \* **Bring food** \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**Sun 4 \* Bogey's \* 10:00 AM / ~35 miles** \* Tukwila, Bicentennial Park \* Bogey's if open (**Bring Food** for Park) \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. \*

**Mon 5 \* Leader's Choice \* 10:00 AM / ~25 miles** \* Tukwila, Community Center \* **Bring Food** \* Mostly flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \*

**Tue 6 \* Port Orchard \* 10:00 AM / 58 miles** \* Tacoma, War Memorial Park \* **Bring Food** \* Fairly hilly, 3300' of climbing \* Moderate \* SR-16 westbound, exit #3, left on 6th Ave for 0.9 miles, pass N. Skyline Dr. War Memorial Park is on your right. \*

**Wed 7 \* Seward Park to Madison \* 10:00 AM / 25 miles** \* Seattle, Seward Park picnic shelter \* **Bring Food** Madison Area \* Some hills \* Social \* Seward Park is at Lake Washington Blvd S and South Juneau Street in Seattle. The picnic shelter is southeast of the entrance. \* **No Leader**

**Thu 8 \* Alki \* 10:00 AM / 33 miles** \* Tukwila, Bicentennial Park \* **Bring Food** \* Flat \* Social \* I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. \* **No Leader**

**Sat 10 \* South Lake WA \* 10:00 AM / 27 miles** \* Renton, Cedar River Park \* **Bring Food** \* Some hills \* Social \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

**LUNCH:** Food may be purchased at the planned lunch stop unless the ride leader specifies to bring lunch.

**Sun 11 \* Fall Color on Iron Horse Trail to Snoqualmie Tunnel \* 10:00 AM / ~35 miles** \* I-90 Exit 38, Iron Horse Trail \* **Bring Food** \* Railroad grade \* Social \* Eastbound I-90 exit 38, turn right and go 0.1 mile. Where paved road bends left (east) turn right up gravel road to State fee parking lot. Or park along the road and bike-hike to start. \* NOTE: Iron Horse Trail up and back. **Please contact leader** before to be notified of weather change in ride. \*

**Mon 12 \* Ron Regis to Landsburg \* 10:00 AM / 26 miles** \* Renton, Ron Regis Sports Park \* **Bring Food** for picnic \* River grade \* Social \* I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. \* **No Leader**

**Tue 13 \* Leader's Choice \* 10:00 AM / ~45 miles** \* Kent, Hogan Park \* **Bring Food** \* Could be hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

\* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date \* Tour Name (Tour #) \* Start Time / Distance \* Start point \* Lunch stop \* Terrain \* Pace \* Driving directions to start point

\* NOTE: (if any) \* **Leader & Phone** (cell/home/work)

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**Wed 14 \* Leader's Choice \* 10:00 AM / ~25 miles** \* Tukwila, Community Center \* **Bring Food** \* Mostly flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \*

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**Thu 15 \* Issaquah to near Hollywood Tavern \* 10:00 AM / 34 miles** \* Issaquah, City Hall \* **Bring food** \* Flat \* Social \* I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. If parking is full, park elsewhere and bike to start. \* **No Leader**

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**Sat 17 \* Leader's Choice \* 10:00 AM / ~40 miles** \* Kent, Hogan Park \* **Bring Food** \* Could be hills \* Moderate \* I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. \*

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**Sun 18 \* Cedar River Trail to Maple Valley Grange \* 10:00 AM or 9:45 AM / ~30 miles or 20 miles** \* Renton, Cedar River Park \* Pancake Brunch (**Bring Food** as backup) \* Some hills \* Moderate or **Social** \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \* NOTE: Brunch \$6.00 includes ham, eggs, beverage, and unlimited pancakes. Social pace starts at 9:45 and return on trail. Leader may take Moderate riders on a longer return route. **If Grange is not available an alternate ride will be suggested.** \*

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**Mon 19 \* Madison \* 10:00 AM / 42 Miles** \* Kent, Three Friends Fishing Hole \* **Bring food** \* Some hills \* Social \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

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**Tue 20 \* Leader's Choice \* 10:00 AM / 40 miles** \* Renton, Cedar River Park \* **Bring food** \* Some hills \* Moderate \* I-405 northbound exit 4A (southbound exit 4 then south on Sunset

Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. \*

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**Wed 21 \* Issaquah to Redmond \* 10:00 AM / ~30 miles** \* Issaquah, City Hall \* **Bring food** to eat in the old downtown park. They have tables and chairs. Next to the park ins Hoffmann's Bakery, expensive but delicious. \* Mostly flat \* Social \* I-90 exit 17, south on Front Street, left on Sunset, first right onto 1st Ave. S. Use public parking near the city hall / police station. If parking is full, park elsewhere and bike to start. \* **No Leader**

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**Thu 22 \* IKEA (or nearby) \* 10:00 AM / 24 miles** \* Tukwila, Community Center \* IKEA cafeteria (or **Bring Food** for nearby) \* Flat \* Social \* I-5 (Southbound) Exit 156, right on Interurban Ave (for 0.6 mile). [I-5 (Northbound), Exit 156 (keep right to stay on ramp to first exit), left on Interurban Ave.] Turn right on 42nd Ave S over Duwamish. Turn right on 124th and park in NE section of parking lot. \* **No Leader**

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**Sat 24 \* Carnation, Tolt-MacDonald Park \* 10:00 AM / ~25 miles** \* Carnation, Tolt-MacDonald Park \* Possible Harvest Festival (**Bring Food** as backup) \* Flat \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross bridge, left on SR-203 to Carnation, cross Tolt River, drive 0.4 miles then left on NE 40th St to park. \*

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**Sun 25 \* Sumner \* 10:00 AM / 35 miles** \* Kent, Three Friends Fishing Hole \* **Bring Food** \* Flat \* **Moderate** \* From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. \*

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**Mon 26 \* Halloween Sites (near Arboretum) \* 10:00 AM / ~20 miles** \* Seattle, Gas Works Park \* **Bring food** \* Some hills \* Social \* I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. \* NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. \*

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Be ready for the change in riding conditions.

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**Tue 27 \* North Lake WA \* 10:00 AM / 45 Miles** \* Mercer Island, Lid Park top lot \* **Bring food** \* Some hills \* Slow end of Moderate \* Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) \*

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**Wed 28 \* Fall City to Carnation (Maybe Remlinger Farm and Pumpkin Fields) \* 10:00 AM / ~30 miles** \* Fall City, Park & Ride lot \* **Bring Food** or Sandy's Drive In \* Almost flat \* Social \* I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. \*

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**Thu 29 \* Foothills Trail to South Prairie \* 10:00 AM / 32 miles** \* Puyallup, East Puyallup/Meeker Trailhead \* **Bring food** \* River grade \* Social \* From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. \* **No Leader**

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**Sat 31 \* South Valley Ride \* 10:00 AM** \* Auburn, Brannan Park \* **Bring Food** \* Flat \* Social \* SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. \*

## Note

**Communication:** If you are an infrequent or new rider on a particular day of the week, a call to the leader that you are planning to ride might help if the weather becomes questionable or they need to change the start point.

**Weather:** The outlook for October through December is wetter than normal.

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