

Ride Schedule – OCTOBER 2021



WEATHER or OTHER SCHEDULE CHANGE: If you think you may ride a particular day, email the ride leader the day before if you'd like to be notified about cancellations or changes. If you think the weather is questionable, call the leader to see if the ride will happen.

Where destinations are suggested, Groups Choice is a good alternative. Contact other riders if you want company on a ride.

Sat 2 * Kent Valley New Connections * 10:00 AM / ~28 miles * Auburn, Brannan Park * Kent * Flat * Social * SR-167 south to 15th St NW exit, east on 15th, left on Auburn Way, right on 28th St NE to the park. *

Sun 3 * Middle Fork Snoqualmie River * 10:00 AM / 32 miles * North Bend, Si View Community Center / Park * **Bring a lunch** * Some hills (all paved route) * Social * I-90 exit 31, NE on Bendigo (a.k.a North Bend Blvd), cross South Fork Snoqualmie River, right on Park St, right on Healy Ave to 400 Southeast Orchard Drive, North Bend, WA 98045. *

Mon 4 * Seattle North * 10:00 AM / 20 miles * Seattle, Gas Works Park * **Bring or buy** for picnic on route * Few hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. * NOTE: Explore new bike lanes including Green Lake and Northgate pedestrian bridge. *

Tue 5 * North Lake WA * 10:00 AM / 36 Miles * Mercer Island, Lid Park top lot * **Bring food** for Log Boom Park * Some hills * Relaxed Moderate * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. Westbound: I-90 exit 7, follow Mercer Way, left onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. (If parking not available there park south of the trail on SE 22nd St and meet at start point.) *

Wed 6 * Two Bridge Ride * 10:00 AM / ~30 miles * Mercer Island, Lid Park top lot * U Village lunch * Some hills * Social * Eastbound: I-90 exit 6, left on Mercer Way, then right onto 72nd Av (by Roanoke Inn), turn right into parking lot before bridge. *

Thu 7 * Alki * 10:00 AM / 33 miles * Tukwila, Bicentennial Park * Sunfish * Mostly flat * Social * I-405 exit 1, south on West Valley Hwy, right on Strander Blvd, cross river, immediate right into the park. Meet in car parking, past shelter, and small traffic circle. * **No Leader**

Sat 9 * Landsburg * 10:00 AM / ~26 miles * Renton, Ron Regis Sports Park * **Bring food** for picnic * River grade (partly unpaved trail) * Social * I-405 exit 4 (southbound) or 4A (northbound), east on Maple Valley Hwy past the Maplewood Golf Course. Turn left on 149th Ave SE, entrance immediately on left. *

Sun 10 * Fall Colors Snoqualmie Falls via trail * 10:00 AM / ~30 miles * Carnation, Nick Loutsis Park * **Bring food** for picnic at falls * Rail grade climb on unpaved Carnation Valley Trail * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross bridge, left on SR-203 to Carnation, cross Tolt River, drive 0.7 miles then right on Entwistle St 0.3 miles to park/trailhead. *

* **No Leader Tours** - Someone must record names of the tour participants and submit the list for mileage credit.

Pace: SLOW - 10 mph & below, SOCIAL - 10 to 13 mph, MODERATE - 13 to 16 mph, FAST - 16 mph & above

Terrain Difficulty: Flat, Easy Hills, Moderate Hills, Hilly, Strenuous Hills

Listing Sequence: Date * Tour Name (Tour #) * Start Time / Distance * Start point * Lunch stop * Terrain * Pace * Driving directions to start point * NOTES: (if any) * Leader & Phone (cell/home/work)

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Mon 11 * Alki * 10:00 AM / 25 miles *
Tukwila, Community Center * **Bring or buy**
lunch for one of the picnic tables near the statue
* Flat * Social * I-5 (Southbound) Exit 156, right
on Interurban Ave (for 0.6 mile). [I-5
(Northbound), Exit 156 (keep right to stay on
ramp to first exit), left on Interurban Ave.] Turn
right on 42nd Ave S over Duwamish. Turn right
on 124th and park in NE section of parking lot. *

**Tue 12 * Tiger Mtn Loop * 10:00 AM / 40
miles *** Renton, Cedar River Park * **Bring food**
* Fairly hilly * Moderate * I-405 northbound
exit 4A (southbound exit 4 then south on Sunset
Blvd), east on SR-169 for 0.2 mi, right into park,
proceed into parking area near Carco Theater &
Community Center. *

NOTE: <https://ridewithgps.com/routes/28000168> *

**Wed 13 * Mercer Island * 10:00 AM / ~30
miles *** Renton, Cedar River Park * Coffee stop
Starbucks * Some hills * Social * I-405
northbound exit 4A (southbound exit 4 then
south on Sunset Blvd), east on SR-169 for 0.2
mi, right into park, proceed into parking area
near Carco Theater & Community Center. *

**Thu 14 * Hollywood Tavern * 10:00 AM / 36
miles *** Issaquah, City Hall * Tavern, if open,
otherwise nearby * Few hills * Social * I-90 exit
17, south on Front Street, left on Sunset, first
right onto 1st Ave. S. Use public parking near
the city hall / police station. If parking is full,
park elsewhere and bike to start. * **No Leader**

Sat 16 * Sumner * 10:00 AM / ~35 miles *
Kent, Three Friends Fishing Hole * Plan coffee
shop stop (bring or buy lunch items) * Flat *
Social * From West Valley Hwy, proceed west
on 196th St for 0.5 mi, road swings left
becoming Russell Rd, go 0.2 mile, left at traffic
light (before bridge), 200 yards to parking. *

**Sun 17 * Ron Regis to Landsburg * 10:00 AM
/ 26 miles *** Renton, Ron Regis Sports Park *
Bring Food for picnic * River grade (Partly
unpaved) * Social * I-405 exit 4 (southbound) or
4A (northbound), east on Maple Valley Hwy

past the Maplewood Golf Course. Turn left on
149th Ave SE, entrance immediately on left. *

**Mon 18 * Group's Choice * 10:00 AM / ~25
miles *** Mercer Island, Lid Park top lot * Plan
lunch * Some hills * Social * Eastbound: I-90
exit 6, left on Mercer Way, then right onto 72nd
Av (by Roanoke Inn), turn right into parking lot
before bridge. Westbound: I-90 exit 7, follow
Mercer Way, left onto 72nd Av (by Roanoke
Inn), turn right into parking lot before bridge. (If
parking not available there park south of the trail
on SE 22nd St and meet at start point.) * **No
Leader**

**Tue 19 * Whitney Bridge * 10:00 AM / 34
miles *** Auburn, Brannan Park * **Bring lunch**
for Whitney Bridge Park * Some hills * Moderate *
SR-167 south to 15th St NW exit, east on 15th,
left on Auburn Way, right on 28th St NE to the
park. * NOTE:
<https://www.strava.com/routes/2870502237682948700> *

**Wed 20 * Marymoor Park to Bothell * 10:00
AM / 25 miles *** Redmond, Marymoor Park
(trailhead) * Starbucks stop * Nearly flat *
Social * SR-520 Lake Sammamish Way exit,
follow signs to the park. Park in first area on the
left. Car parking fee is \$1. * **No Leader**

**LUNCH: Food may be purchased at the
planned lunch stop unless the ride leader
specifies to bring lunch.**

Thu 21 * IKEA area * 10:00 AM / ~24 miles *
Tukwila, Community Center * Plan lunch * Flat
* Social * I-5 (Southbound) Exit 156, right on
Interurban Ave (for 0.6 mile). [I-5 (Northbound),
Exit 156 (keep right to stay on ramp to first exit),
left on Interurban Ave.] Turn right on 42nd Ave
S over Duwamish. Turn right on 124th and park
in NE section of parking lot. * **No Leader**

Sat 23 * Alki * 10:00 AM / 40 miles * Kent,
Hogan Park * **Bring food** * Some hills *
Moderate * I-5 exit 149/149A, SR-516 east, left
on Meeker St, left on Russell Road, 1 block to
the park. *

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mph & above

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Sun 24 * Boeing Plant 2 * 10:00 AM / 25 miles * Kent, Three Friends Fishing Hole * **Bring food** * Mostly flat * Social * From West Valley Hwy, proceed west on 196th St for 0.5 mi, road swings left becoming Russell Rd, go 0.2 mile, left at traffic light (before bridge), 200 yards to parking. *

Mon 25 * Halloween Décor * 10:00 AM / ~25 miles * Seattle, Gas Works Park * Plan lunch * Some hills * Social * I-5 exit 169, west on NE 45th St from I-5 northbound, (west on NE 50th St from I-5 southbound), left on Meridian Ave, right on Northlake Way, left into the park. * NOTE: All parking spaces have a 4-hour time limit. If you need more time, park to the east on Northlake Wy. *

Tue 26 * Issaquah * 10:00 AM / 34 miles * Renton, Cedar River Park * **Bring lunch** * Some hills * Moderate * I-405 northbound exit 4A (southbound exit 4 then south on Sunset Blvd), east on SR-169 for 0.2 mi, right into park, proceed into parking area near Carco Theater & Community Center. *

Wed 27 * Remlinger Farm * 10:00 AM / ~ 25 miles * Fall City, Park & Ride lot * **Bring or buy** at Sandy's coffee stand in Carnation * Flat * Social * I-90 exit 22, Preston-Fall City Road north to Fall City, cross Snoqualmie River bridge, left on SR-203, left into the parking lot. * NOTE: Our annual Remlinger Farm ride start at Fall City Park and Ride check out pumpkin fields and decorations at Remlinger Farm, a side trip down Tolt River. *

Thu 28 * South Prairie * 10:00 AM / 32 miles * Puyallup, East Puyallup/Meeker Trailhead * River grade * One of stands or bring * Social * From southbound SR-167, exit to SR-410 E, 2nd ramp to right for SR-162 (south toward Orting) for 0.5 miles, after crossing Puyallup River and take next right on 80th St E and drive west 0.6 miles to East Puyallup/Meeker Trailhead on left. * **No Leader**

Sat 30 * Marymoor * 10:00 AM / ~35 miles * Bellevue, I-405 Exit 9 * **Bring Food** * Some

hills * Relaxed moderate * I-405 exit 9, park any cars in the Park & Ride east of I-405. Meet at Lake Washington Blvd on west side of freeway. *

Sun 31 * Summer * 10:00 AM / ~30 miles * Kent, Hogan Park * Lunch at River's Edge Café, next to cannery * Flat * Social * I-5 exit 149/149A, SR-516 east, left on Meeker St, left on Russell Road, 1 block to the park. *

Notes

Errors: In case of mismatch between the calendar and the ride schedule, use the ride schedule. (Sometimes it happens.)

Thanks: We are small in number these days so the day coordinators (Bill Lemke and Hannelore Maas have had hunt for ride leaders. Our members have been very helpful in replying promptly and being willing to lead a ride when asked.) Thanks to all for this cooperative effort.

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